



SAROJINI NAIDU VANITA MAHA VIDYALAYA

NACC Accredited 3rd Cycle

(Sponsored & Managed jointly by Osmania Graduate's Association and Exhibition Society)

(Exhibition Grounds, Nampally, Hyderabad)

DEPARTMENT OF PHYSICAL EDUCATION



“Always Work hard, never give up, and fight until the end because it's never really over until the whistle blows.”

2024

CONTENTS

1. Introduction
2. History of the Department
3. Former Staff
4. Faculty Profile
5. Highlights of the Department
6. Student Strength
7. Workload
8. Coaches
9. Infrastructure
11. Eminent Personalities Who Visited Our College
12. Alumnae
13. Gallery
14. MOU & Add On Course
15. Department Activities
 - a) Outside Competitions
 - b) Participation In National And Interuniversity
 - c) Students Representation At Various Levels Since 2018-24
16. Department Achievements
17. Future Vision
18. Testimonials

DEPARTMENT OF PHYSICAL EDUCATION

VISION

Excellence in Sports and games, skill enhancement and value enrichment to help the girl student embark on life's journey as an empowered woman.

MISSION

To advance cutting-edge, sports-specific research, educate current and future sports professionals, improve the physical and emotional lives of students and harness the power of sport to inspire positive social change.

Introduction

Physical Education & Sports

- Physical education is a course taken during primary and secondary education that encourages psychomotor, cognitive, and effective learning through physical activity and movement exploration to promote health and physical fitness. Regular physical activity is associated with a healthier, longer life style, and with lower risks of heart disease, high blood pressure, high Cholesterol, diabetes most of all obesity.
- Physical Education is an important aspect of any student's curriculum. A daily well programmed and appropriately monitored physical activity can help students to increase their self-esteem, develop the knowledge, attitude of discipline, and confidence needed to maintain active life style and to acquire the skills needed to develop a positive attitude towards physical activity that will last a life time.

Objectives Of Sports

- Improve health
- Increases efficiency of heart and lungs
- Increases muscle strength
- Increases psychological benefits

Physical fitness is a state of condition in which both your body and mind are healthy and physically sound. One should have body endurance, along with good muscle and strength cardiovascular fitness.

It is also important to remember that a physically fit body is generally accompanied with a happy and satisfied state of mind. Exercise and healthy diet keeps the body physically fit and working at optimal performance.

Physical fitness keeps the lungs and heart working more efficiently and helps burn off excess calories. Exercise also improves muscle strength, joint flexibility and endurance.

These days a physically fit body, free from ailments of any kind, is believed to be one of the most important assets that a human being can possess.

The easy access to gyms and fitness center further high lights the importance of physical fitness. This has resulted in people leading longer and healthier lives, which their predecessors could not have dreamed of.

Children who are actively involved in a fitness or sports activity are more likely to stay active. Too much exercise is not necessarily a good thing. The intense focus on sports may increase the risk of injury.

During adulthood, exercise is a good way to burn off extra calories and lose or prevent weight gain. Exercise also keeps the body in shape, build strong bones and muscles and can reduce the

risk of many different types of chronic health problems like diabetes, high blood pressure and heart disease.

As people grow old they tend to slow down, however activity is very important during that period. Exercise continues to help, reduce the risk of stamina and flexibility. It also reduces the risk of falls and slows the rate of muscle loss. Moderate activities, like a walk in the park, riding to a stationary bike and lifting light weights keep the body in good shape and helps in slowing down the effects of the ageing process.

“A healthy mind in a healthy body” is an age old adage valid even today. Physical fitness not only improves our quality of life, but also helps in the long run. It increases cardio vascular fitness and body endurance. Regular exercise can also help increase the strength of your heart.

Being physically fit also increases blood circulation and helps it to deliver oxygen and nutrients to all the tissues. Physical fitness makes your joints and body more flexible. Exercise results in a decrease of body fat. Never neglect the importance of physical fitness, and work towards a healthy disease free body.

History of The Department

The Department of Physical education was established in the year **1962** under the encouragement of **Mrs. Saleha Zafar**. Though she was a lecturer in the college, she had interest in Sports and strived to promote sportive atmosphere in the college. It is due to her efforts that sports became a part of our academic schedule. Later the Department of Physical Education was headed by **Ms. Kenna D’Souza Prabhu** who was a lecturer. Due to the services rendered by her, S.N. Vanita Maha Vidyalaya started producing **players at the state and National Level tournaments**. She also lead the **girl’s contingent in the Republic Day parade at New Delhi in the year 1968**.

Ms. Marilee Reddy joined Miss Kenna D’Souza and shared the work load of intermediate and Degree. Both of them really worked well and complemented each other at work, which resulted in giving great swing to the Sports Department till 1975. Their joint effort managed to produce **inter collegiate Volley Ball, Inter University, State and National level champions**.

The **Year 1975** was really path breaking in the history of S N Vanita Maha Vidyalaya College since it emerged as the **runner in the Intercollegiate Volley Ball tournament**. This gave an encouragement to a lot of other sports and games like **Volley Ball, Tenni-Koit, and Shuttle Badminton**.

From the **year 1976** the Department of Physical Education was looked after by two physical Directress **Ms. Gloria Philips and Mrs. Shaila Prakash Aurangabadkar**. The year **1976** witnessed **cricket taking the College by storm, Major Miss. Kenna Dsouza Prabhu** took the initiative and started this game in August 1975. The college team really complimented her by winning the **Shankerji Memorial trophy conducted by Exhibition Society beating women’s college by 94 runs**. Thereafter, in the year 1988 Ms. Shaila Prakash Aurangabadkar took the

assistance of **Ms. Chitranjani**, under their guidance and encouragement many of our students could reach various heights. **Ms. Shaila Prakash**, pride as she rendered **30 years' service** in our esteemed institution.

Ms. Vimala Kumari joined the college in **July 2011**. She is a Graduate from Venkateshwara University, finished B.P.Ed., from Government College of Physical Education, Hyderabad, completed M.P.Ed., from Gynana Bharathi, Bangalore University M.Phil.From, Annamalai University, Madras.

Ms. Shailega Powar joined the college in **June 2014**. She is a Graduate from Osmania University, finished B.P.Ed., from Government College of Physical Education, Hyderabad, completed M.P.Ed., from Osmania University from Hyderabad.

Presently the Department is taken care of by **Ms. D.Sudha Rani**. She is Graduate from Osmania University finished B.P.Ed from Government College of Physical Education, Hyderabad, Completed M.P.Ed from Osmania University. And assisted by **Miss S.P.Swetha**. She is a Graduate from Osmania University finished B.P.Ed from Osmania University, completed M.P.Ed from Vikrama Simhapuri University.

Former Staff

The college is fortunate to have some eminent faculty who excelled in picking the talent. There by bringing recognition to the college in the sports area. They encouraged the students not only in sports but also from academic point of view. The former but also from academic point of view. The former faculties are:

1. Ms. Saleha Zafar	-	1962
2. Kena Prabhu	-	1964
3. Meruler	-	1964
4. Gloria Philips	-	1975
5. Ms. Chitranjani	-	1989
6. Shaila Prakash Aurangabadkar	-	2006
7. Ms. N R Vimala Kumari	-	2011-13
8. Ms. Shailega Pawar	-	2014-21

Faculty Profile

Teaching

S.No	Name of Staff	Designation	Qualification	Years of Experience
1	D.Sudha Rani	Physical Directress	BSc , M.P.Ed	10 Years
2	S.P.Swetha	Asst. Physical Directress	B.com, M.P.Ed	2 ½ Years

Non -Teaching

1	K.Rakesh	Attender	10 th	2 ½ Years
2	U.Madhavi	Ayah	10 th	8 Months

SAROJINI NAIDU VANITA MAHA VIDYALAYA

Department of Physical Education

Name : **D. SUDHA RANI**
Designation : Physical Directress
Qualification : BSc. M.P.Ed
Years of Experience : 10 years
Email : sudhakayathi@gmail.com
SPECIALIZATION : Volley Ball, Kabaddi, Sepak Takraw



Conference

1. International Global Digi Sports Conference, Hotel Sea View, Kanyakumari, Tamil Nadu date 2nd and 3rd August 2019.
 - Comparative study of Kho-Kho boys and girls in participation of school competition in Hyderabad District.
2. International Seminar On Utility of Physical Education, Fitness, Wellness and Health in present SCENARIO held at Department of physical Education University of Lucknow, U.P., India.
 - Combined effect of Polymeric and SAQ Training on leg explosive power and speed of Inter Collegiate male football player's
3. 29 National conference of sports psychology organized by Department of Physical Education NIT Warangal date 29th to 31st March 2019.
4. International conference on Physical Education and sports Science (ICPESS20) held at Manipal University, Jaipur, dated 9th to 11th January 2019.
Effects SAQ training on speed of Inter collegiate male football players of Osmania University, Hyderabad in the ICPESS 20 held at Manipal University.
5. International Conference on Recent Advances in Physical Education, Fitness and Sports Science – 2022 held on 7th & 8th January 2023 at Palamuru University, Mahbubnagar.

Extra Activity:

62nd national School Games Sepak Takraw girls under 19,

Hyderabad, Telangana on 24th to 28th Nov 2016

Participated as Manager.

Short Term Course : Physical Education & Sports &
Sciences By UGC- HRDC, O.U.,
2023.

Workshops

1. International workshop on Yoga Physical Education and Sports Science – 2019 held at Nizam College, Osmania University, Hyderabad, Telangana, India on 29th and 30th 2019
2. One day workshop
“Role of Vitamin D in sports and other occupation” date 15th September 2019, Venus: Hotel Green Park, Hyderabad
3. Workshop on Anti-Doping Awareness under the AEGIS of national Anti-Doping Agency, New Delhi, on 7th June 2018 held at Prof. G. Ram Reddy Centre for Distance Education, Osmania University.
4. International workshop on Yoga in Physical Education and sports Science (ICPESS20) held at Manipal University, Jaipur, and date 9th to 11th January 2020.
5. National Workshop on Physical Education, Health & Wellness – 2022 held on 10th December 2022 at Country Club, Begumpet, Hyderabad.
6. Workshop on Yoga & Wellness – 2022 held on 3rd September 2022 at Nizam College, Hyderabad.

Profile

Name : S.P.Swetha
Qualification : B.Com, B.P.Ed, M.P.Ed.
Years of Experience : 2 ½ Years
Email : swetha.sp05@gmail.com



Achievements

Hockey

- Participated in District level held at Kadapa Pulivendula From 25th-27th Nov'2007 Secured 1st Place
- Participated in Inter University Level 2008 (Osmania University)
- Participated in Inter University Level 2010 (Osmania University)

Awards

- Received Best All Rounder in Sports and received **Karanam Malleswari** award with a cash prize of Rs.5000/-in the year 2011

Inter College Tournament

- Participated in Inter College Tournaments and Secured **Many Prizes** Kho-Kho, Carroms, Handball, Soft Ball, Basket Ball, Swimming, Athletics (2008-2011).

Judo

- Participated in Inter College **Judo** Tournament and Secured **2nd Place** in -58 Weight category in 2011.
- Participated in Inter College **Judo** Tournament and Secured **1st Place** in Open Weight category in 2011.

Javelin Throw

- Participated in Inter College Tournament Secured **1st Place** in **Javelin Throw** in 2011.

Carroms National Player

- Participated in State Ranking Tournament and Secure Many Prizes. Participated in Inter College and State Ranking Tournament and Secured Many Prizes.
- 39th Senior National Inter State Carroms Champion Ship 2009 to 2010 at Guwati (Assam)
- 40th Senior National Inter State Carroms Champion Ship – 2011 at Tamilnadu 42nd Senior National Inter State Carroms Champion Ship - 2012 to 2013 at Akola (Maharashtra)
- 44th Senior National Inter State Carroms Champion Ship - 2014 at Moradabad (U.P)
- 12th South zone Carroms Championship -2010 at (Kerala)
- 13th South zone Carroms Championship -2011 at Guntur (Andhra) 15th All India South zone Carroms Championship -2013 at Vijayawada(Andhra) Secured 3rd Place In Women's Team Championship
- 50th Sr.National Inter State Carroms Championship held at Talkator Stadium, New Delhi From 7th -11th Nov'2022 Secured 4th Place In Team Championship
- Participated In 12th State Masters Athletics Championship 2023 Held At Gachibowli Stadium On 5th Jan 2023 Secured 2nd Place In SHOTPUT, 2nd Place In DISCUSS THROW, & 1st Place In Hammer Throw

Experience

- Presently working as an Asst.Physical Directress in S.N.Vanita Maha Vidyalaya
- Worked as Coach in Kasturba Gandhi Degree College for period of 6 months.
- Worked in Wesley Boy's Jr.College as a Physical Directress for 5 yrs.
- Worked as PET in Johnson grammar school for 1yr
- Worked as PET in Rama Devi public school for 1yr.
- Participated in National webinar on **World Sports Journalists Day** organized by Department of Media Studies and Department of Physical Education, Kristu Jayanti College (Autonomous), Bengaluru on July 2, 2020.
- Worked in Juvenile girls home, Nimboliadda as carom coach for 11months



Kristu Jayanti College

AUTONOMOUS Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bengaluru North University

Certificate of Participation

This is to certify that

S P SWETHA

Physical Director

Wesley Boys junior college

has participated in the National Webinar on **World Sports Journalists Day** organized by **Department of Media Studies and Department of Physical Education, Kristu Jayanti College (Autonomous), Bengaluru** on July 2, 2020.

Certificate Id
LMQOEG-CE000050

Dr. Gopakumar AV
Dean of Humanities,
Head, Department of Media Studies
Kristu Jayanti College, Autonomous

Fr. Lijo P Thomas
Financial Administrator,
Head, Department of Computer Science
Kristu Jayanti College, Autonomous

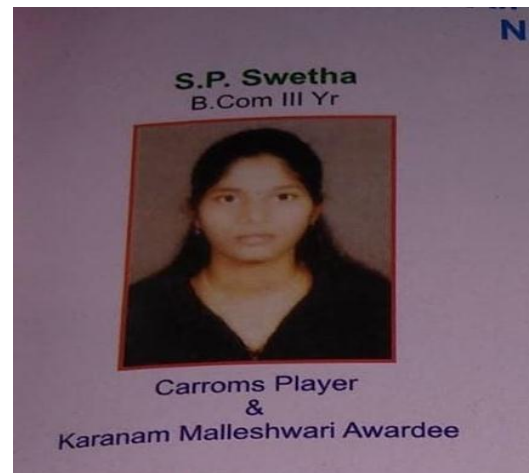
Rev. Dr. Augustine George
Principal
Kristu Jayanti College, Autonomous

This is an electronically generated certificate, hence does not require a signature

2nd Place in DISCUSS THROW



Participated in 12th State Masters Athletics Championship 2023 held at Gachibowli Stadium on 5th Jan 2023 Secured **2nd Place in SHOTPUT**,



- 50th Sr.National Inter State Carroms Championship held at Talkator Stadium, New Delhi From 7th -11th Nov'2022 Secured 4th Place In Team Championship



Highlights Of The Department

Sarojini Naidu Vanita Maha Vidyalaya institute boasts of a sprawling play area as ground which is kept ready for students to engage in various Out door games and Sports.

Has excellent and dedicated coaches who provide coaching for various games all round the year.

Our students have won in National tournaments in **Rowing and Archery** consistently for the past **3 years** .

SN Vanita Sports students have **won Gold medals in Intercollegiate Yoga Torunaments** since the last **10 years**.

Students have Silver , Bronze medals won in National tournaments in Swimming consistently for the past 3 years .

Students win prizes and various medals in Outdoor and Indoor games.

Provide T shirts and **Fee waiver upto 50-100 %** in the college fee to players who perform in **National & University matches**.

Student Strength

The College Student is around 3,300 including Inter, Degree, and P.G. level. Around 700-800 students participated in sports and games regularly. All the Students come to the department both (players and non-players) whenever they are free.

The department works from **3.00 P.M.to 4.30 P.M.** The department remains open for all the students. We also take up few of the events in the morning sessions from **8.30 AM to 9.45 AM.**

Year wise Strength

2018-2019

S.NO	NO.OF STUDENTS	GAME	VENUE	DATE & YEAR
1	06	YOGA	REDDY COLLEGE	31 st JAN 2019
2	01	LAWN TENNIS	BHAVAN'S COLLEGE	17 th – 18 th NOV 2018
3	07	JUDO	S.N.V.M.V	4 th OCT 2018

2019-2020

S.NO	NO OF STUDENTS	GAME	VENUE	DATE & YEAR
1	02	BOXING	L.B. STADIUM	24 th SEP 2019
2	06	KARATE	KGCW	25 th SEP 2019
3	12	TAKEWONDO	KGCW	27 th SEP 2019
4	06	YOGA	SNVMV	5 th NOV 2019
5	01	SWIMMING	GHMC(SEC'BD)	4 th AUG 2019
6	07	JUDO	ST.ANN'S COLLEGE	7 th DEC 2019
7	06	CARROMS	BADHURKA COLLEGE	11 th – 12 th FEB 2020

2021-2022

S.NO	NO OF STUDENTS	GAME	VENUE	DATE & YEAR
1	02	GYMNASTICS	SAROOR NAGAR STADIUM	9 th MAR 2022
2	03	WRESTLING	O.U	27 th FEB 2022

2022-2023

S.NO	NO OF STUDENTS	GAME	VENUE	DATE & YEAR
1	06	YOGA	SNVMV	24 th NOV 2022
2	01	SWIMMING	GHMC (SECBD)	10 th NOV 2022
3	06	BASKET BALL	LOYALA COLLEGE	1 st NOV 2022
4	07	VOLLEY BALL	ST.ANN'S COLLEGE	8 th – 9 th DEC 2022
5	05	JUDO	ST.ANN'S COLLEGE	6 th DEC 2022
6	11	TUG- OF- WAR	RISHI COLLEGE	27 th JAN 2023
7	03	KARATE	REDDY COLLEGE	10 th JAN 2023
8	02	BADMINTON	ST.FRANCIS COLLEGE	14 th – 15 th NOV 2022
9	15	ATLETICS	GACHIBOWLI	20 th - 21 st DEC 2022
10	05	TENNI-KOIT	KOTI WOMEN'S COLLEGE	1 st MARCH
11	06	CARROMS	BADURKA COLLEGE	30 & 31 ST JAN
12	10	THROW BALL	KOTI WOMENS COLLEGE	1 st MARCH

2023-2024

S.NO	NO.OF STUDENTS	GAME	VENUE	DATE & YEAR
1	06	CARROMS	BADURUKA COLLEGE	15 th – 16 th FEB 2024
2	07	JUDO	ST.ANN'S COLLEGE	27 th JAN 2024
3	06	YOGA	SNVMV	30 th JAN 2024
4	10	TUG OF WAR	RISHI COLLEGE	23 rd JAN 2024
5	04	CHESS	VILLA MARIE COLLEGE	17 th – 18 th NOV 2023
06	10	KABADDI	DR.BR.AMBEDKAR COLLEGE	14 th NOV 2023
7	01	SWIMMING	GHMC (SEC'BD)	30 th OCT 2024
8	04	TAEKWONDA	OU	28 th OCT 2024

Work Load Distribution

Physical education Department is open during the college hours. There is no time table fixed to the department. Whenever the students have leisure hour they come.

Usually we take the teams for outside competitions like Inter collegiate matches, zonal meets etc. Before taking the teams for competitions we have a selection process for the students. Selection is done strictly on merit basis. Sports committee members also take part in the selection process.

One of the Physical directress from the college also accompanies with the teams. We give training to them by appointing coaches for various games and events. A part from this the department has a committee of four lectures with sports background. The committee chalks out the programmer and schedule for the academic year. The college appoints coaches who are renowned for their talent of producing sports women of caliber. The department conducts intra mural competitions in various events to spot the talent and groom them for the university competitions. We also conduct inter collegiate competitions in different events in out college premises where in all the colleges that are affiliated to Osmania University participate and best players of the tournament are selected for all India University tournament.

We also encourage the teaching and non-teaching staff but involving them in physical in activity like Throw all, Yoga, Carroms etc. The department also conducts competitions for lectures and non-teaching staff of the college in team events as well as individual sports. The department encourages everybody to participate. In the sporting activity and boost the sportive spirit of the students.

COACHES

SL.NO	NAME	SPECIALIZATION	QUALIFICATION	EXPERIENCE
1	K.YESHWANTH	YOGA National & University Player.	MA YOGA & Psychology,	14 years
2	B.RAGHUVVEER	KARATE, National Player.	B.P.ED	14 years
3	MUNEER	CARROMS National Player	B.COM,	5 years
4	HASAN	JUDO National Player	ITI Draughts Civil Engineering,	2 years
5	SRI KRUTHI	VOLLEY BALL National, Institute of Sports.	B.P.ED NIS	5years

Coaching Schedule

The college provides excellent coaching facilities to the students for the students for the better results. We have coaches to train the students in different games. We take few of the events in the Morning Session and rest of them in evening session. The college appoints the coaches for different sports and games namely.

- Tenni- koit
- Judo
- Table-Tennis
- Chess
- Karate
- Kabaddi
- Throw ball
- Yoga
- Cricket

The most convenient timing for coaching is in the morning from 8.00 Am to 9.45 Am and in the evening from 3.00 Pm to 5.00 Pm.

Infrastructure

Games offered to the students in our department are both outdoor and indoor

INDOOR GAMES

- Carroms
- Chess
- Table Tennis
- Judo
- Yoga

OUTDOOR GAMES

- Volley Ball
- Kabaddi
- Kho-Kho
- Throw Ball
- Shuttle badminton
- Tenni koit
- Basket ball
- Athletics
- Karate
- Kick Boxing
- Cricket

Sports department has multi GYM facility for the students

- Tread Mill
- Power Bicycle
- Stepper
- AB Shaper
- Tummy bench press
- Balancing stepper
- Cross trainer
- Weighing Scale

Not only this we train our students in martial arts where they go for self defence. In that they have Karate, Kick boxing judo wrestling etc., some of the college has students hold Yellow, Orange, green and Black belts. We have an instructor in martial arts who take classes for students.

Equipment available in the Department

Carroms boards with coins
Chess boards with coins
Table-Tennis table bats and ball
Shuttle Badminton Racket with Shuttles
Judo & Wrestling Mats

Outdoor Equipment's

Volley ball court, Net and ball

Kabaddi knee caps and Kabaddi

Kho-Kho court, basketball Net and ring

First-aid is kept ready to meet and kind of emergencies and the students get immediate attention.



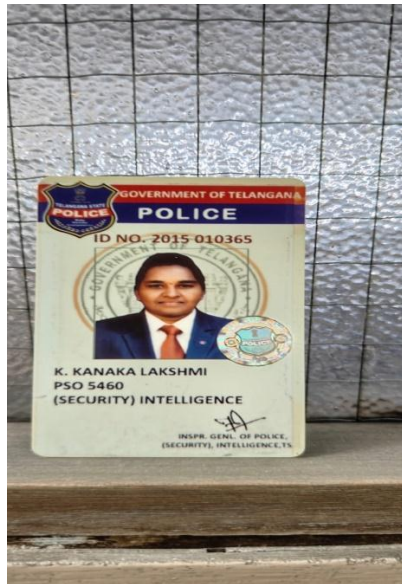
Eminent Sports Personalities Who Visited Our College

The college invites some well-known personalities on Annual Sports day motivate the students as the chief guest's share their experiences and views. Some of the eminent personalities visited our college till now are:

- | | |
|---------------------|--|
| ➤ Ms. Mithali Raj | Inter National Cricketer |
| ➤ Mr.Babu Mohan | Ex Minister, Govt of A.P and film line actor. |
| ➤ Mr.Vihal Kumar | International Basket Ball Player. |
| ➤ Mr. Venkat Reddy | Principal University college of physical Education
○ And Volley Ball Player |
| ➤ Mr. Kiran Reddy | International Volley Ball Player |
| ➤ Smt. G A Shoba | Deputy Director SAAP. |
| ➤ Mr. Chetan Annand | International Shuttle Badminton Player |
| ➤ Mr.A.K. Khan | City Commissioner Police |
| ➤ Naina Jaiswal | International Table Tennis Player. |
| ➤ B Arun Reddy | International Gymnast (1 st Women Medalist in
○ World Gymnastics competition 2018) |
| ➤ Dinkar Babu IAS | Vice Chairman & M.D of SATS |

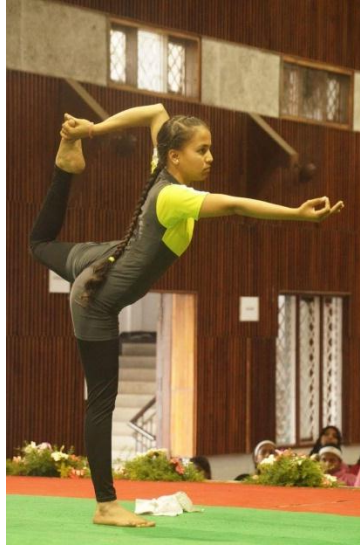
Alumanae 2018-2024

S.NO	NAME	GAME	CLASS	Working in company / studying
1	PRATHIBA SHALINI	BOXING	BA	FIRST SOURCE, Gachibowli
2	BANDI DEEPA	YOGA	BSC	MSC KOTI WOMEN'S COLLEGE
3	NIGASHA FATIMA	YOGA	MSC	YOGA INSTRUCTOR
4	J.LAKSHMI PRASANNA	CARROMS	BA	MBA, Vishwa Vishwavani institute of systems & management
5	P.POOJA	VOLLEY BALL	B.COM	CONSTABLE
6	R.SWETHA	BASKET BALL	B.COM	BPED,Haji ghouse college
7	Y.SAI DEDEEPIYA	LAWN TENNIS	BA	RAILWAY CLERK
8	LAKSHMI BIRADAR	WRESTLING	BA	NIS, National institute of sports
9	VAG DEEPA	YOGA	MBA	TKR COLLEGE PROFESSOR
10	KANAKA MAHA LAKSHMI	JUDO	BA	POLICE DEP (SECURITY) INTILLIGENCE)

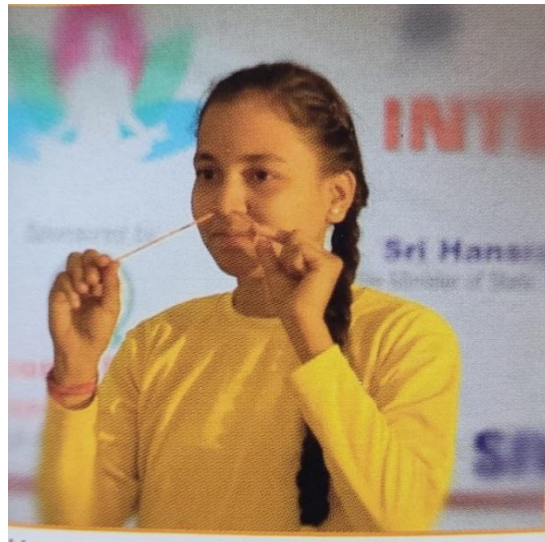


Gallery

2018-19



A. Swaranalatha, Aiut At Chennai On 04-02-2018.



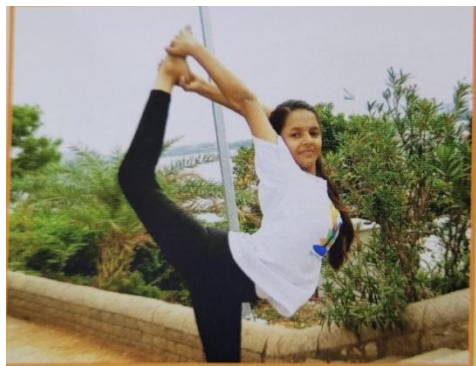
A. Swaranalatha, 32nd State Level At Hvs School Hyderabad On 18-11-2018



NAINASTATE LEVEL

Yoga Competition At

KOTHAPET HYDERBAD On 01-12-2018.



NAINASTATE LEVEL At GHMC WARANGAL On 24-02-2018.



P. Kavaya **5th** Jr State Level Athletics Organised At Medchal District On 18-08-2018.



P. Kavaya 5th Jr State Level Athletics At Gachibowli Stadium Hyd On 12-10-2018.



P. Kavaya 5th Jr State Level Athletics At Gachibowli Stadium Hyd On 12-10-2018



T. YOGESHWARI, 5TH SUB JR. STATE LEVEL SEPAKTERAW At VPG HYERABAD On 12-05-2018



T.Yogeshwari 5th Sr.State Level Sepakteraw At Vpg Hyerabad On 15-12-2018.



T.Yogeshwari,
5th Jr.State Level Sepakteraw at Vpg Hyerabad On 11-08-2018.



T.Yogeshwari, 4th Sr.State Level Sepakteraw Atmacherial District on 06-01-2018



A. Kaveri, State Level Volleyball at Siddipet District On 17-02-2018.



Sony Singh, Statelevel Wrestling Atlb Stadium Hyderabad on 02-02-2018



T. Ankita ,3rdsr.State Level Hockey Organised At Nalgonda On 23-11-2018



R.Sahasra, 3rd Sr.State Level Hockey Organised At Nalgonda on 23-11-2018



Sony Singh, 2nd state Level Wrestling At Attapur Rr District On 23-01-2019.



T.Yogeshwari Aiut & S.Sarita Aiut Sepaktekraw at Lb Stadium hyderabad On 17-02-2018.



Y.Sai Dedeepya **Aiut** Lawan Tennis at Manipal University on 26-12-2018.



Y.Sai Dedeepya*aiut* Lawn Tennis at Andhra University on 26-10-2018.



Y.Sai Dedeepya*acircar* State Level Lawn Tennis at Kakinada on 11-03-2019.



Y.Sai Dedeepya 26th Annual Statelawan Tennis At Banglore On 30-05-2019



Naina 6th Telegana State Level At Sidipet District, Hyd On 14-12-2019



Naina National Yoga Competition At Banglore On 30-12-19.



Sakshi Prasad 6th Jr.State Level Sepaktekraw At Vpg Hyderabad On 10-08-2019.

2019-2020



S.Akansa23rd Sr.National Sepaktekraw At Vpg Hyderabad On 11-12-2019



S.Akansa30thsr.National Sepakteraw At Ranchi Jaharkand On 28-12-2020



Sakshi Prasad 22ndsub Jr National Sepaktekraw at Cudappa A.P On 11-01-2020.



Neethu Sridasopen National Power Lifting At West Bengal Bihar On
20-08-2019.



Y.Sai Dedeepya khelo India Lawan Tennis At Maharashtra On 09-01-2019



P.Kavaya35thnational Athletics At Vijayawada A.P On 02-11-2019.



P.Kavayakhelo India Athletics Youth Games At Maharashtra On 09-01-2019.



T. Ankita 10thsr.Hockey National Organised At Kerala On 23-01-2020.



R.Sahasra 10thsr. Hockey National Organised At Kerala On 23-01-2020.



T. Ankitaiut Hockey At Chennai University On 28-12-2019



Ms. Sai
Dedeepya B.A
II yr
International
Lawn Tennis
player Secured
silver medal in
Bangalore
Nationals

Y.Sai Dedeepyasat Sports Open Lawn Tennis At Bangalore On 25-03-2019.



B. Sai Srujana 48th Sr. Women State Handball At Hyderabad On 14-12-2019



Sahasra4th Sr.State Hockey At Ibmp Rr.District On 07-09-2019.



T. Ankita4th Sr.State Hockey At Ibmp Rr.District On 07-09-2019.



Sakshi Prasad^{6th} Sub Jr. State Sepakatekrawat Vpg Hyderabad On
09-10-2019



T.Yogeshwari6th Jr. State Sepaktekraw At Hyderabad On 10-08-2019



T.Yogeshwariaiut Sepaktekraw At Bareilly University On 16-01-2019.



Y.Sai Dedeepyanational Lawn Tennis At Fenesta Opens New Delhi On

30-09-2019.

2020-2021



Divya Giri 1st Open State Level Yoga Competition At Snvmv Hyderabad On 24-02-2021



S.Akansa 8th Sr. Inter District Sepakteraw At Hyderabad District On 15-09-2021



S.Akansa 7th Jr. State Level Sepaktekraw At Mulugu District On 16-03-2021.



Saakshi Prasad 7th Jr. State Level Sepaktekraw
At Mulugu District On 16-03-2021.



N Anusha Wrestling Federation Of India At Utthan Sewa Sansthan, Amethi (Up) On 17-09-2021.



N Anusha Wrestling Federation Of India Uttar Pradesh Wrestling Association On 11-11-2021

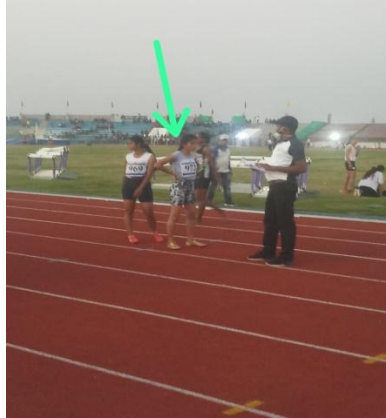
2021-2022



K. Sindhuja 40nd Ntpc Senior Archery Championship At Jamshedpur, Jharkhand On 07-10-2021



K. Sindhuja 36th national Games At Gujarat on 29-09-2022



P. Mounika All India Inter-University (Athletics) At Kiiit, Bhubaneswar On 21-02-2022.



K. Sindhu 41st Junior Rowing Championship At Pune, Maharashtra On 08-12-2021.



B. Hemalatha 41st Junior Rowing Championship At Pune, Maharashtra On 08-12-2021.



Sai Dedeepya Tennis At Srm University On 05-01-2022



Sai Srujana Handball At Hyderabad District Handball Association On 04-03-2022.



K. Harikaweightliftingtelangana Weight Lifting Association On 06-12-2021.



Saakshi Prasad Sepaktakraw Telangana Sepaktakraw Association On 04-09-2022.



Hanshika Mahatan Grappling Association Of Telangana On 28-11-2021.

2022-2023



B. Hemalatha National Rowing at Chandigarh University, Chandigarh On 01-03-2022.



B. Hemalatha, National Rowing Organised At Rowing Federation Of India, Pune On 03-01-2022



Aiut Organised At Bhuvneshwar Kiiit University On 24/12/2022.



Inter College Sports & Games(Yoga) Organised At Osmania University, Snmv On 24/11/2022



Nigasha Fatima

International Level Yoga Organised At Art Of Learning Institute, Mumbai On 1/4/2023.



Bandi Deepinternational Level Yoga Organised At Art Of Learning Institute, Mumbai On 1/4/2023.



Ashwini Gobre

International Level Yoga Organised At Art Of Learning Institue, Mumbai On 1/4/2023.



District Level(Yoga) At Snmv On 15/10/2022



Nigasha Fatima, District Level 11/19/2022



Ashwini Gobre, District Level 11/19/2022



N Anusha, Wrestling Federation Of India Organised At Kerala Wrestling Association On 1/9/2022.



N.Anusha, 36th National Games (Wrestling) Organised At National Games Gujarat On 29/9/22.



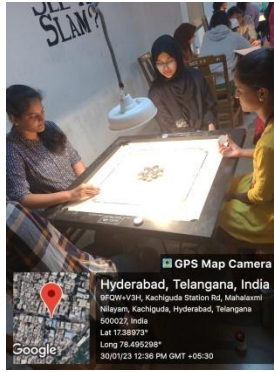
N. Anusha, State Level (Wrestling) ,Jai Bhavani Vyayamshala, On
22-12-2022



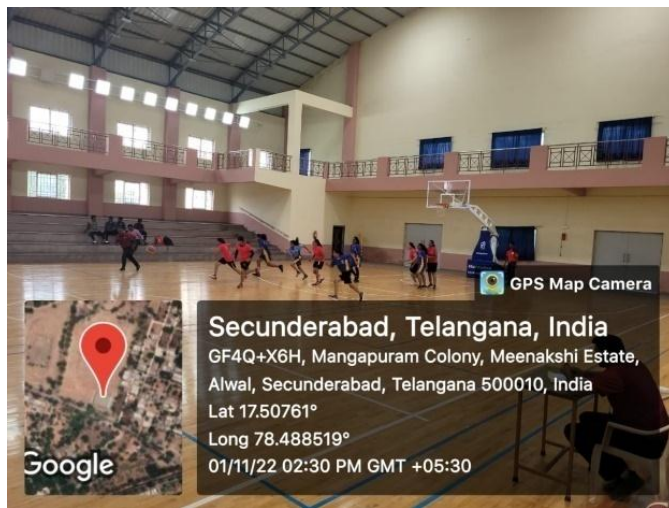
K. Sindhuja, 42nd Ntpc Junior Archery Championshipatpanaji, Goa On
03-11-2022



Judo, Inter Collegiate At Ou on 6/12/2022



Carrom, Inter Collegiate Competition Organized By Osmania University, At Badruka College



Basketball

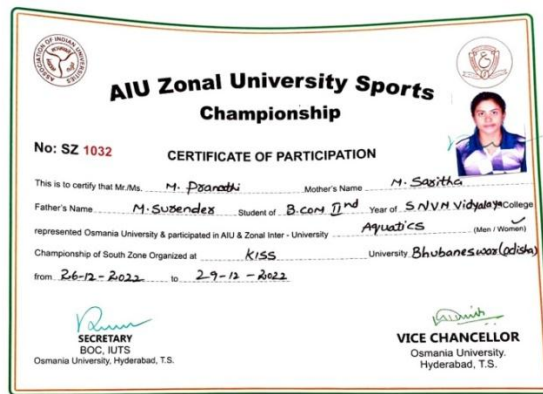
,Inter College Tournament At Loyola College



M.Pranathi B.Cm Iiyg Got 3 Gold Medals And 1 Silver Medal In Osmania University Inter Collegiate Swimming



Rigveda, Cricket Held At Bangalore, On 10-11-2022



M. Pranitha, Aiut (Swimming) At Orissa University, Bhubaneshwar From 26/12/22 To 29/12/22



Sindhuja, Aiut Archery Tournament Held At Punjab On 10-11-2022



Neha, Aiut Archery Tournament Held At Punjab On 10 -11-2022



Anusha, Aiut (Wrestling) Maharashtra University, Pune On 10/11/22

2023-2024



All India Inter University Rowing Championship 2022-2023 At Chandigarh



All India Inter University Rowing Championship 2022-2023 At Chandigarh.

Light Weight Women Single Scull - Gold Medal



Cm Cup Archery -2023 Won

K.Sindhuja Bsc Iyr Respected Hyderabad Archery Cm Cup -2023 Won Gold Medal In (60 Mts)
Held At Gachibowli Stadium Hyderabad.



2).Sindhu, Ba Ii Yr,Secured 1 Silver, 1 Bronze Medal in 42nd Junior National Rowing
Championship Held At Hussainsagar,Hyderabad. From 13th To 17 Th Dec'22.

Events, Coxed Girls Eight 8+(Silver)

Coxed Boys Eight 8+(Bronze)



1) B.Hemalatha .Baiyr Secured Silver Medal □in Rowing (Single Scull 1x)

□in 42nd Junior National Rowing Championship Held At Hussainsagar,Hyderabad. From 13th To 17 Th Dec'22.



B.Hemalatha. Ba iyr ,Won Gold Medal In Rowing (500mts) Light Weight Women Single Scull.

And Silver Medal In 2000m Light Weight Women Single Scull.
Khelo India University Games , Gorakhpur, Uttar Pradesh 2022-23.

1- Gold,
1- Silver



B.Hemalatha. Ba Iiyer, Won Gold Medal In Rowing (500mts) Light Weight Women Single Scull.

And Silver Medal In 2000m Light Weight Women Single Scull.
Khelo India University Games , Gorakhpur, Uttar Pradesh 2022-23.

1- Gold,
1- Silver



Cm Cup Archery -2023 Won

K.Sindhuja Bsc Iiyer Respected Hyderabad Archery Cm Cup -2023 Won Gold Medal In (60 Mts)
Held At Gachibowli Stadium Hyderabad.



Invitation



INTERNATIONAL YOGA DAY

THEME: "YOGA FOR VASUDHAIVA KUTUMBAKAM"

ON 21ST JUNE 2023

Time: 10:30 A.M onwards at

Sarojini Naidu Vanita Maha Vidyalaya

Exhibition Grounds, Nampally, Hyderabad.

Guest of Honor

Sri Brij Bhushan Purohit Garu

President Indian Yoga Federation,

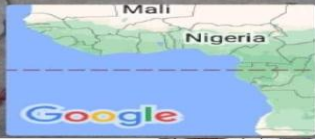
D. Sudha Rani

Physical Directress SNVMV

Dr. D. Shobhana

Principal SNVMV





Hyderabad, Telangana, India
6/8, Prince Anwar Shah Rd, Fateh Maidan,
Katjil, Hyderabad, Telangana 500002, India
Lat 17.399221°
Long 78.473173°
21/06/22 11:01 AM

GPS Map Camera



Hyderabad, Telangana, India
6/8, Prince Anwar Shah Rd, Fateh Maidan, Katjil,
Hyderabad, Telangana 500002, India
Lat 17.399221°
Long 78.473173°
21/06/22 10:42 AM

GPS Map Camera



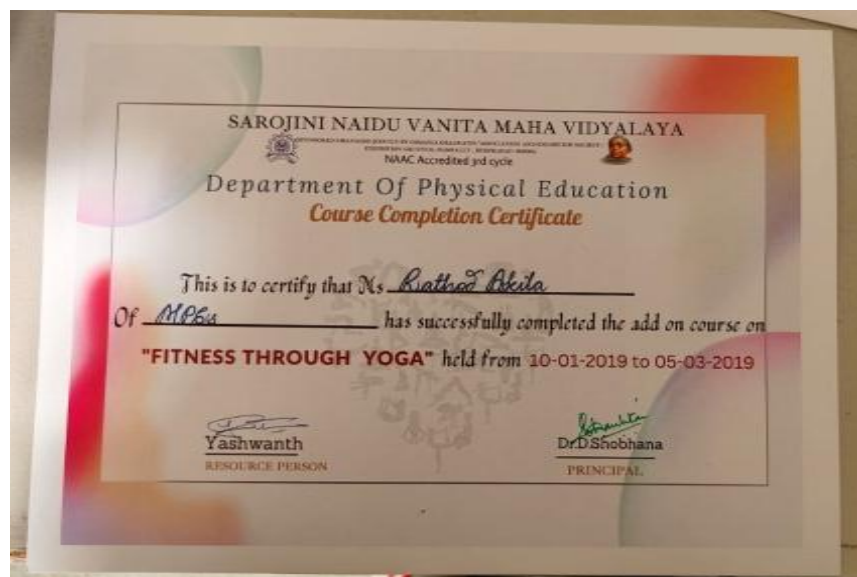


Memorandum of Understanding

S.No	Entered Mou With	Date & Year
1	Namaste India Foundation, Hyderabad	23.08.2021
2	Namaste India Foundation, Hyderabad	23.08.2022

Add On Course

S.No	Course Title	Date & Year
1	Fitness Through Yoga	17 th Jan – 11 th March 2018
2	Fitness Through Yoga	10 th Jan – 5 th March 2019



Summary Report

Department of Physical Education Conducted an Add on Course on “**Fitness Through Yoga**” from 17-01-2018 to 10-03-2018 (Duration of 30 Hours) 20 students were enrolled and completed the course. Certificate were given to the students after completing the course.

Department of Physical Education Conducted an Add on Course on “**Fitness Through Yoga**” from 10-01-2019 to 05-03-2019 (Duration of 30 Hours) 20 students were enrolled and completed the course. Certificate were given to the students after completing the course.

Department Activities 2018-24

Outside Competitions

The college participates at various levels of competitions outside college too.

We participated in various sports and games every year at different venues decided by the inter colligate committee members and the games are: Inter collegiate venues for the year 2018-2024 are as follows.

Athletics	-	Gachibowli
Judo	-	St. Ann’s college
Tug-of-war	-	Rishi Degree College
Carroms	-	Badurka College
Swimming	-	Ghmc (Secunderabad)
Taekwondo	-	Osmania University
Chess	-	Villa Marie Degree College
Throw ball	-	Koti women’s college
Tenni – Koit	-	Koti women’s college
Yoga	-	S.N.V.M.V
Cricket	-	Shenoy grounds (Secunderabad)
Kabaddi	-	DR.BR. Ambedkar College

These are the competitions which are held at college level, where we were able to secure positions.

Apart from these events we also encourage students to play in the events which are not included in inter collegiate competitions such as Sepak takraw, Rowing, Fencing etc.

The students from our college also participated in the games mentioned above some are interested in making sport as their career. The college has International player in cross country, Lawn – tennis, Badminton, Karate.

S.No	Year	Name Of The Activity	Name Of The Organisation	No Of Students
1	2022-23	Jr.National (Rowing Single Scull)	Rowing Federation Of India	1 K. Sindhu
2	2022-23	Jr.National (Rowing)	Rowing Federation Of India	1 K. Sindhu
3	2022-23	Jr.National (Rowing)	Rowing Federation Of India	1 B. Hemalatha
4	2022-23	Khelo India University Games	Gorakpur University, Up	1 B. Hemalatha
5	2022-23	Khelo India University Games	Gorakpur University, Up	1 B. Hemalatha
6	2022-23	Cm Cup (Archery)	Sports Authority Of Tealangan State	1 K. Sindhuja
7	2022-23	State Level (Wrestling)	Jai Bhavani Vyayamshala	1 N. Anusha
8	2022-23	42nd NTPC JUNIOR ARCHERY CHAMPIONSHIP	PANAJI, GOA	1 K. SINDHUJA

9	2022-23	Inter College Sports & Games (Judo)	Osmania University	5
				Diwan Sneha
				P. Sthithapraghna
				P. Vaishnavi
				G. Shirisha
G. Suma Sri				
10	2022-23	Inter College Tournament For Women (Carroms)	Osmania University	5
				J Lakshmi Prasanna
				Harshitha
				G. Prasanna
				Aarthi
Chandana				
11	2022-23	Inter College Tournament For Women (Basketball)	Osmania University, Loyala College	6
				Fouzia Begum
				R. Swetha
				P. Pooja
				P. Manisha
				R. Sudeeksha
				P. Samatha
A. Lathapriya				
12	2022-23	Inter College Tournament For Women (Swimming)	Osmania University, Badruka College	1 M. Pragathi
13	2022-23	All India University Tournament (Cricket)	Mysoore University, Banglore	1 Rigveda Shree.K
14	2022-23	Aiut (Swimming)	Orissa University, Bhubaneshwar	1 M. Pranitha
15	2022-23	Aiut (Archery)	Punjab University, Punjab	1 M. Neha
16	2022-23	Aiut (Archery)	Punjab University, Punjab	1 K. Sindhuja
17	2022-23	Aiut (Wrestling)	Maharashtra University, Pune	1 Anusha .N
18	2022-23	Aiut (Rowing)	Chandigarh University, Chandigarh	1 B. Hemalatha

19		Aiut (Rowing)	Chandigarh University, Chandigarh	1 K. Sindhu
20	2022-23	36th NATIONAL GAMES(WRESTLING)	NATIONAL GAMES GUJARAT	1 N ANUSHA
21	2022-23	Wrestling Federation Of India	Kerala Wrestling Association	1 N Anusha
22	2022-23	District Level(Yoga)	Hyderabad	1 Nigasha Fatima
23	2022-23	District Level(Yoga)	Hyderabad	1 Ashwini Gobre
24	2022-23	District Level(Yoga)	Snvmv	1 Divya Giri
25	2022-23	International Level	Art Of Learning Institue, Mumbai	1 Ashwini Gobre
26	2022-23	International Level	Art Of Learning Institue, Mumbai	1 Nigasha Fatima
27	2022-23	International Level	Art Of Learning Institue, Mumbai	1 Bandi Deepa
28	2022-23	INTER COLLEGE SPORTS & GAMES(Yoga)	OSMANIA UNIVERSITY, SNVMV	6 BANDI DEEPA T. KAJOL T. AANCHAL ASHWINI GOBRE DIVYA GIRI DYAPA RISHIKA
29	2022-23	Aiut	Bhuvneshwar Kiit University	1 Divya Giri
30	2022-23	Aiut	Bhuvneshwar Kiit University	1 Bandi Deepa
31	2022-23	Aiut	Bhuvneshwar Kiit University	1 D Rishika
32	2021-22	National Rowing	Rowing Federation Of India, Pune	1

33	2021-22	National Rowing	Chandigarh University, Chandigarh	1
34	2021-22	Grappling Championship	Grappling Association Of Telangana	1
35	2021-22	Sepaktakraw	Telangana Sepaktakraw Association	1
36	2021-22	Weightlifting	Telangana Weight Lifting Association	1
37	2021-22	Handball	Hyderabad District Handball Association	1
38	2021-22	Tennis	Srm University	1
39	2021-22	41st JUNIOR ROWING CHAMPIONSHIP	PUNE, MAHARASHTRA	1
40	2021-22	41st JUNIOR ROWING CHAMPIONSHIP	PUNE, MAHARASHTRA	1
41	2021-22	All India Inter-University (Athletics)	Kiit, Bhubaneshwar	1
42	2021-22	40nd NTPC SENIOR ARCHERY CHAMPIONSHIP	JAMSHEDPUR, JHARKHAND	1
43	2021-22	36th NATIONAL GAMES	GUJARAT	1
44	2021-22	Wrestling Federation Of India	Uttar Pradesh Wrestling Association	1
45	2021-22	Wrestling Federation Of India	Utthan Sewa Sansthan, Amethi(Up)	1
46	2020-21	7th JR. STATE LEVEL SEPAKTEKRAW	MULUGU DISTRICT	1
47	2020-21	7th JR. STATE LEVEL SEPAKTEKRAW	MULUGU DISTRICT	1
48	2020-21	8th SR. INTER DISTRICT SEPAKTERAW	HYDERABAD DISTRICT	1

49	2020-21	1st Open State Level	Snvmv Hyderabad	1
50	2019-20	National Lawn Tennis	Fenesta Open New Delhi	1
51	2019-20	Aiut Sepaktekraw	Bareilly University	1
52	2019-20	6th JR. STATE SEPAKTEKRAW	HYDERABAD	1
53	2019-20	6TH SUB JR. STATE SEPAKATEKRAW	VPG HYDERABAD1	
54	2019-20	4th Sr.State Hockey	1bmp Rr.District	1
55	2019-20	4th Sr.State Hockey	Ibmp Rr.District	1
56	2019-20	48th Sr. Women State Handball	48th Sr. Women State Handball	1
57	2019-20	Sat Sports Open Lawn Tennis	Banglore	1
58	2019-20	Aiut Hockey	Chennai University	1
59	2019-20	10th Sr.Hockey National	Kerala	1
60	2019-20	9th Sr.Hockey National	Kerala	1
61	2019-20	Khelo India Athletics Youth Games	Mahrasthra	1
62	2019-20	35th National Athletics	Vijayawada A.P	1
63	2019-20	Khelo India Lawan Tennis	Mahrasthra	1
64	2019-20	Open National Power Lifiting	West Bengal Bihar	1
65	2019-20	22nd Sub Jr National Sepaktekraw	Cudappa A.P	1
66	2019-20	30th Sr.National	Ranchi Jaharkand	1

		Sepakteraw		
67	2019-20	23rd Sr.National Sepaktekraw	Vpg Hyderabad	1
68	2019-20	6th Jr.State Level Sepaktekraw	Vpg Hyderabad	1
69	2019-20	National	Banglore	1
70	2019-20	6th Telegana State Level	Sidipet District, Hyd	1
71	2018-19	26th Annual Satate Lawan Tennis	Banglore	1
72	2018-19	Circar State Level Lawn Tennis	Kakinada	1
73	2018-19	Aiut Lawn Tennis	Andhra University	1
74	2018-19	Aiut Lawan Tennis	Manipal University	1
75	2018-19	Aiut Sepaktekraw	Lb Stadium Hyderabad	1
76	2018-19	Aiut Sepaktekraw	Lb Stadium Hyderabad	1
77	2018-19	11th Gfi National Grappling	M.D University Haryana	1
78	2018-19	2nd State Level Wrestling	Attapur Rr District	1
79	2018-19	3rd Sr.State Level Hockey	Nalgonda	1
80	2018-19	3rd Sr.State Level Hockey	Nalgonda	1
81	2018-19	State Level Wrestling	Lb Stadium Hyderabad	1
82	2018-19	State Level Volleyball	Siddipet District	1
83	2018-19	4th Sr.State Level Sepakteraw	Macherial District	1
84	2018-19	5th Jr.State Level Sepakteraw	Vpg Hyerabad	1
85	2018-19	5th Sr.State Level Sepakteraw	Vpg Hyerabad	1

86	2018-19	5th Sr.State Level Sepakteraw	Vpg Hyerabad	1
87	2018-19	5th Jr State Level Athletics	Gachibowli Stadium Hyd	1
88	2018-19	5th Jr State Level Athletics	Gachibowli Stadium Hyd	1
89	2018-19	5th Jr State Level Athletics	Medchal District	1
90	2018-19	State Level	Ghmc Warangal	1
91	2018-19	State Level	Kothapet Hyderbad	1
92	2018-19	32nd State Level	Hvs School Hyderabad	1
93	2018-19	Aiut	Chennai	1

2023-2024

Carroms

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Carroms Tournament held at Badurka College of commerce & arts Kachiguda on 15 - 16 Feb'2024 and secured **Over All Championship 3rd PLACE.**

S.NO	NAME	CLASS
1	G. Prasanna	BSC (Applied Nutrition) 3 rd Year
2	K. Rigveda shree	B.COM (Comp) 2 nd Year
3	E. Akhila	B.COM (Comp) 2 nd Year
4	H. Chandana	BSC (MPCS) 3 rd Year
5	P. Rithika	BBA 1 st year
6	M. Srujana	BSC (Nutrition Applied) 3 rd Year



Yoga

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Yoga Tournament organized by our college SNVMV on 30th Jan 2023 and secured **Over all championship 1st PLACE**

S.NO	NAME	CLASS
1	Ashwini Gobre	BBA 3 rd year
2	T.Kajol	B.Com(comp) 3 rd year
3	T. Aanchal	B.Com(comp) 2 nd year
4	M. Bhavani	BSC 1 st Year
5	M. Deepika	B.COM 1 st Year
6	G. Nandini	BBA 1 st Year



Judo

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Judo Tournament held at St. Ann's college Mehendipatanam on 27th Jan 2024 and secured **Over All Championship 3rd PLACE.**

S.NO	NAME	CLASS
1	. K. Anuradha	B.A 1 st year
2	A. Latha priya	B.Com[Gen] 2 nd year
3	J. Rama	MSC 2 nd year
4	T. Laya	B.Com[comp] 2 nd year
5	K. Sindhuja	B.Sc. MPCs 3 rd year
6	K. Abhinaya Sri	B.Com comp 1 st year
7	D. Poojitha	B.Com comp 1 st year



Tug Of War

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Tug of war Tournament held at Rishi UBR PG College for women jntu kukatpally on 23rd Jan 2024 and secured **PARTICIPATION**.

S.NO	NAME	CLASS
1	G.Suma sri	B.Com (comp) 3 rd year
2	J.Rama	MSC 2 nd year
3	T.Kajol	B.Com (comp) 3 rd year
4	T.Aanchal	B.Com (comp) 2nd year
5	Ashwini Gobre	BBA 3 rd year
6	K.Anuradha	BA 1 st year
7	T.Laya	BCOM (comp) 2nd year
8	P.Guna Nidhi	B.com (comp) 1 st year
9	Sarasijanilyam	BA 2 nd year
10	S.Akashara Reddy	B.Sc. 1 st year





Chess

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Chess Tournament held at villa Marie Degree & PG College, Somajiguda on 17 & 18th Nov' 2023 and Secured **PARTICIPATION.**

S.NO	NAME	CLASS
1	Sreeja motte	BBA 3 rd year
2	Chakali Rajitha	B.Sc. (mpcs) 3 rd year
3	Renuka kachawa	B.COM 1 st year
4	A.V.N.Chaitnya lakshmi	B.com 2 nd year

Kabaddi

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Kabaddi Tournament held at DR.BR.Ambedkar College, on 14th Nov' 2023 and Secured **PARTICIPATION**.

S.NO	NAME	CLASS
1	G.Suma sri	B.com (comp) 3 rd year
2	J.Rama	MSc 2 nd year
3	K. Abhinaya Sri	B.com comp 1 st year
4	D. Poojitha	B.com comp 1 st year
5	Sitita pragana	B.Sc. 3 rd year
6	A.Akansha	B.Sc. 2 nd year
7	K.Pooja kumara	B.com comp 1 st year
8	A. Pravalika	B.Sc. 3 rd year
9	K.Ramya	B.Sc. 1st year
10	S.Jyothi	B.com comp 1 st year

Taekwondo

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Taekwondo Tournament held at Osmania University on 28th Oct'2024 and Secured **PARTICIPATION.**

S.No	Name	Class
1	J.Rama	M.Sc. 2 nd Year
2	S.Jyothi	B.Com Comp 1 st Year
3	P.Jaya Sree	B.Com Comp 1 st Year
4	G.S.Tanushka	B.Com Comp 1 st Year

Swimming

Inter Collegiate Tournament 2023-2024 Our College Students Took part in Swimming Tournament held at GHMC Secunderabad on 30th Oct'2023 and **Overall Championship 2nd PLACE**

S.NO	NAME	CLASS
1	M.Pranathi	B.Com (Comp) 3rd year

50MTS FREE STYLE SILVER MEDAL

50MTS BACK STROKE GOLD MEDAL

50MTS BREAST STROKE GOLD

100MTS BREST STROKE GOLD

Exhibition Matches 2023-24

83rd ALL INDIAN INDUSTRIAL EXHIBITION GAMES & SPORTS

Our College Students Participated in Exhibition matches held at Sri Lakshmi Narsmiha Swamy College On Jan 8th 2024

CARROMS 2nd PLACE

1. H.Chandana B.Sc. 2nd year

SHOTPUT 2nd PLACE

1. G. Suma Sri B.COM 2nd year

BADMINTON

1. Aditi Abkari MBA 2nd year



2022-2023

Tug Of War

Inter Collegiate Tournament 2022-2023 Our College Students Took Part in Tug of war Tournament held at Rishi UBR PG College for women jntu kukatpally on 27th Jan 2023 and secured **4th PLACE**.

S.NO	NAME	CLASS
1	CH.Sowjanya	B.com (comp) 3 rd year
2	J.Rama	M.Sc. 2 nd year
3	T.Kajol	B.com 2 nd year
4	Nigasha Fatima	M.Sc. 2 nd year
5	Ashwini Gobre	BBA 3 rd year
6	M.Pratibha shalini	BA 2 st year
7	Sabitha	B.com (comp) 1st year
8	T.Aanchal	B.com (comp) 1 st year
9	Sarasijanilyam	BA 2 nd year
10	G.Prasanna	B.Sc. 3 rd year
11	D.Rishika	BBA 2 nd year



Judo

Inter Collegiate Tournament 2022-2023 Our College Students Took part in Judo Tournament held at St. Ann's college Mehendipatanam on 6th Dec 2022 and secured **Over All Championship 4th PLACE.**

S.NO	NAME	CLASS
1	Sithita pragana	B.sc 2 nd year
2	P.Vaishnavi	B.sc 3 rd year
3	D.Sneha	B.com 1 st year
4	G.Sirisha	B.com[comp] 3 rd year
5	G.Suma sri	B.com 2 nd year



Badminton

Inter Collegiate Tournament 2022-2023 Our College Students Took part in Badminton Tournament held at St. Francis College Begumpet on 14th & 15th Nov'2022 **PARTICIPATION**

S.NO	NAME	CLASS
1	Aditi Abkari	MBA 1 st year
2	A.Latha priya	B.com 1 st year

Swimming

Inter Collegiate Tournament 2022-2023 Our College Students Took part in Swimming Tournament held at GHMC Secunderabad on 10th Nov'2022 and **Overall Championship 1stPLACE**

S.NO	NAME	CLASS
1	M.Pranathi	B.com (comp)2ndyear

50MTS FREE STYLE **GOLD MEDAL**
50MTS BACK STROKE **GOLD MEDAL**
50MTS BREAST STROKE **GOLD MEDAL**
100MTS BREST STROKE **SILVER MEDAL**

Yoga

Inter Collegiate Tournament 2022-2023 Our College Students Took part in Yoga Tournament organized by our college SNVMV on 24th Nov 2022 and secured **over all championship 1st PLACE**

S.NO	NAME	CLASS
1	Bandi Deepa	B.com (mpcs) 3 rd year
2	T.Kajol	B.com (comp) 2 nd year
3	T.Aanchal	B.com (comp) 1 st year
4	Ashwini Gobre	BBA 2 nd year
5	Divya Giri	B.Sc. (mpcs) 1 st year
6	Dyapa Rishika	BBA 2 nd year



Karate

Inter Collegiate Tournament 202-2023 Our College Students Took part in Karate held at Reddy College on 10th Jan2023 and secured **1SILVER MEDAL & BRONZE MEDAL.**

S.NO	NAME	CLASS
1	J.Rama	M.Sc. 1st year
2	Sithita pragana	B.sc 2 nd year
3	M.Pratibha shalini	BA 3rd year

Basket Ball

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Basketball held at loyal Academy Alwal on 1st 2022 and secured PARTICIPATION.

S.NO	NAME	CLASS
1	R.Swetha	B.com 3 rd year
2	P.Pooja	B.com 3 rd year
3	P.Manisha	BBA 2 nd year
4	R.Sudeeksha	BBA 2 nd year
5	P.Samatha	BBA 2 nd year
6	A.Latha Priya	B.com 1 st year



Carrrom

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Carrrom held at Badhruka College Kachiguda on 30th & 31st Jan 2023 and secured PARTICIPATION.

S.NO	NAME	CLASS
1	J.Prasanna Lakshmi	BA 3 rd year
2	G.Prasanna	BSC 3 rd year
3	G.Harshita	BSC 2 nd year
4	H.Chandana	BSC 1 st year
5	Aarti	B.com 1 st year



Volley Ball

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Volleyball held at St. Ann's degree college Mehendipatanam on 8th & 9th Dec 2022 and secured

PARTICIPATION:

S.NO	NAME	CLASS
1	P.Pooja	B.COM 3 rd year
2	R.Swetha	B.COM 3 rd year
3	P.Anusha	B.COM 3 rd year
4	k.Pallavi	B.COM 3 rd year
5	K.Sabitha	B.COM 1 st year
6	M.Lavanya	B.SC 1 st year
7	T.Laya	B.COM 1 st year

Athletics

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Athletics held at Gachibowli Stadium on 20th & 21st Dec 2022 and secured **PARTICIPATION**.

S.NO	NAME	CLASS
1	G.Suma sri	B.com 2 nd year
2	K.S.Bhavani	B.com 1st year
3	K. Darshini	B.com 3 rd year
4	B.jaya shree	B.com 2 nd year
5	T.Vanja	BBA 1st year
6	P.Rose Caroline	BBA 1st year
7	G.Srilatha	B.Sc. 1st year
8	K.Madhavi	B.Sc. 1st year
9	A.Akila	B.com 1st year
10	Fouzia Begum	B.com 2 nd year
11	Archana	B.com 3rd year
12	R.Swetha	B.com 3rd year
13	P.Pooja	B.com 3rd year
14	E.Ramyra	BBA 1 st year
15	A.Veenala	B.sc 3rd year

Throw Ball

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Throw ball held at Koti women's college on 1st March 2023 and secured **PARTICIPATION**.

S.NO	NAME	CLASS
1	G.Suma sri	B.COM 1 st year
2	J.Rama	MSC 1 st year
3	R.Swetha	B.COM 3 rd year
4	K.Pallavi	B.COM 3rd year
5	P.Pooja	B.COM 3 rd year
6	Prathibha Shalini	B.A 3rd year
7	Archana	B.COM 3rd year
8	R.Sri Harshitha	B.A 3 rd year
9	Fouiza Begum	B.COM 2 nd year
10	G.Anoushka	B.S.C 3 rd year

Tenni Koit

Inter Collegiate Tournament 2022-2023 Our College Students Took part in the Tenni- koit held at Koti women's college on 1st March 2023 and secured **PARTICIPATION**.

S.NO	NAME	CLASS
1	Bandi Deepa	BSC 3 rd year
2	Sakshi Prasad	B.COM 2 nd year
3	Srinidhi Thakur	B.COM 2 nd year
4	J.Rama	M.SC 1 ST Year
5	Archana	B.COM 3rd year

Exhibition Matches 2022-2023

82nd ALL INDIAN INDUSTRIAL EXHIBITION GAMES & SPORTS

Our College Students Participated in Exhibition matches held at Sri Lakshmi Narasmiha Swamy College On Feb 6th 2023

CARROMS 1st PLACE

J. Lakshmi Prasanna

BA 3rd year



SHOTPUT 2nd PLACE

2. G. Suma Sri

B.COM 2nd year



CHESS 2nd PLACE

1. Veenala

MPC 2nd year



VOLLEY BALL 1st PLACE

1. R.Swetha

B.COM 3rd year

2. P.Pooja

B.COM 3rd year

3. Pallavi

B.COM 3rd year

4. Lakshmi

B.COM 3rd year

5. Zobia

CEC 2nd year

6. Lakshmi Sandhya

CEC 2nd year

7. Anoushka

B.COM 3rd year



BASKETBALL 1st PLACE

1. R.Swetha B.COM 3rd year
2. P.Pooja B.COM 3rd year
3. Pallavi B.COM 3rd year
4. S.Jyothi CS 1st year
5. S. Anusha B.COM 3rd year
6. Pratibha shalini BA 3rd year
7. J .Rama MSC 1st year



2019- 20

CARROMS

S.NO	NAME	CLASS
1	A.Gouri	B.COM 3rdyear
2	K.Sai Jyothi	M.COM 2 nd year
3	Nandini Sharma	B.COM 3 rd year
4	Anvitha	BSC 3 rd year
5	Pavani	BSC 2 nd year
6	Y.Chitra	BSC 1 st year

JUDO

S.NO	NAME	CLASS
1	A.Kaveri	BA 3 rd year
2	Sony singh	BA 1 st year
3	Hansika	BA 1 st year
4	Neethu sreedas	BA 1 st year
5	K.Mounika	BA 1 st year
6	Sandhya	BA 1 st year
7	G.Mounika	BA 1 st year

YOGA

S.NO	NAME	CLASS
1	Naina	B.com 2 nd yr
2	Nigasha Fatima	Bsc -1 st yr
3	Meghana	B.com -2 yr
4	Subhashini	B.com -2 yr
5	Deepa	B.com -2 yr
6.	A.SvarnaLatha	MBA -1 st yr

2018-19

CARROMS

S.NO	NAME	CLASS
1	A.Gouri	B.COM 3rd year
2	K.Sai Jyothi	M.COM 2 nd year
3	J.Kalyani	B.COM 3 rd year
4	Anvitha . M	BSC 3 rd year
5	Pavani. K	BSC 2 nd year

YOGA

S.NO	NAME	CLASS
1	Naina	B.COM 2 nd yr
2	Nigasha Fatima	BSC-1 st yr
3	Lakshmi Biradar	BA 3 rd yr
4	Sidra	BZC 3rd yr
5	Sonali	BSC 3rd yr
6.	A.SwarnaLatha	MBA -1 st yr

JUDO

S.NO	NAME	CLASS
1	Lakshmi Biradar	BA 3 rd year
2	Sony singh	B.COM 3 rd year
3	Sarita	B.COM 3 rd year
4	Jyostna	PG 2 nd year
5	Poorva Sharma	B.COM 3 rd year
6	Sushmita	BSC 2 nd year
7	A.Kaveri	BA 2 nd year

Department Activities to the Staff

We encourage the teaching and non-teaching staff by involving them in physical in activity like Throw ball, Yoga, Carroms etc. The department also conducts competitions for lectures and non-teaching staff of the college in team events as well as individual sports. The department encourages everybody to participate in the sporting activity and boost the sportive spirit of the students and staff.

Year	Sport /game	Conducted for
2018 Sports Day	Cricket (Male Staff)	Teaching & Non-Teaching
	Throw ball , Basket Ball, Musical chairs	
2019 Sports Day	Dodgeball	Teaching & Non-Teaching

Achievements for the Year 2018-19

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS	30.04 & 04.05.19	State Level	Bangalore	SILVER
2	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS	11 & 15.03.19	State Level	Kakinada	BRONZE
3	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS	26.& 28. 10.19	University	Vishakhapatnam	SILVER
4	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS	26.& 28. 10.19	University	Manipal	GOLD
5	S.Saritha	BA 3rd yr	SEPAKTA KRAW	17.& 19.02. 18	University	L.B.Stadium	GOLD
6	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW	17.& 19.02. 18	University	L.B.Stadium	GOLD
7	Laxmi Biradar	BA 3rd yr	GRAPPLING	18 & 19.08.18	National	Haryana	GOLD
8	Sony Singh	B.COM 2nd yr	WRESTLING	23 & 26.01.19	State Level	Hyderabad	GOLD
9	R.Sahasra	BA 3rd yr	HOCKEY	23.& 25.11. 18	State Level	Nalgonda	SILVER
10	T.Ankita	BA 2nd yr	HOCKEY	23.& 25.11. 18	State Level	Nalgonda	SILVER
11	Sony Singh	B.COM 2nd yr	WRESTLING	02.02.18	State Level	L.B.Stadium	GOLD
12	A.Kaveri	B.COM 1st yr	VOLLEYBALL	17 & 20.02.19	State Level	Siddipet	BRONZE
13	Naina	B.COM 3rd yr	YOGA	24 & 25.02.18	State Level	Warangal	SILVER
14	Naina	B.COM 3rd yr	YOGA	01 & 02.12.18	State Level	Hyderabad	GOLD
15	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW	06 & 07.01.18	State Level	Mancherial	SILVER
16	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW	11&12.08.18	State Level	Hyderabad	SILVER
17	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW	15 &16.12.18	State Level	Hyderabad	SILVER
18	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW	12 & 13 05.18	State Level	Hyderabad	SILVER
19	A.Swarnalatha	B.COM 3rd yr	YOGA	18.11.18	State Level	Hyderabad	SILVER
20	P.Kavya	B.COM 1st yr	ATHLETICS	12& 13.10.18	State Level	Hyderabad	800 M GOLD
21	P.Kavya	B.COM 1st yr	ATHLETICS	12& 13.10.18	State Level	Hyderabad	800 M

		yr	S				GOLD
22	P.Kavya	B.COM 1st yr	ATHLETIC S	18 & 19.08.18	State Level	Medchal	400 M GOLD
23	Laxmi Biradar	BA 3rd yr	GRAPPLING		National	Haryana	GOLD
24	Sony Singh	B.COM 2nd yr	GRAPPLING		National	Haryana	GOLD
25	P.Kavya	B.COM 1st yr	ATHLETIC S		National	Guntur	400M SILVER
26	P.Kavya	B.COM 1st yr	ATHLETIC S		National	Guntur	800M SILVER
27	A.Kaveri	B.COM 1st yr	VOLLEYBALL		University	Vijayawada	PARTICIPATION
28	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW		National	Assam	PARTICIPATION
29	Sushmita	BSC 1st yr	SEPAKTA KRAW		National	Assam	PARTICIPATION
30	Yogyashri Sharma	B.COM 1st yr	SWIMMING		University	Bangalore	PARTICIPATION
31	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		National	New Delhi	PARTICIPATION
32	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		National	Chandigarh	SILVER
33	T.Ankita	BA 2nd yr	HOCKEY		National	Kerala	PARTICIPATION
34	Sony Singh	B.COM 2nd yr	WRESTLING		National	Uttar Pradesh	PARTICIPATION
35	Sony Singh	B.COM 2nd yr	GRAPPLING		Asian Games	New Delhi	4th PLACE
36	Laxmi Biradar	BA 3rd yr	GRAPPLING		Asian Games	New Delhi	4th PLACE
37	Laxmi Biradar	BA 3rd yr	JUDO		University	Punjab	PARTICIPATION
38	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		University	Vishakhapatnam	GOLD
39	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		University	Manghere	SILVER
40	Naina	B.COM 3rd yr	YOGA		National	Chennai	7th PLACE
41	J.Anjali	BA 2nd yr	TENNIS VOLLEYBALL		National	Gwalior	PARTICIPATION
42	M.Praneetha	BSC 1st yr	TENNIS VOLLEYBALL		National	Gwalior	PARTICIPATION
43	Shivani. J	BA 1st yr	TENNIS		National	Gwalior	PARTICI

			VOLLEY BALL				PATION
45	T.Yogeshwari	B.COM 1st yr	SEPAKTA KRAW		University	Uttar Pradesh	PARTICIPATION
46	S.Saritha	BA 3rd yr	SEPAKTA KRAW		University	Uttar Pradesh	BRONZE
47	U.Supriya	B.COM 1st yr	KABADDI		National	Kolkata	PARTICIPATION
48	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		5.KAITA Women's	Coimbatore	GOLD
49	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		2.5 Lac AITA	Coimbatore	SILVER
50	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		3 Lac AITA	Chandigarh	SILVER
51	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		FENESTA	New Delhi	PARTICIPATION
52	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		National	Manipal	GOLD
53	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		International	Muzzaffarnagar	PARTICIPATION
54	Y.Sai Dedeepya	BA 1st yr	LAWN TENNIS		International	Raipur	PARTICIPATION

Achievements for the Year 2019-20

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	Sai Dedeepya	BA 1st yr	LAWN TENNIS	30.09 & 05.10.19	National	New Delhi	SILVER
2	Naina	B.COM 3rd yr	YOGA	30 & 31.12.19	National	Bangalore	GOLD
3	T.Yogeshwari	B.COM 1st yr	SEPAKTAK RAW	16 & 19.09.19	University	Barely	BRONZE
4	T.Yogeshwari	B.COM 1st yr	SEPAKTAK RAW	10 & 11.08.19	State Level	Hyderabad	BRONZE
5	Naina	B.COM 3rd yr	YOGA	14 & 15.12.19	State Level	Siddipet	GOLD
6	Sakshi Prasad	B.COM 1st yr	SEPAKTAK RAW	9 & 10.11.19	State Level	Hyderabad	BRONZE
7	J.Trupiti	B.COM 1st yr	BOXING	6 & 7.08.19	State Level	Hyderabad	GOLD
8	T.Ankita	BA 2nd yr	HOCKEY	7 & 9.09.19	State Level	Nizambad	BRONZE
9	R.Sahasra	B.COM 1st yr	HOCKEY	7 & 9.09.19	State Level	Nizambad	BRONZE
10	B.Sai Srujana	BSC 1st yr	HAND BALL	14 & 16.12.19	State Level	Mahabubnagar	GOLD
11	Sai Dedeepya	BA 1st yr	LAWN TENNIS	25.03.19	State Level	Bangalore	GOLD
12	Neethu Shreedas	BA 1st yr	POWER LIFITING	20 24.08.19	National	West Bengal	8th PLACE
13	Neethu Shreedas	BA 1st yr	POWER LIFITING	20.07.19	State Level	Ranga Reddy	GOLD
14	Yogyashri Sharma	B.COM 2nd yr	SWIMMING	4.08.19	State Level	Secunderabad	SILVER
15	Yogyashri Sharma	B.COM 2nd yr	SWIMMING	1 & 8.11.19	University	Punjab	PARTICIPATION
16	T.Ankitha	BA 2nd yr	HOCKEY	7 & 9.11.19	State Level	Ranga Reddy	BRONZE
17	R.Sahasra	B.COM 1st yr	HOCKEY	7 & 9.11.19	State Level	Ranga Reddy	BRONZE
18	Sony Singh	B.COM 3rd yr	WRESTLING	19 & 20.08.19	State Level	Hyderabad	GOLD
19	Sony Singh	B.COM 3rd yr	WRESTLING	19 & 20.08.19	State Level	Hyderabad	GOLD
20	G.Mounika	B.COM 1st yr	WRESTLING	19 & 20.08.19	State Level	Hyderabad	GOLD
21	G.Mounika	B.COM 1st yr	WRESTLING	19 & 20.08.19	State Level	Hyderabad	GOLD
22	G.Mounika	B.COM 1st yr	WRESTLING	19 & 20.08.19	State Level	Hyderabad	GOLD
23	R.Sahasra	B.COM 1st yr	HOCKEY	23.01 &	State Level	Kerala	PARTICIPATION

		yr		1.02.20			PATION
24	M.Sandhya	BA 1st yr	HOCKEY	23.01 & 1.02.20	State Level	Kerala	PARTICI PATION
25	G.Mounika	B.COM 1st yr	WRESTLIN G	28 & 29.10.19	National	Pune	PARTICI PATION
26	Simran Kalyani	BA 1st yr	FENCING	29 & 3.10.19	State Level	Dhundigal	SILVER
27	Simran Kalyani	BA 1st yr	FENCING	29 & 3.10.19	State Level	Dhundigal	SILVER
28	T.Yogeshwari	B.COM 1st yr	SEPAKTAK RAW	10 & 11.08.19	State Level	Hyderabad	BRONZE
29	T.Yogeshwari	B.COM 1st yr	SEPAKTAK RAW	10 & 11.08.19	State Level	Hyderabad	SILVER
30	T.Yogeshwari	B.COM 1st yr	SEPAKTAK RAW	28.12 & 3rd 01.20	State Level	Hyderabad	PARTICI PATION
31	D.Divya	B.COM 1st yr	SEPAKTAK RAW	28.12 & 3rd 01.20	National	Jharkhand	SILVER
32	S.Aarti	B.COM 1st yr	SEPAKTAK RAW	28.12 & 3rd 01.20	National	Jharkhand	SILVER
33	Naina	B.COM 3rd yr	YOGA	08.12.19	State Level	Hyderabad	GOLD
34	Nigasha Fatima	BSC 2nd yr	YOGA	08.12.19	State Level	Hyderabad	4th PLACE
35	Meghana	B.COM 1st yr	YOGA	08.12.19	State Level	Hyderabad	6th PLACE
36	Subhashini	B.COM 2nd yr	YOGA	08.12.19	State Level	Hyderabad	7th PLACE
37	Deepa	B.COM 2nd yr	YOGA	08.12.19	State Level	Hyderabad	8th PLACE
38	T. Shirisha	B.COM 2nd yr	YOGA	08.12.19	State Level	Hyderabad	9th PLACE
39	Naina	B.COM 3rd yr	YOGA	27 & 29.12.19	National	Bangalore	7th PLACE
40	Swarna	MBA 2nd yr	YOGA	27 & 29.12.19	National	Bangalore	PARTICI PATION
41	Naina	B.COM 3rd yr	YOGA	30 & 31.12.19	International	Bangalore	GOLD
42	Swarna	MBA 2nd yr	YOGA	26.11 & 1.12.19	International	Bangalore	GOLD
43	Kapila Vanshika	B.COM 3rd yr	BADMINTO N	26.11 & 1.12.19	International	Lucknow	CASH PRIZE
44	V.Sai Srujana	BSC 1st yr	HANDBAL L	18 & 20.12.19	State Level	Sidipet	PARTICI PATION
45	M.Pranitha	B.CAN 2nd yr	TENNIS VOLLEY BALL	28 & 30.01.20	National	Pune	PARTICI PATION
46	T.Shivani	BZC 2nd yr	TENNIS VOLLEY	28 & 30.01.20	National	Pune	PARTICI PATION

			BALL				
47	K.Ramana	ZMC 2nd yr	TENNIS VOLLEY BALL	28 & 30.01.20	National	Pune	PARTICIPATION
48	Sai Dedeepya	BA 1st yr	LAWN TENNIS	10 & 14.02.20	National	Pune	GOLD
50	U.Supriya	B.COM 1st yr	KABADDI	30.01 & 1.2.20	State Level	Bangalore	PARTICIPATION
51	V.Sai Srujana	BSC 1st yr	HANDBALL	28 & 30.01.20	International	Mahbubnagar	GOLD
52	Sony Singh	B.COM 3rd yr	WRESTLING	23 & 26.1.19	State Level	Hyderabad	GOLD

Achievements for the Year 2020-21

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	B.Sai Srujana	BSC 2nd yr	HANDBALL	06 & 8.03.21	State Level	Warangal	GOLD
2	Ankita	BA 2nd yr	HOCKEY	26 & 28.02.21	State Level	Hyderabad	BRONZE
3	Y.Sai Dedeepya	BA 3rd yr	LAWN TENNIS	23 & 28.03.21	State Level	Bangalore	-
4	Saakshi Prasad	B.COM 2nd yr	SEPAKTAKRAW	16 & 17.03.21	State Level	Mulugu	BRONZE
5	Saakshi Prasad	B.COM 2nd yr	SEPAKTAKRAW	16 & 17.03.21	State Level	Mulugu	BRONZE
6	Saakshi Prasad	B.COM 2nd yr	SEPAKTAKRAW	15.09.21	State Level	Hyderabad	BRONZE
7	Divya Giri	BSC 1st yr	YOGA	24.03.21	State Level	Hyderabad	GOLD

Achievements for the Year 2021-22

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	B.Hemalatha	BA 1st yr	ROWING	3.& 01.22	National	Pune	BRONZE
2	B.Hemalatha	BA 1st yr	ROWING	1 &5.03.22	University	Punjab	BRONZE
3	Hansika Mahatan	BA 3rd yr	GRAPPLING	28.11.21	State Level	Hyderabad	GOLD
4	Naina Upadhya	MBA 2nd yr	YOGA	6& 16.03.21	State Level	Hyderabad	SILVER
5	Saakshi Prasad	B.COM 2nd yr	SEPAK TAKRAW	4.09.22	State Level	Hyderabad	SILVER
6	K.Harika	BSC 2nd yr	WEIGHT LIFITING	6 & 8.12.21	State Level	Nizamabad	GOLD
7	Sai Srujana	BSC 2nd yr	HAND BALL	4 & 6.03.22	State Level	BSC 1st yr	ARCHERY
8	Sai Dedeepya	BA 3rd yr	LAWN TENNIS	5 & 8.01.22	University	Tamillnadu	GOLD
9	M.Sahasra	B.COM 3rd yr	HOCKEY	26 & 28.03.21	National	Hyderabad	Participation
10	B.Hemalatha	BA 1st yr	ROWING	3 9.01.22	National	Pune	BRONZE
11	B.Hemalatha	BA 1st yr	ROWING	3 & 12.12.21	National	Pune	4th PLACE
12	B.Hemalatha	BA 1st yr	ROWING	1 & 15.03.22	University	Chandigarh	BRONZE
13	Naina Upadhya	MBA 2nd yr	YOGA	24 & 26.12.22	National	Khammam	GOLD
14	Nigasha Fatima	MSC 1st yr	YOGA	24 & 26.12.22	National	Khammam	1st PLACE
15	Bandi Deepa	BSC 2nd yr	YOGA	24 & 26.12.22	National	Khammam	Participation
16	Dyana Rishika	BBA 1st yr	YOGA	24 & 26.12.22	National	Khammam	5th PLACE
17	K. Sinduhja	BSC 1st yr	ARCHERY	10.03.22	National	RR.Dist	Participation
18	Pratiba Shalini	BA 2nd yr	BOXING	14 & 24.12.21	University	Punjab	Participation
19	j.Trupathi	BA 1st yr	BOXING	14 & 24.12.21	University	Punjab	Participation
20	P.Mounika	BA 3rd yr	ATHLETICS	21 & 24.03.22	University	Bhuvneshwar	Participation
21	K.Sindhuja	BSC 1st yr	ARCHERY	18 & 22.01.22	University	Punjab	32 Rank
22	Sai Srujana	BSC 3rd yr	HAND BALL	25 & 28.02.22	University	Chennai	Participation
23	R.Swetha	B.COM 2nd yr	BASKET BALL	27 & 31.12.21	University	Kottayam	Participation

24	Sahasra	B.COM 3rd yr	HOCKEY	26 & 28.03.22	State Level	Hyderabad	BRONZE
25	Prathyusha	BSC 1st yr	YOGA	24 & 26.12.22	National	Khammam	8th PLACE
26	Ashwini gobre	BBA 1st yr	YOGA	24 & 26.12.22	National	Khammam	Participation
27	Esha	B.COM 1st yr	YOGA	24 & 26.12.22	National	Khammam	Participation
28	K. Sinduhja	BSC 1st yr	ARCHERY	19 & 22.03.22	State Level	Jammu & Kashmir	GOLD
29	J.Divya	BA 3rd yr	GYMNASTIC S	18.02.21	State Level	Saroor Nagar	Participation
30	K.Harika	BSC 3rd yr	WEIGHT LIFITING	17.12.21	State Level	Hyderabad	Participation
31	Akansha	BSC 1st yr	SEPAK TAKRAW	15.09.21	State Level	Hyderabad	BRONZE
32	Akansha	BSC 1st yr	SEPAK TAKRAW	18.09.21	State Level	Mulugu	4th PLACE
33	Akansha	BSC 1st yr	SEPAK TAKRAW	16.03.22	State Level	Mulugu	BRONZE
34	P.Pooja	B.COM 2nd yr	VOLLEY BALL	10 & 27.03.21	National	Maharashtra	Participation
35	P.Malvika	BA 1st yr	SEPAK TAKRAW	22 & 27.03.21	University	Punjab	Participation
36	Supriya	B.COM 3rd yr	KABADDI	8 &26.12.21	State Level	Nalgonda	BRONZE

Achievements for the Year 2022-23

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	B.Hemalatha	BA 2nd yr	ROWING	3 & 7. 03.23	OSMANIA UNIVERSITY	CHANDIGARH	2km-Gold,500m-Silver
2	B.Hemalatha	BA 2nd yr	ROWING	3& 9.01.22	SR.NATIONAL	MAHARASTRA	Bronze
3	B.Hemalatha	BA 2nd yr	ROWING	28.09 & 4. 10.22	36th NATIONAL GAMES	GUJRAT	4th Place
4	B.Hemalatha	BA 2nd yr	ROWING	13 & 17.12 22	JR.NATIONAL	HUSSIAN SAGAR (HYD)	Silver
5	B.Hemalatha	BA 2nd yr	ROWING	4 & 9. 02.23	KHELO INDIA YOUTH NATIONAL	BHOPAL (M.P)	Silver
6	B.Hemalatha	BA 2nd yr	ROWING	31.05.23	KHELO INDIA UNIVERSITY GAMES	Gorakhpur (UP)	Gold, Silver (500), (2000)
7	K.Sindhu	BA 2nd yr	ROWING	3 & 7.03.23	OSMANIA UNIVERSITY	CHANDIGARH	4th Place
8	K.Sindhu	BA 2nd yr	ROWING	13 & 17 .12.22	JR.NATIONAL	HUSSIAN SAGAR (HYD)	Silver
9	M.Pranathi	B.COM 2nd yr	SWIMMING	8 & 12.10. 22	36th NATIONAL GAMES	GUJRAT	22nd Place
10	Sakshi Prasad	B.COM 2nd yr	SEPAK TAKRAW	4.09.22	STATEMENT	VPG (HYD)	Silver
11	K.Sindhuja	B.SC 1st yr	ARCHERY	4.03.23	SR.STATEMENT	KARIMNAGAR	Gold,Silver (500), (2000)
12	K.Sindhuja	B.SC 1st yr	ARCHERY	31.05 .23	CM CUP 2023	GACHIBOWLI (HYD)	Gold (60mts)
13	K.Sindhuja	B.SC 1st yr	ARCHERY	26 .09.22	CHIEF GUEST	NARAYANAM MA ENG.	CHIEF GUEST
14	N.Anusha	BA 2nd yr	WRESTLING	22 & 24 12.22	SR.STATEMENT SARDAR VALLABHAI	HYDERABAD	Gold
15	N.Anusha	BA 2nd yr	WRESTLING	5.03.23	NATIONAL,KATHWAL KESARI	HYDERABAD	Bronze
16	Ashwini Gobre	BBA 2nd yr	YOGA	19 & 20. 09.22	9TH STATEMENT	KOTHAPET (HYD)	Bronze

17	Ashwini Gobre	BBA 2nd yr	YOGA	15.10. 22	36TH INTER SCHOOL STATE	SNVMV	2nd Place
18	Ashwini Gobre	BBA 2nd yr	YOGA	1 & 3.04 .23	INTERNATIONAL	NAVI MUMBAI (MAH)	Gold Champion
19	Bandi Deepa	BSC 3rd yr	YOGA	19 & 20. 09.22	9TH STATEMENT	KOTHAPET (HYD)	8th Place
20	Bandi Deepa	BSC 3rd yr	YOGA	15.10.22	36TH INTER SCHOOL STATE	SNVMV	8th Place
21	Bandi Deepa	B.SC 3rd yr	YOGA	1 & 3.04.23	INTERNATIONAL	NAVI MUMBAI (MAH)	Gold Champion of Champions
22	Divya Giri	B.SC 1st yr	YOGA	19 & 20.09.22	9TH STATEMENT	KOTHAPET (HYD)	9th Place
23	Divya Giri	B.SC 1st yr	YOGA	15.10.22	36TH INTER SCHOOL STATE	SNVMV	1st Place
24	Nigasha Fatima	M.SC 2nd yr	YOGA	19 & 20.09.22	9TH STATEMENT	KOTHAPET (HYD)	1st Place
25	Nigasha Fatima	M.SC 2nd yr	YOGA	1 & 3.04.23	INTERNATIONAL	NAVI MUMBAI (MAH)	Gold Champion

Achievements for the Year 2023-24

S.No	Name	Class	Discipline	Date	Level	Venue	Position
1	B.Hemalatha	BA 3rd yr	ROWING	10 & 14. 8. 23	Nationals	Maharashtra	BRONZE
2	B.Hemalatha	BA 3rd yr	ROWING	2 & 7. 11. 23	Nationals	Goa	SILVER
3	K.Anuradha	BA 1st yr	ROWING	22. & 27. 12.23	University	Chandigarh	Nil
4	N.Anusha	BA 3rd yr	WRESTLING	9 & 12.01.24	State Level	Tamilnadu	SILVER
5	K.Rigveda shree	B.com 2nd yr	CRICKET	18.& 22.01. 24	University	Tamilnadu	Nil
6	K.Sindhuja	B.sc 3rd yr	Archery	23 & 24. 03.24	Khelo India University	Chennai	BRONZE
7	P.Guna Nidhi	B.COM 1st yr	BOXING	20 & 28.12.23	State Level	Hyderabad	GOLD
8	S.Jyothi	B.COM 1st yr	BOXING	20 & 28.12.23	State Level	Hyderabad	GOLD
9	N.Anusha	BA 3rd yr	WRESTLING	29. & 31.01. 24	National	Pune	Nil
10	Ashwini gobre	BBA 3rd yr	YOGA	1 & 4.12.23	University	Chennai	Nil
11	T.Kajol	B.com 3rd yr	YOGA	1 & 4.12.23	University	Chennai	Nil
12	T.Aanchal	B.com 2nd yr	YOGA	1 & 4. 12.23	University	Chennai	Nil
13	M.Deepika	B.COM 1st yr	YOGA	8th Oct'23	State Level	Hyderabad	GOLD
14	M.Bhavani	B.COM 1st yr	YOGA	8th Oct'23	State Level	Hyderabad	BRONZE
15	Syed Sana Rasheed	B.COM 1st yr	BOXING	17 & 9.11. 23	State Level	Mumbai	GOLD

Tabular Representation of Student Participation 2018-2024

EVENTS	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
Inter National	4	1	0	0	7	0
National	20	15	1	9	18	2
University	8	1	0	8	10	4
Inter Collegiate	3	7	0	2	11	8
District	-				19	3
State	-	24	2	15	2	2

Future Vision

- The department of physical education is in the constant search of the best among students, to envisage a successful and a glorious future the department.
- We plan to conduct seminars, and conduct various awareness programmers to create awareness about the need for exercise and about the latest sports.
- We plan to conduct League Matches and Tournaments.
- The department also intends to start more games in to the coaching module. As it has always been since the beginning the department aims to be the best and there by competes to keep the Vanita flag high.

Testimonials

1. **Name** : Naina
Group : MBA
Roll No. : 117520672081
Ph.No : 8143565811
E-mail : Nainaupadhyay786@gmail.com



I am filled with immense gratitude as I reflect on my journey with Vanita, which began with my undergraduate studies and concluded with my postgraduate degree. The support and guidance I received from both my subject lecturers and the dedicated sports department have been the pillars of my success.

The exceptional teaching at Vanita nurtured my academic pursuits, while the sports department played a crucial role in shaping me into a national yoga player. The encouragement I received from my sports mentors, who helped me identify and strengthen my abilities, was invaluable. Their belief in me, combined with the support from my lecturers, allowed me to excel both in the classroom and on the field.

Thank you for fostering an environment where students can thrive academically and athletically. I will always carry the lessons and memories from Vanita with great appreciation.

2. **Name** : **J.Lakshmi Prasanna**
Group : BA
Roll No. : 117520111008
E-mail : lakshmiprasannajujuru@gmail.com
Ph.No. : 9346602658



Studied BA at Sarojini naidu vanitha mahavidyala.Has significantly improved my knowledge.And im thankful to all the lecturers.coming to sports im deeply thankful to Swetha madam.The sports in the college is on point. The big ground is always a gateway for exploring different outdoor sports. I always remembered myself playing badminton and throw ball and enjoying my day out. I take this opportunity to reach out my personal regards to Swetha Madam,

who is, in fact, a coach to me in carroms. I appreciate that Swetha Madam is a great sport instructor and an added valuable asset to our college. Thank you to sports department.

3. Name: Dyapa Rishika

Roll No. 1175 21 684 010

E-mail: dyaparishika@gmail.com

Ph.No. 6301227782

Studied BBA at SNVMV. Has significantly improved my knowledge and I am thankful to all lectures. Coming to sports I am thankful to Swetha madam. She will always encourage us. I always remembered my self participating in yogasana competitions at national and international level and enjoying my day. I appreciate that Swetha madam is a great instructor. Thanks to sports department for always supporting.



4. Name: T.Kajol

Group: B.Com (Computer Application)

Roll No. 117521405160

Ph.No. 8019927257

E-mail: tkajol286@gmail.com

I am filled with immense gratitude as I reflect on my journey with Vanita, recently I graduated from Sarojini Naidu Vanita Maha Vidyalaya 2021-2024 Batch. The support and guidance I received from both my subject lecturers and the dedicated sports department have been the pillars of my success.

The exceptional teaching at Vanita nurtured my academic pursuits, while the sports department played a crucial role in shaping me into a national yoga player. The encouragement I received from my sports mentors, who helped me identify and strengthen my abilities, was invaluable.

Thank you for fostering an environment where students can thrive academically and athletically. I will always carry the lessons and memories from Vanita with great appreciation.



5. Name: Ashwini Gobre

Roll No.1175 21 684 005

E-mail;ashwinigobre62@gmail.com

Ph.No.9032024481



Studied BBA at SNVMV. Has significantly improved my knowledge and I am thankful to all lectures. Coming to sports I am thankful to Swetha madam. She will always encourage us. I always remembered my self participating in yogasana competitions at national and international level and enjoying my day. I appreciate that Swetha madam is a great instructor. Thanks to sports department for always supporting.

6. Name: Bandi. Deepa

Group:B.Sc MPCs

Roll No.17520646012

E-Mail:bandi.deepa1234@gmail.com

Ph.No:8341382971



I completed my Bsc Graduation from Sarojini Naidu Vanitha Maha Vidyalaya . Consequently accrued knowledge practically also . Thank you all my lectures for suggestions to be taken in the life too. And I normally went to sports department and join in the Yoga. Now it is very much important in my life yoga will teach you the life also . I simply participated in my first open states competition held at our college SNVMV . After that I got serious in yoga and went for Nationals and International competitions. Im very thankful to yashwanth sir for encouraging me not only in sports also for some motivational speeches regards life and higher studies. Thank you yashwanth sir and thank you Swetha ma'am for your encouragement

P. Sthithapraghna
B. S. C. (BZAN)
117521601018

Im thankful to SAROJINI NAIDU VANITA MAHA VIDYALAYA (snvmv)
For providing such a solid foundation
In the department of SPORTS
I've had the privilege of learning from
SWETHA MAM for the past few years,
And she completely changed how I approach sports and fitness.
Her coaching methods are both fun and effective,
and she helped me reach my personal goals I never thought possible.
Her passion for sports is contagious,
and she truly care about every student's progress."
I've grown immensely as an athlete and a person under
Her guidance



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7.

G.PRASANNA
1175-21-588-007
Bsc.BCAN

I like to express my sincere gratitude to SAROJINI NAIDU
VANITA MAHA VIDYALAYA (snvmv) for providing
me with solid foundation in my field through sports. The
knowledge I gained from Swetha mam have been
valuable, the experience I gained through various sports. I'm
thankful for the valuable knowledge and skills I have
acquired from sports program which were held in our
campus. I'm confident and greatly benefit me in my future
endeavours. Specially thank you for providing us sports
department in our campus.



ganjiprasanna20@gmail.com
Mobile No: 8341431516

8.

9. Vagh Deepa

Designation: Assistant professor

Participated in NYC in the year 2022 (Pondicherry), participated and
won gold medal in intercollegiate yogasna competition in the year
2019

