



SAROJINI NAIDU VANITA MAHA VIDYALAYA

NAAC Accredited 3rd Cycle

(Sponsored & Managed jointly by Osmania Graduates' Association and Exhibition Society)

(Exhibition Grounds, Nampally, Hyderabad)



"Diet is a Bank account. Good food choices are good investments."

CONTENTS

| Sl No | Particulars | Page No |
|--------------|---|----------------|
| 1 | Introduction | 3 |
| 2 | Faculty information | 4 |
| 3 | Academic Programmes offered | 5 |
| 4 | Infrastructure and Facilities – Classrooms, labs, library | 6 |
| 5 | Syllabus | 15 |
| 6 | Timetable | 22 |
| 7 | Teaching Methodology | 26 |
| 8 | Result Analysis | 27 |
| 9 | Department Activities | 39 |
| 10 | Student Support Services | 62 |
| 11 | Faculty Achievement | 68 |
| 12 | PO CO | 71 |
| 13 | Department best practices | 73 |
| 14 | Alumna | 74 |
| 15 | Future plans and initiatives | 99 |

1. Introduction

Brief overview of Department of Applied Nutrition

Sarojini Naidu Vanita Maha Vidyalaya established Department of Applied Nutrition in the academic year 2010-2011. The three year degree program was offered in Applied Nutrition and Public Health in combination with Biochemistry and Chemistry subjects.

The Department of Applied Nutrition is committed towards disseminating Nutrition Education to the students with curriculum oriented towards enriching their knowledge in food , nutrition dietetics and community health enabling them take on endeavours in the future as nutritionists, dieticians, faculty, research associates, project officers, in nutrition research institutions ,hospitals, hotels, corporate establishments, health organizations at national and international levels.

Significance

The Department of Applied Nutrition resonates with the idea of the institution that women need education to be empowered and liberated to in order make people make the right dietary choices and make way for a healthy society. The department constantly strives to instil in students the need to keep them updated regarding the current trends in the field of nutrition to be employment-ready.

Vision

Train the future nutrition leaders to emerge as strong dietetic professionals.

Mission

- Provide credible, current and practical information on nutrition to students through high quality teaching and training methods.
- Inspiring healthy eating and food choices in order to enable students develop knowledge and skills in advocating health.
- Encourage the effective application of nutrition knowledge to improve human health and well-being enhancing professional skills in students

2. Faculty information

| Sl. No | Name of Staff | Designation | Qualification | Years of Experience |
|---------------------|----------------------|---------------------|---------------|---------------------|
| Teaching | | | | |
| 1 | Chitkala S Rajan | HOD | M.Sc. NET | 19 years |
| 2 | Aminah Omer Siddiqui | Assistant Professor | M.Sc. , B.Ed | 2 ½ years |
| 3 | Afreen Siddiqui | Assistant Professor | M.Sc | 4 ½ years |
| 4 | Ch.Sravanthi | Assistant Professor | M.Sc., NET | 1 year |
| 5 | D Rajini | Assistant Professor | M.Sc. , SET | 7 years |
| Non-Teaching | | | | |
| 5 | Yadamma | Lab Assistant | BCom | ----- |
| 6 | K. Eshwar | Attender | | 21 years |
| 7 | P.Rukmini | Ayah | | 6 years |

3. Academic Programmes offered

Under-graduate programs

Osmania University introduced the Semester system in the year 2016 and with a few additional courses like Ability Enhancement Compulsory Course (AECC) for 1st year, Skill Enhancement Course (SEC) for 2nd and 3rd year and Generic Elective (GE) for 3rd year.

There was a further syllabus revision in 2019-20 with several major changes in the syllabus and examination pattern. English and Second Language were part of the 3rd year syllabus.

Osmania University introduced the bucket system from the year 2020 for the first time so as to enable students choose any three optional subjects of their choice from life science subjects like Botany, Biochemistry, Chemistry, Microbiology and Zoology with Applied Nutrition .

Sarojini Naidu Vanita MahaVidyalaya offers the following combinations:

1. Botany, Zoology, Applied Nutrition
2. Botany, Chemistry, Applied Nutrition
3. Botany, Biochemistry, Applied Nutrition
4. Biochemistry, Chemistry, Applied Nutrition
5. Microbiology, Chemistry, Applied Nutrition
6. Microbiology, Zoology, Applied Nutrition
7. Microbiology, Biochemistry, Applied Nutrition
8. Zoology, Chemistry, Applied Nutrition

Sanctioned intake and strength for last five years

| Year | Sanctioned Intake | Strength |
|---------|-------------------|----------|
| 2018-19 | 50 | 50 |
| 2019-20 | 50 | 50 |
| 2020-21 | 270 | 109 |
| 2021-22 | 270 | 126 |
| 2022-23 | 270 | 146 |

Postgraduate Program

Department of Nutrition and Dietetics PG was established in the year 2021.

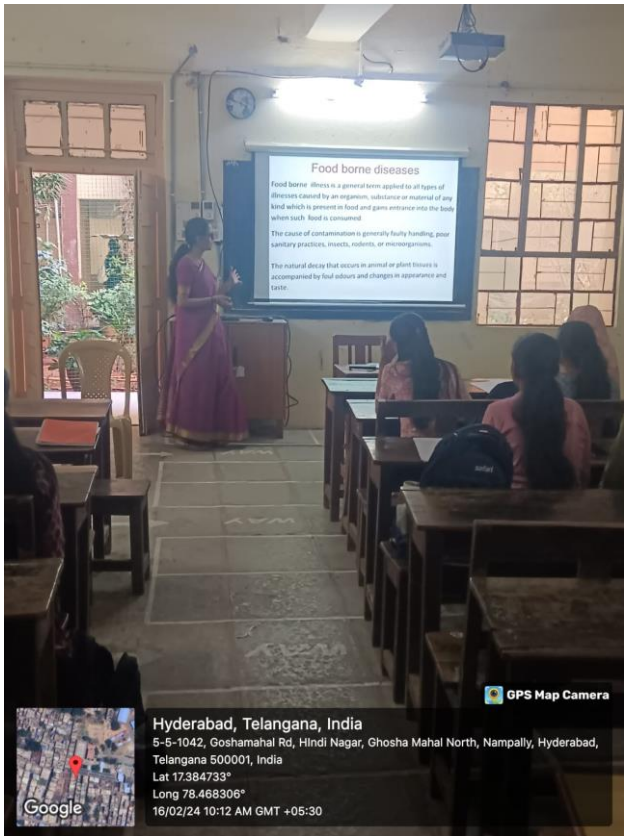
4. Infrastructure and Facilities

The classes are conducted in internet and LCD enabled classrooms. PPT and videos are shown for an elevated learning experience. E sources and study material are shared with the students to make learning easy. Practical manuals are given for practical sessions.

All the allotted classrooms are enabled with internet and LCD.

Details of Classrooms / Laboratory

| Particulars | | Location |
|--|--|---------------------|
| Classrooms - Enabled with LCD and internet | | Ground floor |
| Laboratory | | |
| Cookery Lab | Enabled with LCD and internet Well equipped with kitchen equipment to conduct cookery practical | First floor |
| Food Adulteration and Nutritional Biochemistry lab | Well equipped with equipment, glassware and chemicals, to conduct Food Adulteration and Nutritional Biochemistry lab | |



The Department has 2 laboratories one cookery lab and another lab for biochemistry and food adulteration. The cookery lab is enabled with LCD and internet connection . The students are provided with study material to perform experiments in the lab. The cookery lab is provided with kitchen appliances, utensils, cookware, crockery items and grocery to conduct practical cookery classes. The students wear white uniform, apron, head gear while attending cookery practical classes.

The biochemistry and food adulteration lab has been equipped with chemicals, glassware and equipment to conduct practical classes.

Cookery Lab











shot on moto g™ fusion
\$9CC

Nov 2, 2022, 3:52 PM



Library

| Particulars | No. of books |
|---------------------------|---------------------|
| UG Library | 345 |
| Department Library | 104 |

Library Budget 2018 - 204

| Year | Titles | Volumes | Budget |
|-------------|---------------|----------------|---------------|
| 2018 – 19 | 9 | 16 | Rs.10,000 |
| 2019 –29 | -- | -- | Rs.10,000 |
| 2020 – 21 | -- | -- | Covid |
| 2021 – 22 | 22 | 71 | Rs.10,000 |
| 2022 – 23 | 5 | 5 | Rs.15,000 |
| 2023 – 24 | 21 | 45 | Rs.20,000 |

5. Syllabus

Syllabus Revision 2018 to 2024

- Osmania University introduced CBCS in the year 2016 – 17.
- The syllabus for B.Sc III year students was changed from 4 credit to 3 credit for both Semester V and VI in the year 2018-19
- There was a further revision in syllabus in the year 2019-20. The changes were as under:
 - ✓ Title of Semester I was changed to Basics of Biochemistry from Nutritional Biochemistry I. Title of Semester II was Nutritional Biochemistry
 - ✓ AECC - Gender Sensitization with 2 credit was changed Computer Skills with 2 credit for Semester II
 - ✓ Additional SEC course with 2 credit was introduced for Semester III and IV and was common for all faculties of Arts, Science and Commerce as per UGC
 - ✓ SEC 3 and 4 with 2 credit were removed from Semester V and VI
 - ✓ AECC 3 with 2 credit was removed from Semester VI
 - ✓ GE was changed from 2 credit to 4 credit for Semester VI
 - ✓ Discipline Specific Core (DSC) was removed from Semester V and VI and Discipline Specific Elective (DSE) was retained. DSE syllabus was changed to 4 credit from 3 credit
 - ✓ English and Regional language paper was added into Semester V and VI
 - ✓ Project / Optional Paper was introduced as part of Semester VI syllabus

Curriculum Structure for CBCS introduced in 2016

Approved syllabus: dated 16-06-2017

B.Sc. APPLIED NUTRITION AND PUBLIC HEALTH
(choice based credit system)

| FIRST YEAR SEMESTER I | | | | |
|-----------------------------------|---|--------------------|------------|----------------|
| CODE | COURSE TITLE | COURSE TYPE | HPW | CREDITS |
| BS101 | ENVIRONMENTAL STUDIES | AECC I | 2 | 2 |
| BS102 | ENGLISH | CC- I A | 5 | 5 |
| BS103 | SECOND LANGUAGE | CC -2 A | 5 | 5 |
| BS104 | NUTRITIONAL BIOCHEMISTRY-I | DSC- IA | 4T+2P=6 | 4+1=5 |
| BS105 | OPTIONAL II | DSC -2A | 4T+2P=6 | 4+1=5 |
| BS 106 | OPTIONAL III | DSC- 3A | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 27 |
| SEMESTER II | | | | |
| BS 201 | GENDER SENSITIZATION | AECC 2 | 2 | 2 |
| BS 202 | ENGLISH | CC- I B | 5 | 5 |
| BS 203 | SECOND LANGUAGE | CC -2 B | 5 | 5 |
| BS 204 | NUTRITIONAL BIOCHEMISTRY-II | DSC- IB | 4T+2P=6 | 4+1=5 |
| BS 205 | OPTIONALII | DSC- 2B | 4T+2P=6 | 4+1=5 |
| BS 206 | OPTIONAL III | DSC- 3B | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 27 |
| SECOND YEAR - SEMESTER III | | | | |
| BS 301 | FOOD SERVICE MANAGEMENT SKILLS | SEC - I | 2 | 2 |
| BS 302 | ENGLISH | CC- IC | 5 | 5 |
| BS 303 | SECOND LANGUAGE | CC -2C | 5 | 5 |
| BS 304 | FOOD SCIENCE | DSC - IC | 4T+2P=6 | 4+1=5 |
| BS 305 | OPTIONAL- II | DSC- 2C | 4T+2P=6 | 4+1=5 |
| BS 306 | OPTIONAL- III | DSC- 3C | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 27 |
| SEMESTER IV | | | | |
| BS 401 | QUANTITY FOOD PRODUCTION | SEC - 2 | 2 | 2 |
| BS 402 | ENGLISH | CC- I D | 5 | 5 |
| BS 403 | SECOND LANGUAGE | CC -2 D | 5 | 5 |
| BS 404 | FAMILY & COMMUNITY NUTRITION | DSC – 1D | 4T+2P=6 | 4+1=5 |
| BS 405 | OPTIONAL- II | DSC- 2D | 4T+2P=6 | 4+1=5 |
| BS 406 | OPTIONAL- III | DSC- 3D | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 27 |
| THIRD YEAR – SEMESTER V | | | | |
| BS501 | HOSPITAL ADMINISTRATION SKILLS | SEC - 3 | 2 | 2 |
| BS 502 | COMMUNICATION | AECC 3 | 2 | 2 |

| | | | | |
|---------------------|---|----------|---------|------------|
| BS 503 | CLINICAL DIETETICS | DSC – 1E | 3T+2P=5 | 3+1=4 |
| BS 504 | OPTIONAL- II | DSC – 2E | 3T+2P=5 | 3+1=4 |
| BS 505 | OPTIONAL- III | DSC – 3E | 3T+2P=5 | 3+1=4 |
| BS 506 | A) FOOD SAFETY & QUALITY CONTROL (OR) B) FOOD PRESERVATION | DSE-1E | 3T+2P=5 | 3+1=4 |
| BS 507 | OPTIONAL II A/B/C | DSE – 2E | 3T+2P=5 | 3+1=4 |
| BS 508 | OPTIONAL II A/B/C | DSE – 3E | 3T+2P=5 | 3+1=4 |
| | TOTAL | | | 28 |
| SEMESTER- VI | | | | |
| BS 601 | PATIENT COUNSELLING TECHNIQUES & SKILLS | SEC-4 | 2 | 2 |
| BS 602 | FUNDAMENTALS OF FOOD & NUTRITION | GE - 1 | 2T | 2 |
| BS 603 | PUBLIC HEALTH | DSC- 1F | 3T+2P=5 | 3+1=4 |
| BS 604 | OPTIONAL- II | DSC – 2F | 3T+2P=5 | 3+1=4 |
| BS 605 | OPTIONAL- III | DSC – 3F | 3T+2P=5 | 3+1=4 |
| BS 606 | A) FOOD HYGIENE &SANITATION (OR) B) ADVANCED DIETETICS | DSE – 1F | 3T+2P=5 | 3+1=4 |
| BS 607 | OPTIONAL II A/B/C | DSE – 2F | 3T+2P=5 | 3+1=4 |
| BS 608 | OPTIONAL II A/B/C | DSE – 3F | 3T+2P=5 | 3+1=4 |
| | TOTAL | | | 28 |
| | TOTAL CREDITS | | | 164 |

CC-Core Course

AECC- Ability Enhancement Compulsory Course

DSC- Discipline Specific Course

SEC- Skill Enhancement Course

DSE- Discipline Specific Elective

GE- General Elective

HPW- Hours Per Week

**SUMMARY OF CREDITS FOR B.SC (APPLIED NUTRITION & PUBLIC HEALTH)
PROGRAM**

| S.NO | COURSE CATEGORY | NO.OF COURSES | CREDITS PER COURSE | CREDITS |
|------|-------------------------|---------------|--------------------|------------|
| 1. | AECC | 3 | 2 | 6 |
| 2. | SEC | 4 | 2 | 8 |
| 3. | CC | 8 | 5 | 40 |
| 4. | DSC | 12 | 5 | 60 |
| 5. | DSC | 6 | 4 | 24 |
| 6. | DSE | 6 | 4 | 24 |
| 7. | GE | 1 | 2 | 2 |
| | TOTAL | 40 | | 164 |
| | OPTIONALS(TOTAL) | 24 | | 108 |

Chairman Board of Studies, Nutrition, OU.

B.Sc., (APPLIED NUTRITION AND PUBLIC HEALTH) - CBCS

Discipline specific Course Papers (credit: 05 each) (CP 1-4)

- 1) Nutritional Biochemistry (1) (4) + Lab (2)
- 2) Nutritional Biochemistry (2) (4) + Lab (2)
- 3) Food Science (4) + Lab (2)
- 4) Family and Community Nutrition (4) + Lab (2)

Discipline Specific Elective Papers (credit: 05 each) (DSE 1, DSE 2): Choose 2

- 1) Food Preservation (4) + Lab (2)
- 2) Sanitation, Hygiene (4) + Lab (2)
- 3) Clinical Dietetics (4) + Lab (2)
- 4) Public Health (4) + Lab (2)

Skill Enhancement Course (any four) (Credit: 02 each)-SEC 1 to SEC 4

- 1) Food Service Management Skills
- 2) Quantity Food Production Skills
- 3) Hospital Administration Skills
- 4) Patient Counseling Skills

Telangana State Council Of Higher Education, Govt. Of Telangana**B.Sc. CBCS Common Core Syllabi for All Universities in Telangana****B.Sc. Applied Nutrition and Public Health**

| FIRST YEAR SEMESTER I | | | | |
|-----------------------------|---|-------------|---------|-----------|
| CODE | COURSE TITLE | COURSE TYPE | HPW | CREDITS |
| BS101 | ENVIRONMENTAL STUDIES | AECC I | 2 | 2 |
| BS102 | ENGLISH | CC- I A | 4 | 4 |
| BS103 | SECOND LANGUAGE | CC -2 A | 4 | 4 |
| BS104 | BASICS OF BIOCHEMISTRY | DSC- 1A | 4T+2P=6 | 4+1=5 |
| BS105 | OPTIONAL II | DSC -2A | 4T+2P=6 | 4+1=5 |
| BS 106 | OPTIONAL III | DSC- 3A | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 25 |
| SEMESTER II | | | | |
| BS 201 | GENDER SENSITIZATION | AECC 2 | 2 | 2 |
| BS 202 | ENGLISH | CC- I B | 4 | 4 |
| BS 203 | SECOND LANGUAGE | CC -2 B | 4 | 4 |
| BS 204 | NUTRITIONAL BIOCHEMISTRY | DSC- IB | 4T+2P=6 | 4+1=5 |
| BS 205 | OPTIONAL II | DSC- 2B | 4T+2P=6 | 4+1=5 |
| BS 206 | OPTIONAL III | DSC- 3B | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 25 |
| SECOND YEAR SEMESTER III | | | | |
| BS 301 | FOOD SERVICE MANAGEMENT | SEC - I | 2 | 2 |
| BS 302 | <i>UGC - FRAMED SYLLABUS</i> | SEC - II | 2 | 2 |
| BS 303 | ENGLISH | CC- IC | 3 | 3 |
| BS 304 | SECOND LANGUAGE | CC -2C | 3 | 3 |
| BS 305 | FOOD SCIENCE & TECHNOLOGY | DSC - IC | 4T+2P=6 | 4+1=5 |
| BS 306 | OPTIONAL- II | DSC- 2C | 4T+2P=6 | 4+1=5 |
| BS 307 | OPTIONAL- III | DSC- 3C | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 25 |
| SEMESTER IV | | | | |
| BS 401 | QUANTITY FOOD PRODUCTION | SEC - 3 | 2 | 2 |
| BS 402 | <i>UGC - FRAMED SYLLABUS</i> | SEC - 4 | 2 | 2 |
| BS 403 | ENGLISH | CC- I D | 3 | 3 |
| BS 404 | SECOND LANGUAGE | CC -2 D | 3 | 3 |
| BS 405 | FAMILY & COMMUNITY NUTRITION | DSC - 1D | 4T+2P=6 | 4+1=5 |
| BS 406 | OPTIONAL- II | DSC- 2D | 4T+2P=6 | 4+1=5 |
| BS 407 | OPTIONAL- III | DSC- 3D | 4T+2P=6 | 4+1=5 |
| | TOTAL | | | 25 |
| THIRD YEAR SEMESTER V | | | | |
| BS 501 | ENGLISH | CC-1 E | 3 | 3 |
| BS 502 | SECOND LANGUAGE | CC-2E | 3 | 3 |
| BS 503 | FUNDAMENTALS OF FOOD & NUTRITION | GE | 4 | 4 |
| BS 504 | A) CLINICAL DIETETICS (OR) B) FOOD SAFETY & QUALITY CONTROL | DSE-1E | 4T+2P=6 | 4+1=5 |

| | | | | |
|---------------------|--|----------|---------|------------|
| BS 505 | OPTIONAL II A/B/C | DSE – 2E | 4T+2P=6 | 4+1=5 |
| BS 506 | OPTIONAL II A/B/C | DSE – 3E | 4T+2P=5 | 4+1=5 |
| | TOTAL | | | 25 |
| SEMESTER- VI | | | | |
| BS 601 | ENGLISH | CC-1F | 3 | 3 |
| BS 602 | SECOND LANGUAGE | CC-2F | 3 | 3 |
| BS 603 | A) PUBLIC HEALTH, FOOD HYGIENE & SANITATION (OR) B) NUTRITION THERAPY IN CRITICAL CONDITIONS | DSE – 1F | 4T+2P=6 | 4+1=5 |
| BS 604 | OPTIONAL II A/B/C | DSE – 2F | 4T+2P=6 | 4+1=5 |
| BS 605 | OPTIONAL II A/B/C | DSE – 3F | 4T+2P=6 | 4+1=5 |
| BS 606 | PROJECT WORK / ADVANCED NUTRITION | | 4 | 4 |
| | TOTAL | | | 25 |
| | TOTAL CREDITS | | | 150 |

CC-Core Course

AECC- Ability Enhancement Compulsory Course

DSC- Discipline Specific Course

SEC- Skill Enhancement Course


DSE- Discipline Specific Elective


GE- General Elective

HPW- Hours per Week

P- Practical


T- Theory


Dr. Bhanuori Manjula, Ph.D.
Chairman
Board of Studies, Nutrition
Osmania University
Hyderabad.


HEAD
Department of Biochemistry
University College of Science
Osmania University

Telangana State Council of Higher Education, Govt. of Telangana
B.Sc. CBCS Common Core Syllabi for All Universities in Telangana
Proposed scheme for choice-based credit system in B. Sc. Applied Nutrition
and Public Health

| S.NO | COURSE CATEGORY | NO.OF COURSES | CREDITS PER COURSE | CREDITS |
|------|--|---------------|---------------------------------------|------------|
| 1. | AECC | 2 | 2 | 4 |
| 2. | SEC | 4 | 2 | 8 |
| 3. | CC | 2 | 4 (I Year), 3 (II Year), 3 (III Year) | 40 |
| 4. | DSC | 20 | 5 | 60 |
| 6. | DSE | 10 | 5 | 30 |
| 7. | GE | 1 | 4 | 4 |
| 8. | PROJECT WORK/ CORE PAPER | 1 | 4 | 4 |
| | TOTAL | 37 | | 150 |
| | CREDITS UNDER NON CGPA | | | |
| | NSS / NCC/ SPORTS/ EXTRA CURRICULAR | | UPTO 6 (2 IN EACH YEAR) | |
| | SUMMER INTERNSHIP | | UPTO 4 (2 IN EACH YEAR) | |


 Dr. Bharathi Menjula, Ph.D.
 Chairman
 Board of Studies, Nutrition
 Osmania University
 Hyderabad.


 HEAD
 Department of Biochemistry
 University College of Science
 Osmania University

Applied Nutrition 2023-2024 – Semester I, III,V - Faculty Workload

| Faculty | Sem I | | Sem III | | Sem V | | GE | Total |
|-----------------------|--------|-----------|---------|-----------|--------|-----------|----|-----------|
| | Theory | Practical | Theory | Practical | Theory | Practical | | |
| Chitkala S Rajan | | 3 | 2 | 9 | 2 | | | 16 |
| Aminah Omer Siddiqui | | | 6 | 12 | | | | 18 |
| Afreen Siddiqui | | | | | 6 | 12 | | 18 |
| C Sravanthi | | 6 | | | | 6 | 8 | 20 |
| D Rajini | 8 | 9 | | | | | | 17 |
| Total workload | | | | | | | | 89 |

6. Time Table

Applied Nutrition Semester I, III, V - Time-table 2023-24

| Day | Sem | I | II | III | L U N C H | IV | V | VI |
|-----------|-----|---|----------------|---------------|-----------------------|---|--------------|--------------|
| | | 10:00 to 11:00 | 11:00 to 12:00 | 12:00 to 1:00 | | 1:30 to 2:30 | 2:30 to 3:30 | 3:30 to 4:30 |
| Monday | I | Rajini/Sravanthi – Basics of Biochemistry (1) | | | | Rajini- 1 | | |
| | III | | | CSR 2D | | CSR/Aminah- Food Science and Technology (1) | | |
| | V | Afreen-3C | | | | Afreen/Aminah-3D | | |
| Tuesday | I | Rajini/Sravanthi – Basics of Biochemistry (2) | | | | Rajini- 2 | | |
| | III | | | Aminah-2D | | Aminah-2C | | |
| | V | Afreen-3C | Afreen-3D | | | | | |
| Wednesday | I | | Rajini- 1 | Rajini- 2 | | | | |
| | III | CSR 2C | | | | | | |
| | V | | CSR 3D | | | Afreen/Aminah- Clinical Dietetics – 3C Sravanthi-GE | | |
| Thursday | I | Rajini–Basics of Biochemistry (3) | | | | | | |
| | III | | Aminah-2C | | | | | |
| | V | Afreen-3C | Afreen-3D | | | Sravanthi-GE | | |
| Friday | I | Rajini-2 | Rajini- 1 | | | | | |
| | III | Aminah-2C | Aminah-2D | | | CSR/Aminah-Food Science and Technology (2) | | |
| | V | CSR 3C | | | | | Sravanthi-GE | |
| Saturday | I | | | Rajini- 1 | | Rajini- 2 | | |
| | III | | Aminah-2D | | | CSR/Aminah – Food Science and Technology (3) | | |
| | V | Afreen/Sravanthi- Clinical Dietetics –3D | | | | | | Sravanthi-GE |

Nutrition 2023-2024 – Semester II, IV,VI - Faculty Workload

| Faculty | Sem II | | Sem IV | | Sem VI | | Optional Paper | Total |
|-----------------------|--------|-----------|--------|-----------|--------|-----------|----------------|-----------|
| | Theory | Practical | Theory | Practical | Theory | Practical | | |
| Chitkala S Rajan | | | | 9 | 8 | | | 17 |
| Aminah Omer Siddiqui | | | 8 | 12 | | 3 | | 23 |
| C Sravanthi | | 6 | | | | 9 | 4 | 19 |
| D Rajini | 8 | 12 | | | | | | 20 |
| Total workload | | | | | | | | 89 |

Applied Nutrition Semester II, IV, VI Timetable -2023-2024- Semester II, IV, VI

| Day | Sem | I | II | III | IV | V | VI |
|-----------|-----|---|----------------|---------------------------|---|--------------|---------------|
| | | 10:00 to 11:00 | 11:00 to 12:00 | 12:00 to 1:00 | | 1:30 to 2:30 | 2:30 to 3:30 |
| Monday | II | Rajini/Sravanthi – Nutritional Biochemistry (1) | | | Rajini - 1 | | |
| | IV | | | Aminah-2D | CSR/Aminah-Family and Community Nutrition (1) | | |
| | VI | CSR-3C | | | CSR-3D | | |
| Tuesday | II | Rajini/Sravanthi – Nutritional Biochemistry (2) | | | Rajini - 2 | | |
| | IV | | | Aminah-2D | Aminah-2C | | |
| | VI | CSR-3C | CSR - 3D | Sravanthi -Optional Paper | | | |
| Wednesday | II | | Rajini-1 | Rajini- 2 | | | |
| | IV | Aminah - 2C | | | | | |
| | VI | | CSR 3D | Sravanthi -Optional Paper | Aminah-Food Adulteration – 3C | | |
| Thursday | II | Rajini– Nutritional Biochemistry (3) | | | | | |
| | IV | | Aminah -2C | | | | |
| | VI | CSR-3C | CSR - 3D | Sravanthi -Optional Paper | | | |
| Friday | II | Rajini-2 | Rajini-1 | | | | |
| | IV | Aminah -2C | Aminah -2D | | CSR/Aminah-Family and Community Nutrition (2) | | |
| | VI | CSR 3C | | | | | Sravanthi-GE |
| Saturday | II | | | Rajini- 1 | | Rajini- 2 | |
| | IV | | Aminah 2 D | | CSR/Aminah – Food Science and Technology | | |
| | VI | Aminah/Sravanthi- Food Adulteration –3D | | | | | Sravanthi-opt |

**L
U
N
C
H**

7. Teaching Methodology

Proper nutrition should be an integral part of daily life as it contributes to the physiological, mental and social well-being of individuals. Nutritional well-being is determined by consuming safe food and balanced diet that contains adequate amounts of nutrients in relation to bodily requirements. Nutrition education has been shown to have a significant effect in helping make informed healthy food choices.

Department of Applied Nutrition believes that in ever-evolving field of nutrition, it is imperative to ensure that nutrition professionals are equipped with advanced nutritional expertise. Active teaching methodologies can substantially bolster the nutrition proficiency of student thereby fostering healthful eating habits. An effective and affordable delivery of nutrition education depends on sound training. The knowledge thus imparted to students can be impactful to develop in them a keen interest in the subject and helps evolve as good dietetic professionals in the future.

Nutrition education at Sarojini Naidu Vanita Maha Vidyalaya through its innovative learning methodologies is envisioned to achieve three important objectives:

- convey credible information / facts about nutrition through all 3 years of graduate study
- change unhealthy attitudes among students to healthy eating practices
- encourage learning good written and oral communication skills to achieve nutritional goals in profession

Classroom Teaching

- ICT enabled Classes
- E-resources – PPT, video , images on related topics
- Study material for all semesters
- Assignments based on theory and practical sessions
- Emphasis on improving oral and written communication skills
- Use of AV aids
- Project work

Practical Sessions

- Lab manuals given for all semesters
- Demonstration
- Group discussion
- Use of LCD and internet

Other Methods

- Webinars
- Demonstrations
- Field trips
- Seminar / Symposium/ Workshop

8. Result Analysis

2018- 19 - Semester I, III, V

| Sl No | Year | Paper | No. Appeared | No. Passed | Pass % |
|-------|------|-------|--------------|------------|--------|
| 1 | I | I | 48 | 45 | 93.7 |
| 2 | II | III | 44 | 44 | 100 |
| 3 | V | V | 44 | 44 | 100 |
| | | /VI | 44 | 44 | 100 |

Result Analysis 2018- 19 - Semester II, IV, VI

| Sl No | Year | Paper | No. Appeared | No. Passed | Pass % |
|-------|------|-------|--------------|------------|--------|
| 1 | I | II | 45 | 45 | 100 |
| 2 | II | IV | 44 | 44 | 100 |
| 3 | III | VII | 43 | 43 | 100 |
| | | VIII | 44 | 44 | 100 |

Result Analysis Report 2018-19

Semester I, III, V

Semester I

- 48 students appeared and 45 students passed..
- The students were slow learners and found it difficult to cope up with studies.
- They were counseled to refer study material and practice important questions to perform better.
- They were asked her to approach department in case of any doubts

Semester III

- 44 students appeared and all passed. Result was 100%.
- The students were encouraged to work hard and maintain the same in further semesters

Semester V

- Result was 100% in both Paper VII and VIII.
- Paper V, 44 students appeared and all passed.
- Paper VI, 44 students appeared and all passed.
- The students were encouraged to work hard and maintain the same in further semesters

Semester II, IV, VI

Semester II

- 48 students appeared and all 48 students passed. Result was 100%.
- The students were encouraged to work hard and maintain the same in further semesters

Semester IV

- 44 students appeared and all passed. Result was 100%.
- The students were encouraged to work hard and maintain the same in further semesters

Semester VI

- Result was 100% in both Paper VII and VIII
- Paper VII, 44 students appeared and all passed.
- Paper VIII, 44 students appeared and all passed.
- The students were encouraged to work hard and maintain the same in further semesters

Result Analysis 2019 – 20 -Semester I, III, V

| Sl No | Year | Paper | No. Appeared | No. Passed | Pass % |
|--------------|-------------|--------------|---------------------|-------------------|---------------|
| 1 | I | I | 45 | 44 | 97.7 |
| 2 | II | III | 44 | 44 | 100 |
| 3 | V | V | 45 | 45 | 100 |
| | | VI | 45 | 45 | 100 |

Result Analysis 2019 – 20 - Semester II, IV, VI

| Sl No | Year | Paper | No. Appeared | No. Passed | Pass % |
|--------------|-------------|--------------|---------------------|-------------------|---------------|
| 1 | I | II | ----- | ----- | ----- |
| 2 | II | IV | ----- | ----- | ----- |
| 3 | III | VII | 45 | 45 | 100 |
| | | VIII | 45 | 45 | 100 |

Semester exams were conducted only for Semester VI due to Covid

Result Analysis Report 2019-20

Semester I, III, V , VI

Semester I

- 45students appeared and 44students passed. 1 students could not clear the exam
- The student was slow learner and irregular to classes and found it difficult to cope up with studies.
- She was counseled to attend classes regularly and refer study material and practice important questions to perform better.
- She was asked her to approach department in case of any doubts

Semester III

- 44 students appeared and all passed, Result was 100%.
- The students were encouraged to work hard and maintain the same in all semesters

Semester V

- Result was 100% in both Paper VII and VIII
- Paper V, 45 students appeared and all passed.
- Paper VI, 45 students appeared and all passed.
- The students were encouraged to work hard and maintain the same in all semesters

Semester II, IV, VI

Semester II

- Semester II, 42 students appeared and 41 passed. 1 student was unable to clear the exam
- On enquiring, it was found that she was not very keen on studying. She was counseled about importance of education
- She was counseled to attend classes regularly and refer study material and practice important questions to perform better.
- She was asked her to approach department in case of any doubts

Semester IV

- Semester IV, 44 students appeared and all passed. Result was 100%.
- Students were encouraged them to maintain the same.

Semester VI

- Semester VI, Result was 100% in both Paper VII and VIII
- Paper VII, 45 students appeared and all passed.
- Paper VIII, 45 students appeared and all passed.

Result Analysis of Semester I,III, V, VI - 2020-21

| | Total strength | No. Appeared | No. Passed | Overall pass% | Students above 90% | Students above 80% |
|----------------|-----------------------|---------------------|-------------------|----------------------|---------------------------|---------------------------|
| Sem I | 109 | 105 | 96 | 91.4 | Nil | 31 |
| Sem III | 43 | 41 | 41 | 100 | 6 | 22 |
| Sem V | 44 | 44 | 44 | 100 | 10 | 21 |
| | | 44 | 44 | 100 | 6 | 37 |
| Sem VI | 44 | 44 | 42 | 95.4 | 3 | 16 |
| | | 44 | 44 | 100 | 11 | 24 |

Result Analysis of Semester II,IV 2020-21

| | Total strength | No. Appeared | No. Passed | Overall pass% | Students above 90% | Students above 80% |
|---------------|-----------------------|---------------------|-------------------|----------------------|---------------------------|---------------------------|
| Sem II | 107 | 105 | 92 | 87.6 | | |
| Sem IV | 42 | 42 | 42 | 100 | | |

Result Analysis Report 2020 -21

Semester I, III, V - The classes were taken online for all the 3 semesters due to/covid.

Semester I

- Semester I, 105 students appeared and 98 students passed .7 students were unable to clear the exam.
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groupst in case of any doubts

Semester III

- Semester III, 41 students appeared and all passed. Result was 100%
- The students were encouraged to work hard and maintain the same in all semesters

Semester V

- Semester V, Result was 100% in both Paper V and VI.
- Paper V, 44 students appeared and all passed.
- Paper VI, 44 students appeared and all passed.
- The students were encouraged to work hard and maintain the same in all semesters

Semester VI

- Paper VII, 44 students appeared and 42students passed
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared Google classroom and asked them to approach department via whats app group in case of any doubts
- Paper VIII, 44 students appeared and all of them passed. Result was 100%
- The students were appreciated for their effort

Semester II, IV

Semester II

- Semester II, 105 students appeared and 92 students passed. 13 students were unable to clear the exam
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared Google classroom and asked them to approach department via whats app groups in case of any doubts

Semester IV

- 42 students appeared and all passed. Result was 100%.
- Encouraged them to maintain the same

Result Analysis of Semester I, III, V 2021-2022

| | Total strength | No. Appeared | No. Passed | Overall pass% | Students above 90% | Students above 80% |
|---------|----------------|--------------|------------|---------------|--------------------|--------------------|
| Sem I | 127 | 126 | 122 | 96 | 7 | 49 |
| Sem III | 105 | 105 | 101 | 96.1 | 5 | 30 |
| Sem V | 42 | 42 | 41 | 98 | 14 | 13 |

Result Analysis Semester II, IV,VI 2021-2022

| | Total strength | No. Appeared | No. Passed | Overall pass% | Students above 90% | Students above 80% |
|--------|----------------|--------------|------------|---------------|--------------------|--------------------|
| Sem II | 121 | 118 | 102 | 86 % | 10 | 19 |
| Sem IV | 105 | 102 | 91 | 89 % | 13 | 27 |
| Sem VI | 42 | 42 | 42 | 100 % | 14 | - |

Semester II, IV, VI

Semester I

- Semester I, 125 students appeared and 122 students passed. 3 students were unable to clear the exam
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared Google classroom and asked them to approach department via whats app groups or in person in case of any doubts

Semester III

- Semester III, 105 students appeared and 102 passed. 3 students were unable to clear the exam
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared Google classroom and asked them to approach department via whats app groups or in person in case of any doubts

Semester V

- Semester V, 42 appeared and all of them passed. Result was 100%.
- The students were encouraged them to maintain the same

Semester II, IV, VI

Semester II

- Semester II, 118 students appeared and 102 students passed.. 16 students were unable to clear the exam
- After enquiring it was found that these students did not attend online classes regularly and hence were unable to cope up with syllabus that was missed
- Some also cited language problem as a problem. They were asked to contact department for any doubts if any explanation was needed in local language
- They were counseled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts

Semester IV

- Semester IV, 102 appeared and 91 passed. 9 students were unable to clear the exam
- After enquiring it was found that these students did not attend online classes regularly and hence
- were unable to cope up with syllabus that was missed
- They were counseled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts
- Some cited lack of preparation time for exams
- They were counseled to manage time and focus seriously on studies for better performance in next semester

Semester VI

- Semester VI, 42 appeared and all of them passed. Result was 100%. They were encouraged to maintain the same.

Result Analysis of Semester I, III, V 2022-23

| | Total strength | No. Appeared | No. Passed | Overall pass% | Students above 90% | Students above 80% |
|----------------|----------------|--------------|------------|---------------|--------------------|--------------------|
| Sem I | 141 | 140 | 116 | 83% | 7 | 32 |
| Sem III | 118 | 118 | 113 | 96% | 5 | 62 |
| Sem V | 105 | 105 | 100 | 92% | 1 | 28 |

Result Analysis of Semester II, IV, VI 2022-23

| | Total strength | No. Appeared | No. Passed | Overall pass % | Students above 90% | Students above 80% |
|---------------|----------------|--------------|------------|----------------|--------------------|--------------------|
| Sem II | 142 | 140 | 116 | 82% | 6 | 25 |
| Sem IV | 118 | 116 | 113 | 97% | 10 | 32 |
| Sem VI | 105 | 105 | 102 | 97% | 1 | 32 |

Result Analysis Report 2022 -23

Semester I

- Semester I, 141 students appeared and 122 students passed. 3 students were unable to clear the exam
- After enquiring it was found that these students did not attend classes regularly and hence were unable to cope up with syllabus that was missed
- They were counselled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts

Semester III

- Semester III, 118 students appeared and all of them passed
- They were appreciated and encouraged to maintain the same

Semester V

- Semester V, 105 appeared and all of them passed. Result was 100%.
- The students were encouraged them to maintain the same

Semester II, IV, VI

Semester II

- Semester II, 142 students appeared and 140 students passed. 2 students unable to clear the exam
- The students were irregular to classes.
- They were counselled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts

Semester IV

- Semester IV, 118 appeared and 116 passed. 2 students were unable to clear the exam
- After enquiring it was found that these students did not attend classes regularly and hence were unable to cope up with syllabus that was missed
- They were counselled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts
- They were counselled to manage time and focus seriously on studies for better performance in next semester

Semester VI

- Semester VI, 105 appeared and 102 passed. 3 students who were unable to clear the exam were counselled to approach department for any help

Result Analysis of Semester I, III, V 2023-24

| | Total strength | No. Appeared | No. Passed | Overall pass % | Students above 90% | Students above 80% |
|----------------|-----------------------|---------------------|-------------------|-----------------------|---------------------------|---------------------------|
| Sem I | 121 | 121 | 80 | 66% | 1 | 8 |
| Sem III | 134 | 133 | 130 | 98% | 6 | 56 |
| Sem V | 116 | 116 | 114 | 98% | 7 | 49 |

Result Analysis Report of 2023-24

Semester I

- Semester I, 121 students appeared and 80 students passed. 40 students were unable to clear the exam
- The students who joined late missed a considerable part of the syllabus and hence were not able to clear the exam
- They were counselled to attend classes regularly and refer study material and ppt shared google classroom and asked them to approach department via whats app groups or in person in case of any doubts so as to clear the backlog in the next exam
- Some students cited they performed well and were disappointed with the result
- They were asked to apply for revaluation
- 17 students passed after revaluation their results are as below

Semester III

- Semester III, 134 students appeared and 133 passed
- They were appreciated and encouraged to maintain the same
- The 1 student who was unable to clear the exam was counselled to contact department for any help to be able to clear the backlog in the next exam

Semester V

- Semester V, 116 appeared and all of them passed. Result was 100%.
- The students were appreciated and encouraged to maintain the same

9. Department Activities

2018-19

1. Nutriclub conducted a ‘Workshop on Sports Nutrition’ on August 8th 2018. The speakers were Dr.Syed Faheem, Physiotherapist, Mr.Mohammed Fareed, Fitness trainer, Ms.Shabana Syeda, Nutritionist. The workshop focussed on the importance of right posture in different sports, care in case of injury and diet for sports person.





- As part of National Nutrition month celebrations, the Department of Applied Nutrition and Biochemistry conducted an awareness program on September 25th 2018 on the theme “Anaemia and importance of hygiene among girls”. The guest speaker was Dr.Latha Sashi, Chief Dietician Fernandez Hospitals Hyderabad.



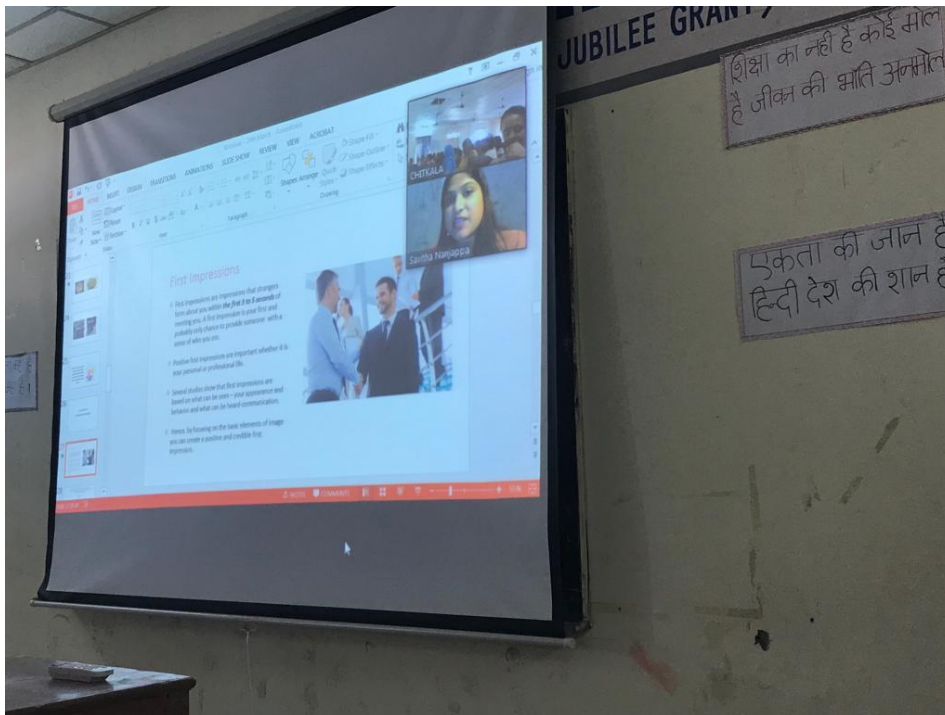


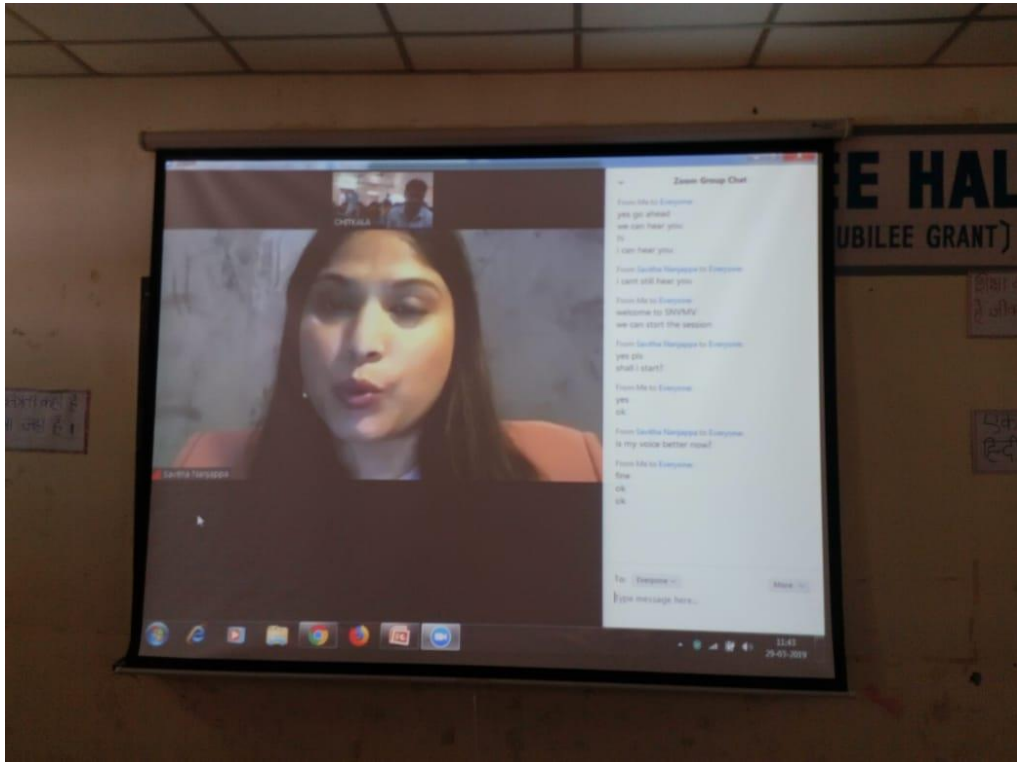
3. Guest lecture on Assessment of Nutritional Status in the Community on March 27th 2019 by Ms. Vahini Rayudu, Senior Research Fellow – UGC, Food Chemistry Division, NIN, ICMR.





4. Webinar was conducted on the topic “Communication Key” on 29th March 2019, and April 3rd 2019 . The speaker was Ms. Savitha Nanjappa,





Students of BCAN 3rd year and 2nd year participated in a one day training program on “Quantity Food Production” conducted by Department of Hotel Management and Catering Technology, Kamala Nehru Polytechnic, Exhibition Grounds Nampally on 13th March 2020.

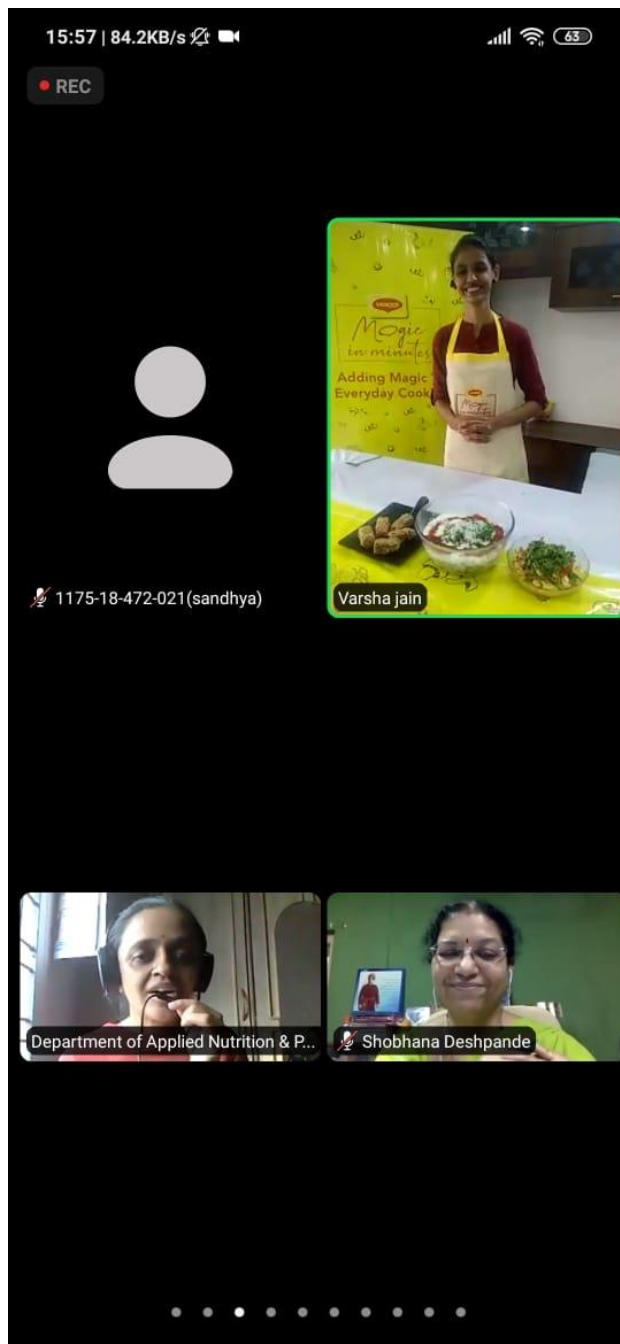






2020-21

1. Virtual cookery demonstration in collaboration with Nestle was conducted on 30th September 2020. Various recipes using Nestle products were virtually demonstrated via Zoom platform. Recipes were shared for the students to try out later.



2. Webinar Eye Strain in collaboration with HEDUCATE solutions Hyderabad was conducted in virtual mode via Zoom platform on 23rd February 2021.



3. Demonstrative workshop on “Nutritious Food for Adolescents” was conducted on March 6th 2021 on the occasion of International Women’s Day. This workshop was an outreach program for parents of adolescents. It was an interactive session followed by display of nutritious meal plan for adolescents.



Interaction with audience







REDMI NOTE 5 PRO
MI DUAL CAMERA

2021-22

1. Chitkala S Rajan delivered lecture on “Importance of Nutrition for Adolescents” on 24th September 2021 for NSS Wing of SNVMV commemorating NSS formation day.



2022-23

An open day was conducted on 7th April, 2022 for the girls of 10th standard of Shankerji Memorial High School.



Assimilate Nutrition Conclave was held on 15th May, 2022 at Tagore Hall, Osmania University by Medvarsity. There was participation from the industry and hospitals, and the students were given an overview of job prospects



Staff and students attended a symposium held at GITAM University as a part of National Nutrition week celebrations, conducted on 2nd September, 2022.



Senior Dietitian Asma Sajid, Fernandez Hospitals was invited on 23rd September, 2022 to deliver a talk on “Eat Smart = Eat Healthy” as a part of National Nutrition Month Celebrations



Alumni meet was organised on 3rd December, 2022 and Nutri Club put up food stalls- “nutri bites”. The students put up various dishes for sale including appetisers, starters, snacks and desserts.



ROJINI NAIDU VANITA MAHA VIDYALAYA
 (Affiliated to Osmania University, Recognised by TSBE & Approved by AICTE)
 (Sponsored & Managed Jointly by Osmania Graduates' Association and Exhibition Society)
 Exhibition Grounds, Nampally, Hyderabad - 500001
 NAAC Accredited 3rd Cycle

Department of Applied Nutrition

NUTRI CLUB

ALUMNAE REUNION 2022

Nutri Bites MENU

Welcome Drink

VEGGIE CORNER

| | |
|---------------------------------------|----------|
| Refreshing assortment - Protein Salad | Rs. 30/- |
| Veg Ecstasy - Russian Salad | Rs. 30/- |
| Veggie Twist - Veg cutlet | Rs. 30/- |

FEEL THE HEAT WITH SPICY TREATS

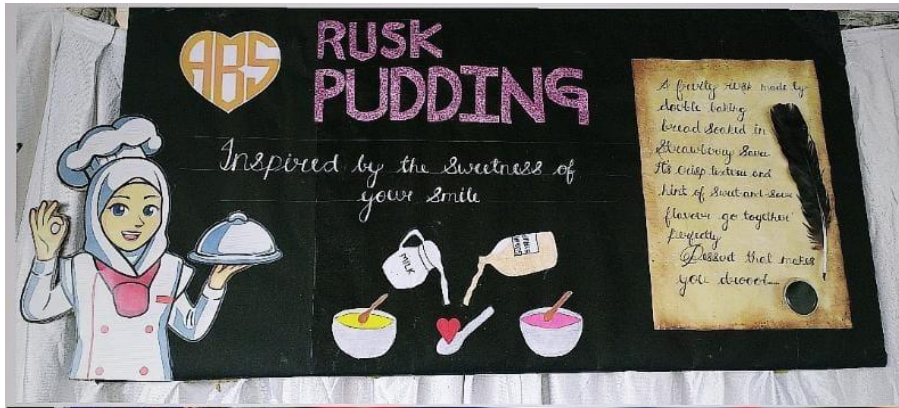
| | | |
|---------------------|-----------|----------|
| Wow Bhaji | Pav Bhaji | Rs. 50/- |
| Hot Shot | Pani Puri | Rs. 20/- |
| Tangy Burst | Dahi puri | Rs. 40/- |
| Shell Thrill | Tacos | Rs. 50/- |
| Desi Wrap | Frankie | Rs. 50/- |
| Crunchy Crave | Kachori | Rs. 30/- |

SUGAR RUSH

| | | |
|----------------------|-------------------|----------|
| Green Mania | Lauki Kheer | Rs. 30/- |
| Fruity Affair | Fruit Custard | Rs. 30/- |
| Red Fantasy | Gajar Halwa | Rs. 30/- |
| Divine Delight | Rusk Pudding | Rs. 30/- |
| Dark Temptation ... | Chocolate Cupcake | Rs. 30/- |

Bon Appetit
Food lovers

03-12-2022





Departmental Activities (2023-2024)

Aminah Omer Siddiqui, Afreen Siddiqui, C Sravanthi attended MS-Office Workshop from 1st -10th July, 2023 organized by the Department of Computer Science, SNVMV.

The faculty of Applied Nutrition attended Online NEP Orientation and Sensitization Programme from 12th October, 2023 to 21st October, 2023 organized by UGC- Malviya Mission Teacher Training Program

Chitkala S Rajan attended SUPOSHAN State Level Workshop organized by Samskruti foundation and MIDHANI on 31st October, 2023.

Chitkala S Rajan and students of II and Final year attended SUPOSHAN Cluster Level Workshop organized by Samskruti foundation on 6th November, 2023.

B Pranathi (Alumnae) was invited for an interactive session on Career opportunities in the field of Nutrition on 21st November 2023.

Aminah Omer Siddiqui attended the 55th Annual Conference of Nutrition Society of India themed “Nutricereals for One Health” on 25th-26th November, 2023.

C Sravanthi along with the students of final year attended “Impact of Millet Year 2023 Campaign on Knowledge and Practice of Millet Consumption – A Multi-stakeholder Workshop” on 26th February, 2024.

Department of Applied Nutrition celebrated National Science Day conducted on 29th February, 2024 on the theme- “Science for Sustainable Future” by displaying Meal options for an Adolescent girl and recipes rich in Calcium and Iron.

10. Student Support Services

The department provides constant support to students to make the right choice for higher education. It also gives career guidance by advising students on job opportunities in the field of nutrition. It also informs students about job vacancies through WhatsApp groups. It connects students with alumna for any related information. Slow learners are given guidance to perform better. Advanced learners are encouraged to perform better.

Internship letters to students



SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY
(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)

NAAC Accredited 3rd Cycle

Ref. No. SNVMV/1361/2022-23

Date: 22/07/2022

To
The Chief Dietician
Krishna Institution of Medical Science Hospital
Krishna Nagar Colony,
Ramgopalpet,
Secunderabad.

Respected Sir/Madam,

Sub : Permission for Hospital internship-Req.-Reg.

We wish to inform you that, the students of B.Sc. (BCAN) III Year wish to undergo **three month** intensive training in the Nutrition and Dietetics Department of your Hospital. I request you to kindly permit the following students for internship from **01.08.2022** to **31.10.2022**.

- | | |
|--------------------------|----------------------------|
| 1. Ms. Bijja Niharika | (Roll No. 1175-19-472-003) |
| 2. Ms. Kallem Sowmya | (Roll No. 1175-19-472-022) |
| 3. Ms. Kavali Manisha | (Roll No. 1175-19-472-023) |
| 4. Ms. Pudur Manisha | (Roll No. 1175-19-472-040) |
| 5. Ms. Telukuntla Sreeya | (Roll No. 1175-19-472-046) |

Your co-operation in this regard will be helpful to the students to acquire practical knowledge.

Thanking You,

Mitkala, S. Rajan

Head of Department

Yours sincerely,

S. Rajan
PRINCIPAL

Mukarramjahi Road, Exhibition Grounds, Nampally, Hyderabad - 500 001. (T.S.)

Phone : 040-29555676

E-mail : snvmv@rediffmail.com Website : snvanita.org



SAROJINI NAIDU VANITA MAHA VIDYALAYA
COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY
(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)
NAAC Accredited 3rd Cycle

Ref. No. SNVMV /

Date :

To
The Chief Dietician
Krishna Institution of Medical Science Hospital
Krishna Nagar Colony,
Ramgopalpet,
Secunderabad.

Respected Sir/Madam,

Sub : Permission for Hospital internship-Req.-Reg.

We wish to inform you that, the students of B.Sc. (BCAN) III Year wish to undergo **45 days** intensive training in the Nutrition and Dietetics Department of your Hospital. I request you to kindly permit the following students for internship from **23.08.2022 to 07.10.2022**.

1. Ms. G.Tejaswini

(Roll No. 1175-19-472-017)

2. Ms. P.Manisha

(Roll No. 1175-19-472-038)

Your co-operation in this regard will be helpful to the students to acquire practical knowledge.

Thanking You,

Mitkala. S. Rajan
Head of Department

Yours sincerely,
K. Radhika
VICE PRINCIPAL

Mukarramjahi Road, Exhibition Grounds, Nampally, Hyderabad - 500 001. (T.S.)
Phone : 040-29555676

E-mail : snvmv@rediffmail.com Website : snvanita.org

(<http://www.newhaven.edu/>)

GRADUATE ADMISSIONS
([HTTPS://WWW.NEWHAVEN.EDU/ADMISSIONS/GRADUATE/INDEX.PHP](https://www.newhaven.edu/admissions/graduate/index.php))

Recommendation

Applicant Insiya Murtuza Hussain Ravat
Applying to University of New Haven Graduate Admissions
Recommender Rajan Chitkala S

We have successfully received your letter of recommendation for Insiya Murtuza Hussain Ravat to University of New Haven Graduate Admissions.

(<http://www.newhaven.edu/>)

300 BOSTON POST RD
WEST HAVEN, CT 06516 ([HTTPS://GOO.GL/MAPS/NIY1X](https://goo.gl/maps/niy1x))

203-932-7440 (TEL:2039327440)



SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)

NAAC Accredited 3rd Cycle

Ref. No. SNVMV/703/2021-22

Date : 24/02/2022

TO WHOM SO EVER IT MAY CONCERN

I am extremely pleased to recommend Ms. Thamanampalli Swetha for graduate studies at your esteemed University. I have known her for the past three years of her bachelor's degree. I have taught her "Applied Nutrition". I describe Swetha as a clear thinker and a level headed individual.

I have found her to be a trenchant and enthusiastic learner. I have also seen her in Practical lab works and in class presentations, which were taken up under my guidance. This has given me enough opportunity to assess her sincerity, commitment towards studies. I found her to be an ambitious student, who is diligent in preparation and meticulous in the completion of her work.

A good and wholesome personality coupled with leadership qualities make her an asset to any team she may work with. Her assuredness and alacrity wonderfully blended with gregariousness will be a great source of motivation for the members of the team she is part of.

Having done numerous assignments in teams as well as individually with clinical efficiency, it is with self assurance, I recommend her to your prestigious University. I fervently hope that with her confidence, determination and adroitness she will continue to excel and bring laurels to your institution.

Chitkala S. Rajan

(Mrs.Chitkala S Rajan)
Head, Department of Nutrition
Ph.No.+91-9703022789
Email Id:rajanchitkala@gmail.com



Mukarramjahi Road, Exhibition Grounds, Nampally, Hyderabad - 500 001. (T.S.)

Phone : 040-29555676

E-mail : snvmv@rediffmail.com Website : snvanita.org

February 9th 2023

Letter of Recommendation

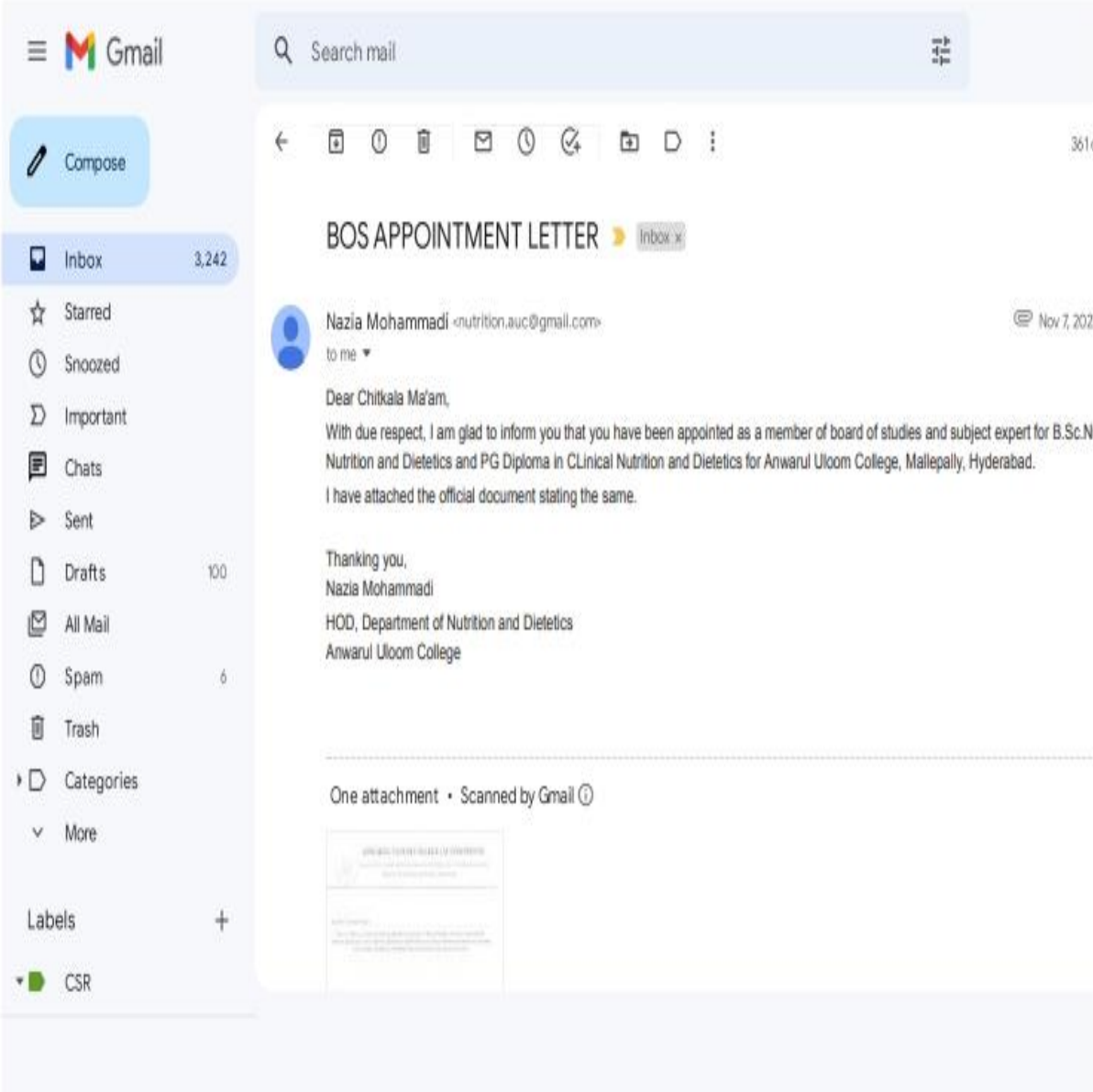
Ayesha Juleka has done her under graduation course in Applied Nutrition and Public health under me between June 2018 to June 2021. As a student I found her to be very hardworking, sincere, very punctual and attentive. She has been very regular with submitting her assignments and any work given. I wish her good luck for her future endeavours.

Chitkala S Rajan
Assistant Professor, HOD
Department of Applied Nutrition
Sarojini Naidu Vanita Maha Vidyalaya

11. Faculty achievement

Chitkala S Rajan authored a book Food Service Management for Telugu Academy. The book is as per the syllabus for Skill Enhancement Course – II year B.Sc III Semester.

4/26/23, 12:30 PM BOS APPOINTMENT LETTER - rajanchitkala@gmail.com - Gmail



The screenshot shows a Gmail interface. On the left is a navigation sidebar with options like Compose, Inbox (3,242), Starred, Snoozed, Important, Chats, Sent, Drafts (100), All Mail, Spam (6), Trash, Categories, More, Labels (+), and CSR. The main area displays an email titled "BOS APPOINTMENT LETTER" from Nazia Mohammadi (nutrition.auc@gmail.com) dated Nov 7, 2022. The email body reads: "Dear Chitkala Ma'am, With due respect, I am glad to inform you that you have been appointed as a member of board of studies and subject expert for B.Sc.Nu Nutrition and Dietetics and PG Diploma in CLinical Nutrition and Dietetics for Anwarul Uloom College, Mallegally, Hyderabad. I have attached the official document stating the same. Thanking you, Nazia Mohammadi, HOD, Department of Nutrition and Dietetics, Anwarul Uloom College". Below the text, it says "One attachment • Scanned by Gmail" and shows a thumbnail of the attached document.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)

Affiliated to Osmania University

Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015

Santoshnagar colony, Mehdipatnam, Hyderabad - 500 028.

Lr. No. 16 /St. ACW/ 2023

Date: 21-01-2023

To
Ms. Chitkala S Rajan
Head, Department of Applied Nutrition & Public Health
Sarojini Naidu Vanitha Mahavidyalaya
Nampally, Hyderabad.

Madam,

Sub : Invitation to serve as a Subject Expert of BOS of our institution

Season's Greetings!

St. Ann's College for women was established by the congregation of the sisters of St. Anne in 1983. Since inception it is committed to the highest ideals of higher education with its vision of "Academic Excellence, Skill Enhancement and Value Enrichment" aiming towards Women Empowerment". The college was reaccredited by NAAC in the year 2018 and was awarded A+ grade (3rd cycle) with 3.31 CGPA. Further the college is conferred with the status of "College with Potential for Excellence" in 2010 & 2014. The college has continued to grow in quality impact and reach. At present it has a strength of over 3700 plus students and 140 well qualified committed, dedicated and experienced staff members, belonging to as many as 29 different departments. The College has been conferred Autonomous Status by UGC with effect from the academic year 2015-16.

We extend a warm invitation to you to be a member of our BOS, We strongly believe that your knowledge and expertise will contribute in great measure to the growth of the Department. Your time, suggestions and guidance will be a great learning experience for us.

The BOS meeting of Nutrition department is scheduled for **08-02-2023, 12.30 pm** at our college premises.

I look forward to your early acceptance and a fruitful association.

Regards

Yours truly

Dr. Sr. P. Amrutha
Principal

St. Ann's College For Women
(Autonomous)

Mehdipatnam, Hyderabad 28

The screenshot shows a Gmail interface. On the left is a sidebar with folders: Compose, Inbox (3,242), Starred, Snoozed, Important, Chats, Sent, Drafts (100), All Mail, Spam (6), Trash, Categories, More, Labels, and CSR. The main area displays an email from 'ugnnutrition stanns <appnutrition.stanns@gmail.com>' to 'me', dated 'Wed, Jan 18'. The subject is 'MSc Dissertation Viva-External Examiner'. The body text reads: 'Dear Madam, As per our telephonic conversation please find attached the invitation letter for the conduct of Dissertation Viva for M.Sc students. Kind Regards, Department of Nutrition, St Ann's College for women, Mehdipatnam,Hyderabad.' Below the text is one attachment: 'chitkala maam.do...'.

The screenshot shows a Gmail interface. On the left is a sidebar with folders: Compose, Inbox (3,241), Starred, Snoozed, Important, Chats, Sent, Drafts (100), All Mail, Spam (6), Trash, Categories, More, Labels, and CSR. The main area displays an email from 'bsc oucw' to 'me', dated 'Tue, Apr 25, 4:05 PM (20 hc)'. The subject is 'Nutrition and Public Health Sem-II Paper-II question paper setting'. The body text reads: 'Respected Sir/Madam, I am directed to inform you that you are appointed as examiner to set the question paper in the subject of Nutrition and Public Health Sem Examination May-2023. You are requested to set Two sets of Question papers and send as soft copy (MS Word) to the same e-mail id. a bill within One week from the date of receipt of this letter. Thanking you, Yours Faithfully, Regards, Controller of Examinations, TMV, Kotl, Hyd'. Below the text are four attachments, two of which are visible as document thumbnails.

12. CO and PO

COURSE OUTCOMES

Applied Nutrition and Public Health

Semester 1:

Course Name: BASICS OF BIOCHEMISTRY

CO 1: Thorough understanding of nutrition basics-food groups, body needs for nutrients in carbohydrates- sources, process of digestion, metabolism and utilisation.

CO 2: Understand proteins and their role and utilization in body processes, functional importance of nucleic acids

CO 3: Lipid metabolism and implications of excessive consumption of fats in the diet as also importance of lipids in human nutrition

CO 4: Rationale for differences in energy requirement of different physiological groups. Maintaining energy balance and Ideal body weight.

Semester 2:

Course Name: NUTRITIONAL BIOCHEMISTRY

CO 1: Understand importance of Vitamins- Classification, sources, impact of excess and deficiency in human nutrition.

CO 2: Understand importance of Minerals - Classification, sources, impact of excess and deficiency in human nutrition.

CO 3: Water as a nutrient, water and electrolyte imbalance, its regulation and diseases associated.

CO 4: Role of enzymes and hormones in human physiology.

Semester 3:

Course Name: FOOD SCIENCE AND TECHNOLOGY

CO 1: Thorough understanding of the role of food in human nutrition, cooking methods, minimising nutrient losses during cooking, structure, importance of functional foods. Importance and role of cereals and millets in cookery.

CO 2: Understanding the importance and role of pulses, legumes, milk and milk products in cookery.

CO 3: Understand the importance and role of fleshy foods, spices, condiments and beverages.

CO 4: Understand the importance and role of vegetables and fruits, sugar and jaggery, fats and oils.

Semester 4:

Course Name: FAMILY AND COMMUNITY NUTRITION

CO 1: Thorough understanding of the concept of balanced diet, RDA - its rationale, principles of menu planning and requirements of different physiological age groups.

CO 2: Understand the nutritional needs of pregnant and lactating women and infants.

CO 3: Understand the nutritional concerns during pre-school, school going and adolescent ages, planning of packed lunches.

CO 4: Understanding the physiological changes and nutritional needs of the elderly, basics and importance of nutritional assessment in clinical practice.

Semester 5:

Course Name: CLINICAL DIETETICS

CO 1: Thorough understanding of diet therapy, role of dietitian in community, therapeutic diets, care of critically ill patients. Dietary concerns in fever, typhoid, TB.

CO 2: Thorough understanding of aetiology, symptoms, screening, medications and dietary regimen for- Obesity, Underweight, Diabetes, CVD and Hypertension.

CO 3: Thorough understanding of aetiology, symptoms, screening, medications and dietary regimen for GI diseases- Peptic Ulcer, Constipation, Diarrhoea, IBS.

CO 4: Thorough understanding of aetiology, symptoms, screening, medications and dietary regimen for Renal and Liver Disorders.

Semester 6:

Course Name: PUBLIC HEALTH, FOOD HYGIENE AND SANITATION

CO 1: Thorough understanding of concept of public health as an emerging field in nutrition. Importance of epidemiology and its role in nutrition research. Disease transmission and control of causative factors. Role of vectors in disease transmission and control measures to check the same.

CO 2: Understanding the causative factors for food borne illnesses, role of food handler in causing food borne diseases. Understanding of disease transmission in food borne infections, intoxication and role of microbial toxins in causing food borne illnesses.

CO 3: Gaining knowledge about the effectiveness of A.V aids in nutrition education. Emerging role of PHC in rural areas with special emphasis on maternal and child health care. Government programmes to eradicate vector borne diseases. Thorough understanding of immunity and related aspects.

CO 4: Thorough understanding of the causative factors of food adulteration and the role of various agencies in controlling the same. Role of FSSAI in curbing food adulteration and agencies in support of consumer guidance and scope and role of food inspectors.

13. Department best practices

- Nutrition Awareness outreach programs for parents and students
- Encourage students to improve communication skills through discussions in practical sessions
- Encourage students to consider entrepreneurship
- Nutriclub activities
- Alumna Connect
- Job alert for alumna
- Motivate students to pursue Masters' degree

14. Alumna

Stella Grace (2016 -19)

Working in NHSRC as Quality Division Fellow

Email id: chinthapallystella143@gmail.com



I Stella grace is deeply elated to share my achievements with my institution - Vanita Maha Vidyalaya. I am presently working in NHSRC as quality division fellow.

My journey in this institution was a joyous one. Our lecturers' always motivated us to strive for a career which will impact other people lives. We were made aware of all the possible options for our study, the reason i choose to do masters in public health from Hyderabad Central University.

Ms Pallavi Ponugoti (2016 – 19)

Working as a Chief Dietetian –Yashoda Somajiguda

Email id: pallaviponugoti10@gmail.com

It gives me great pleasure to say with pride that I graduated in Nutrition and dietetics from Sarojini Naidu Vanitha college. It made me realize the passion I had towards building up a career in the field of Nutrition. It gave me an opportunity to excel in the field of my interest and I'm extremely grateful to faculty for being supportive and educating me regarding the opportunities in the field of Nutrition to enhance and showcase my skills



Name : Vidya Bomma

Email : Vidvareddybomma@gmail.com

City. : San Jose, California, USA



I am currently engaged in coursework related to research ethics, as well as training in SAS, STATA, and Public Health Nutrition. Additionally, I am self-employed, managing a nutrition-focused webpage (SaIva Nutriment). Previously, I held the position of Monitoring and Evaluation Officer at the World Health Organization (WHO), where I contributed to the COVID-19 campaign and the Pulse Polio National Social and Immunization Day (NSID) initiative in 2021. I also served as a Research Assistant at the Indian Institute of Public Health (IIPH) in Hyderabad. In this role, I was involved in a wide range of tasks, including qualitative and quantitative analysis, literature reviews, fieldwork, and epidemiological studies. Furthermore, I worked as a Consultant Nutritionist at Talwalkar's Health and Wellness Center. In terms of my education, I earned a master's degree in public health from the Indian Institute of Public Health (IIPH-Hyd) and a bachelor's degree in applied nutrition and public health from Sarojini Naidu Vanitha Mahavidyalaya. Regarding my experience at Sarojini Naidu Vanitha Mahavidyalaya, being an alumnus of SNVMV was an incredibly enriching experience. Throughout my time there, I not only felt safe but also received a top-notch education that has served me well in my career. SNVMV is not just about academics; it's a hub of diverse extracurricular activities that complemented my studies, making my college life truly well-rounded. The approachability and friendliness of our department's Head of Department (HOD) and staff further enhanced the learning atmosphere. I proudly consider SNVMV as the best place for my educational journey, and I'm genuinely grateful for the lasting impact it has had on my life.



Sanjana Apsingekar
2016- 2019

Working as a Project Technical Officer in NutriAIDE project in National Institute of Nutrition.
One year 8months of Clinical Experience in Multi speciality Hospital.
Masters in Clinical Nutrition and Dietetics studied at St.Anns College for Women .
Bachelors in Applied Nutrition and Dietetics studied at Sarojini Naidu Vanitha Mahavidyalaya.
Email id:- sanjana.aspingekar@gmail.com
Phone number:- 7095720297

Sarojini Naidu Vanitha Mahavidyalaya college has laid the foundation in my career . I am very grateful to be able to go to a college of my choice, and attain a quality education to better myself for my future. I truly believe that going through college experiences will have so many different impacts on my life, and will prepare me for the real world outside of college.

I thank all my lecturers who have taught me in college for always teaching us in the way we understand and feel comfortable. You all not only taught us just for exams but for knowledge. The foundation of under graduation has helped us in our higher studies immensely and we were always a step ahead than other colleges.

Thank you mam!



V. Sai Pallavi
Batch 2016-2019

I'm working as a Clinical Nutritionist at CION Cancer Clinics for the past one and half year. I have completed Masters in Nutrition and Dietetics at Jahnvi Group of Institutions and Bachelors in Applied Nutrition and Public Health at Sarojini Naidu Vanitha Mahavidyalaya.

Sarojini Naidu Vanitha Mahavidyalaya College

I'm very fortunate to find this college for my Bachelors. Its not only about academics but also provides great platform for extracurricular activities.

Quality of teaching is great and I learned good things that helped my future. It has laid a strong basics that helped pursue my Masters effectively.

Thanks to my college and my lecturers for teaching me.



Asima Tabassum

BCAN

1175-20-588-003

- 8686954467
- asimatabassum04@gmail.com

"I wanted to take a moment to express my heartfelt gratitude to Chitkala ma'am, Aminah ma'am & Afreen ma'am, for being an exceptional educator and mentor in the Nutrition Department at Sarojini Naidu Vanita Maha Vidyalaya. Your passion for nutrition and dedication to teaching have made a significant impact on my academic journey. Your lectures were always engaging, informative, and inspiring, and your guidance and support have helped me grow both academically and professionally. Thank you for creating a learning environment that was both challenging and nurturing. I feel fortunate to have had the opportunity to learn from someone as knowledgeable and caring as you."

Yashasri BCAN

I had an exceptional experience at Sarojini Naidu Vanita Mahavidyalaya. The engaging classes and the unwavering support from the faculty made my time there truly unforgettable. The Nutrition Department remained my favorite. The projects, model making, and visit to the hospital cook house were invaluable learning experiences that enriched my knowledge and skills.
yashasriaddagulla@gmail.com
9160127601

Badikol Varsha MbBcAN

I had a very great and wonderful experience at sarojini Naidu Vanitha maha vidyalaya. I got a good exposure in all the subjects that were part of my course and that learning had helped me and helping me in my present masters degree...I take this opportunity to thank all my teachers especially my nutrition teachers who have encouraged me in many things and helped me in building up my career and for giving me guidance in where to pursue my master's ...

Badikol Varsha

6309426843

badikolvarshareddy@gmail.com

Shivani Shinde MB.C.AN

Studying in the Nutrition Department at Sarojini Naidu Vanita Mahavidyalaya was an enriching experience. The curriculum was comprehensive, and the lecturers were knowledgeable and supportive that aided for a deep understanding of the subject. The practical sessions were particularly insightful, bridging the gap between theory and real- world application. I am grateful for the valuable education and also grateful to have a lecturers who supported during my time here. Thank you to the Department of Applied Nutrition.

8600279915

shivanishinde728@gmail.com



A.Nimeshika Mangeswari

Studying nutrition at Sarojini Naidu Vanita Mahavidyalaya has significantly improved my knowledge and continues to aid me in my master's degree. I would like to extend my gratitude to CSR Mam, Aminah Mam, and Afreen Mam for helping us gain a deeper understanding of the subject. Their efforts in making the material easier to understand and clarifying our doubts have been invaluable. Thank you department of Applied nutrition and public health

9490484890

nimeshikamangeswari@gmail.com



MERUGU ANUSHA BZAN

anushamerugu13@gmail.com

9182930822

I had a good experience studying at sarojini naidu vanitha mahavidyalaya applied nutrition department. Lecturers encouraged us to explore our talent and potential by providing a good learning environment.our lecturers are so supportive and helped us a lot in the academics . the way they explains the complex topics is very clear . I was feeling so good and great for receiving such a valuable education from our well knowledged lectures. Thank you to the department of applied nutrition and special thanks to Csr mam ,aminah mam and afreen mam.

M. Meghana

8019835901

meghana009@gmail.com

I had a very great experience studying at Sarojini naidu vanita Mahavidyalaya in the course of Applied nutrition. Their encouragement and dedication played a crucial role in my academic success. They helped us to stay motivated through different seminars. I feel truly fortunate to be a part of the college. The lectures are very supportive and guided us in every step. The college provided me with all the resources I needed to pursue my studies and build a beautiful career. I am very thankful to the department of Applied nutrition.



A JOURNEY OF GROWTH AT SAROJINI NAIDU VANITHA MAHAVIDHYALA

"The academic experience at SNVMV was phenomenal . The lectures were expert in their fields and always willing to help .I can say very proudly that I've selected the best college in order to pursue my career in nutrition department. Participating in the nutrition symposium was a memorable event and networked with professionals in the field .The supportive environment by the nutrition department helped me grow both personally and professionally.Finally i would say that my journey at SNVMV was transformative and deeply fulfilling. The opportunities and support i received have prepared me well for a successful and impactful career in the field".



J. RAVEENA MARY

117520592010

GRADUATED IN BSC APPLIED NUTRITION & PUBLIC HEALTH.
(2020-2023)

EMAIL ID: RAVEENAJAMA327@GMAIL.COM

PH:NO: 9391876939



- Your enthusiasm for our "SUCCESS" is motivating.

" My journey throughout my graduation was incredible and great; it's was all possible due to the guidance and support given by my 'Teachers'. Department of Nutrition has given the best quality of education. Mrs.Chithkala Ma'am is very supportive and Amina Ma'am is friendly enough to share our thoughts with her and she appreciates us for every joule of hard work we did.The kind of opportunities and instructions we were exposed to was rejuvenating . They helped us to see the better version of ourselves".



B. Rishitha Gayathri

117520592004

Graduated in B.Sc Applied Nutrition and Public health (2020-23).

Ph.no- 6281476556

E-mail id- rishithagayathri5314@gmail.com

B.SHIVANI

MB.Z.AN

I had a very great and wonderful experience throughout my graduation was incredible and great journey at sarojini Naidu Vanitha Maha Vidyalaya. It was all possible due to the guidance and support given by my 'Teachers'. Department of Nutrition has given the best quality of education and guidance. Ma'am are very supportive and friendly enough to share our thoughts with them and mam's are appreciates us for every joule of hard work we did. The kind of opportunities and instructions we were exposed to was rejuvenating . They helped us to see the better version of ourselves. mam's are encouraged and helped me to pursue my master's..



B. Shivani

8712319023

shivanishiva539@gmail.com

Your words are paths of our "SUCCESS "

The department of Applied Nutrition helped me through 3yrs journey. Iam very thankful to my entire department . I can proudly say that I have completed my graduation in the best college. Where the teachers were very friendly and motivative, and helped me in learning of new courses.



J.Poojitha
Mb.Z.An
117520592011
poojithajambige@gmail.com
9346480870

K.KRISHNAVENI
MB.C.AN(2020-2023)



I had a very great experience in SNVMV journey..Lectures supported us in our academic growth, enhancing our knowledge & skills.They are very kind & supportive and guided very well in theory as well as practicals which helped us in gaining deep knowledge..Their way of explaining the topics is very clear & understandable & makes us grasp the content easily. I feel grateful to hold such experience & receive a good knowledge in the entire journey...this is all made possible through the guidance of my lecturers..Thanks to the department of Applied Nutrition

Mobile No: 9133512063
Mail: kummari.veni@gmail.com



BAHEERA KHALID

BCAN

1175-20-588-004

-9391428574

-baheerakhalid1@gmail.com

Throughout my academic journey, the nutrition department has provided me with support and guidance. In academic advising the faculty and staff have been instrumental in helping me achieve my goals. The department's commitment to student success is evident in every aspect.....the lectures were always informative and interactive. Thank you for being exceptional lecturers...



Vijaya Budidha

117520496005

Mb,BC,An

SNVMV

vijayabudidha99@gmail.com

9177715158

I had a great experience throughout my graduation. in Applied Nutrition and Public Health at SNVMV.it was all possible with the quality of education provided by our best teachers.Especially very much fortunate to express my gratitude and respect towards the Nutrition department Chitkala mam,Ameena mam and Afreen Mam for your guidance support and care that helps us reach our goals withmore strength You always creates a positive classroom atmosphere, your lectures are well structured with multimedia resources that helps us to understand the concept effectively.. thank you to whole Nutrition department for great and enlightened journey..

M. MEGHANA

Mb.Bc.An

78159 46962

reddymeghana467@gmail.com

I had a great experience with Sarojini Naidu Vanita Mahavidyalaya, As a student in nutrition, I had valuable insights in science of nutrition and well being.I had a great experience in lab, model making and planning therapeutic diet, My graduate knowledge helps me to enhance me in public health [public healthnutrition].I would like to express my sincere thanks towards my nutrition teachers because the knowledge that they had given helping me in my master's degree.

Thank you



A.Swetha

BC.C.AN

I had a very great and wonderful experience at Sarojini Naidu Vanita Mahavidyalaya. The lecturers are so supportive and friendly. They explain concepts very clearly. I appreciate your patience, encouragement and supporting us throughout the semester.

Thank you to the Department of Applied Nutrition

8639579799

andolaswetha@gmail.com





HAMEERA NEHA

1175-21-484-005

hameeraneha02@gmail.com

My name is Hameera Neha and I am a student of Sarojini Naidu Vanita Mahavidyalaya (SNVMV). I am testifying on how this college groomed me to be the better version of myself.

My journey in SNVMV has been very interesting and new. This allowed me know about my capability, strength and helped me gaining confidence to try something new and challenging. Especially I would like mention about Applied nutrition and public health department. The lectures of this department are very cordial and motivate their students to participate in every activity and guide them. Under the guidance of the HOD MS. Chitkala Rajan mam, I have gained the knowledge from great people from the nutrition community, mam always tries and bring the great persons to share the journey and their valuable tips to achieve success.

Then I would like express my gratitude towards MS. Afreen Siddique mam. I am really thankful to her because the way she teaches has motivated me to determined towards my dreams. She has shown the light that this field can also be nice and challenging, can be choose as career as well.

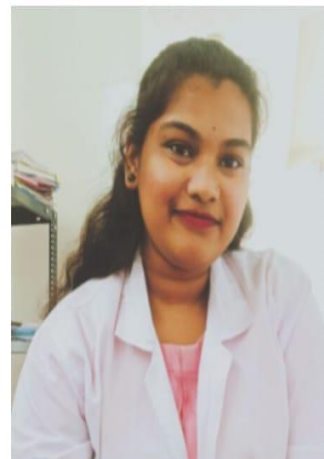
Then I would like thank MS Aminah Omer Siddique mam for guiding me how to be practical and always pushes her students to try new and challenging things and appreciate the efforts of her students. she is very kind and helpful person. She has always helped me with academics and as well as other queries that I had.

Last but not the least I would like share my experience of learning by MS Shravanti mam, her teaching has given me a new perspective that their is no limit for learning things but one must try doing things to achieve dream living behind that you have won or lost. There will always be other options as well.

Thank you so much for the effort the whole department does to guide their students. By holding the activities and new ways of teachings.

P. STHITHA PRAGHNA
SNVMV
BZAN
1175-21-601-018
sthithapallapu20@gmail.com
9908774758

Studying APPLIED NUTRITION AND PUBLIC HEALTH at SAROJINI NAIDU VANITA MAHA VIDYALAYA,
Has significantly improved my knowledge.
And i am deeply grateful to Afreen mam , Aminah mam and chitkala mam
For your unwavering support and guidance,
You have instilled me the knowledge and confidence
To make healthier choices.
Your dedication and expertise
have not only transformed my mental health but also strengthened my emotional well being .
your support and care throughout my graduation helps me to reach my goals with strength.
You always created a positive atmosphere in classrooms.
And helping us to gain a deeper understanding of the subject .
Your efforts in making us to understand
And clarifying our doubts are invaluable.
Thank you to the NUTRITION DEPARTMENT.



G.Aishwarya
B.BC.AN(2021-2024)



“

”



My journey in SNVMV college was just magical, I would say 3 years was just full of memories and happy learning. Massive thanks to my lecturers for their outstanding guidance in both theory classes and practicals. Their constant support and knowledge have made a real difference in my educational journey. We are incredibly grateful for their dedication and mentorship, which have not only enriched our learning experience but also inspired us to strive for excellence. Thank you so much lecturers for shaping us into well-rounded individuals with a deep understanding of the subject. I'm Eternally grateful for the Department of Applied Nutrition.

MOBILE NO:-9502284239

EMAIL ID:- redyaishu586@gmail.com



HAFSA

1175-21-592-007

First Of All I Would Be Very Thankful To Our College SNVMV For Being Supportive In All Possible Ways. This College Tagline Should Really Be "LEARN WITH JOY", Because Of The Amazing Learning Environment With Numerous Extra Curricular Activities.

I Would Like To Extend My Heartful Thanks To The Nutrition Department For Their Great Support And Guidance Throughout. The Staff Had Always Been Helpful And Enhanced My Skills As well As Theoretical And Practical Knowledge In Nutrition And Dietetics. Icing on the cake is our beloved HOD "CHITKALA MA'AM", "AMINAH MA'AM" And "AFREEN MA'AM", As They Always Inculcated The Spirit In Me To Stand Amongst The Well Versed Environment And Imparted Quality Education and Knowledge.

They Empowered Me With Lessons And Confidence Through Studies And Also The Exposures Related To The Subject That Was Very Beneficial And Helpful Thus Adding Lustre To My Knowledge That I'll Carry With Me For The Rest Of My Life.

-HAFSA HAFSASQUAD2407@GMAIL.COM
PH. NO: 9885908057

U.Jahnavi

1175-21-601-024
BZAN [2021-2024]

I like to express my sincere gratitude to SAROJINI NAIDU VANITHA MAHAVIDYALAYA COLLEGE [SNVMV] for providing me with a solid foundation in my field through the B.sc applied Nutrition and public health course . the knowledge I gained from Afreen Madam lectures have been invaluable,the experience I gained through various nutrition programs conducted in college is precious I extend my thanks to Chitkala madam [HOD Nutrition] Ameenah Madam , himabindu Madam [biochemistry] .special thanks to Afreen Madam for the support and guidance throughout my academic journey . I'm thankful for the valuable knowledge and skills I haveacquired from the degree program , which I'm confident will greatly Benefit me in my future endeavours.



jahanaviutla@gmail.com
Mobile no:6302955507

Alumna

| Sl No. | Name | Batch | PG | Place of Work |
|--------|--------------------|-------------|---|---|
| 1 | Sanjana Apsingekar | 2016 – 19 | Masters in Clinical Nutrition and Dietetics at St.Anns College for Women, Mehdipatnam | Project Technical Officer in NutriAIDE - Building smart food environment - Project in NIN Hyderabad |
| 2 | Chaitanya | | Masters in Clinical Nutrition and Dietetics from St.Anns College for Women, Mehdipatnam | Project Theme co-ordinator – GCRF – Action against stunting hub, UKRI project at NIN. |
| 3 | Stella Grace | | Masters in Public Health from Hyderabad Central University | Working in NHSRC as Quality Division Fellow Delhi |
| 4 | Vidya B | | Masters in Public Health from Indian Institute of Public Health(IIPH-Hyd) | Currently pursuing course work in Research ethics, SAS, STATA, Public health nutrition. Self employed at Nutrition web page. |
| 5 | Pallavi P | | Masters in Nutrition and Dietetics from Jahnvi Degree and PG College, Hyderabad | Currently working as dietician at Yashoda hospitals Somajiguda |
| 6 | Sai Pallavi | | Completed Masters in Nutrition and Dietetics from Jahnvi group of Institutes | Working as a Clinical Nutritionist at CION cancer clinics Banjara Hills, Hyderabad |
| 7 | Sharmin | | Masters in Public Health from Hyderabad Central University | Working as a freelancer |
| 8 | Uma Maheshwari | | Masters in Sports Nutrition from National Institute of Nutrition . | Married and relocated looking out for a job |
| 9 | B Madhuri | | Masters in Sports Nutrition from National Institute of Nutrition . | Currently working as Sports Nutritionist at Abhinav Bindra Foundation (ABTP) Bengaluru |
| 10 | Lavanya J | 2017 - 2020 | Masters in Applied Nutrition from ICMR - NIN (National institute of Nutrition | ICMR -NIN (National institute of Nutrition) Senior Research Fellow (SFR) in Food and Nutrition |

| Sl No. | Name | Batch | PG | Place of Work |
|--------|--------------------|-------------|---|---|
| 11 | Madiha Fatima | 2017 - 2020 | Master's in Nutrition and Dietetics from Saanvi PG college | Working as a Dietitian in Dr. Vrk hospitals and Shadan Medical Hospital Moinabad, Aziz nagar Hyderabad. |
| 12 | Pranathi | | M.Sc in Sports Nutrition at National Institute of Nutrition-ICMR | Working as Sports Nutritionist at - Sports Authority of Gujarat, Himmatnagar, Gujarat. |
| 13 | Vishnu Krupa | | MSc in Community Health Nutrition at Sri Padmavati Mahila University, Tirupati. | Preparing for Government Exams, Completed my Blisc librarian science at Ambedkar open University |
| 14 | Meghana Salendra | | Masters in Public Health, Indian Institute of Public Health (IIPH) Hyderabad | Working as Program Associate in Noora Health, NHM - Vishakapatnam |
| 15 | K Pravalika | | Master's in Food Science and Nutrition at Loyola Academy Degree and PG College | Working as Assistant Professor - Loyola Academy Degree and PG College |
| 16 | Maliha Fatima Khan | | Msc Nutrition and Dietetics from Saanvi PG College. | Working as a lecturer at Madina Degree and PG College Hyderabad |
| 17 | N Shruthi | | Pursued Msc in Nutrition and dietetics at Telangana Mahila Vishwavidyalam | Enrolled in a medical coding coaching program |
| 18 | Mahima Chandana | | Masters in Food Science and Technology from Satavahana University, Karimnagar, | Was selected for Food Chemist position at Bureau Veritas Lab. Did not take up job as is preparing for competitive exam. |
| 19 | Pranusha T | | Msc Nutrition and Dietetics from Siddhartha PG College | Working as Dietitian in Asian Institute of Nephrology and Urology Hospital Banjara Hills, Hyderabad |
| 20 | Sahithya | | MSc in Nutrition and Dietetics from Saanvi Degree and PG College | Preparing for RD exam |

| Sl No. | Name | Batch | PG |
|--------|--------------|------------|---|
| 21 | Komal | 2018 to 21 | M.Sc Applied Nutrition, at National institute of Nutrition-ICMR |
| 22 | Soumini | | M.Sc Applied Nutrition, at National institute of Nutrition-ICMR |
| 23 | Ankitha | | M.Sc Applied Nutrition, at SNVMV |
| 24 | Nikitha | | M.Sc Applied Nutrition, at SNVMV |
| 25 | Akshatha | | M.Sc Applied Nutrition, at SNVMV |
| 26 | Chandanashri | | M.Sc Applied Nutrition, at SNVMV |
| 27 | Pavithra | 2019 to 22 | M.Sc Nutrition and Dietetics at SNVMV presently in II year |
| 28 | Ayesha | | M.Sc Nutrition and Dietetics at SNVMV presently in II year |
| 29 | Vennela | | M.Sc Nutrition and Dietetics at SNVMV presently in II year |
| 30 | Bhavani | | M.Sc Nutrition and Dietetics at SNVMV presently in II year |
| 31 | G Sreya | | M.Sc Nutrition and Dietetics at SNVMV presently in II year Sem |
| 32 | Sukrutha | | M.Sc Clinical Dietetics at St.Anns College for Women Mehdipatnam presently in II year |

| Sl No. | Name | Batch | PG | Place of Work | |
|--------|-------------------|--------------|--|------------------------------------|--|
| 33 | Swapna | 2019 to 22 | M.Sc Clinical Dietitics at St.Anns College for Women Mehdipatnam presently in II year | | |
| 34 | V Vidya | | M.Sc Applied Nutrition, ICMR – National Institute of Nutrition presently in II year | | |
| 35 | B Niharika | | Saanvi Degree and PG College for Women presently in II year | | |
| 36 | Alekhya Vardhini | | Kasturba Gandhi Degree and PG College for Women presently in II year | | |
| 37 | Jayasree | | PG Diploma from St.Anns | Presently pursuing M.Sc from IGNOU | |
| 38 | R Sai Suma | | M.Sc Food Technology Management, Loyola Academy presently in II year | | |
| 39 | N Shailini | | M.Sc (CN & D), Malla Reddy University, presently in II year | | |
| 40 | Pudur Manisha | | M.Sc Nutrition and Dietetics , Meghana Degree and PG College for Women presently in II year | | |
| 41 | Perapally Manisha | | M.Sc Nutrition and Dietetics , Alphores Degree and PG College Karimnagar, presently in II year | | |
| 42 | R Suchita | | M.Sc Food Technology Management, Loyola Academy presently in II year | | |
| 43 | B Varsha | 2020 to 2023 | M.Sc Symbiosis Pune | | |
| 44 | M.Meghana | | Master's in public health Apollo university, chittoor | | |
| 45 | Darshini | | M.Sc, School of Allied Sciences, Bangalore | | |
| 46 | Varshita | | M.Sc, School of Allied Sciences, Bangalore | | |
| 47 | G Bhoomika | | M.Sc, School of Allied Sciences, Bangalore | | |

15. Future plans and initiatives

- Conduct international / national seminar
- Conduct workshops on communication skills
- Conduct field visits
- Have MOU with industry
- Undertake mini project
- Conduct add on / certificate courses