



SAROJINI NAIDU VANITA MAHA VIDYALAYA


COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)

NAAC Accredited 3rd Cycle

5.1.2—List of Life skills

S. No	Academic Year	Name of program Conducted in Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills)
1	2022-2023	International Yoga Day
2	2021-2022	Osmania University Inter Collegiate Yogasana Tournament for Women
3	2021-2022	36th Greater Hyderabad Inter School & College Yogasana Competition
4	2021-2022	Rubicon's "Connect with Work" life skill training program
5	2021-2022	YOGA for daily life
6	2021-2022	FITNESS THROUGH YOGA
7	2021-2022	Blogging for beginners - ICT course
8	2021-2022	International Yoga Day
9	2021-2022	Yoga Mahotsav
10	2021-2022	Rubicon's "Connect with Work" - training program
11	2020-2021	Life Skills (Yoga)
12	2020-2021	Yoga
13	2020-2021	Yoga (state meet)
14	2020-2021	Open State Yoga Competition
15	2020-2021	AICTE FIT INDIA CHALLENGE
16	2020-2021	International Yoga Day
17	2020-2021	Project Pavitra - Yoga workshop
18	2020-2021	Demonstrative workshop on Nutritious Food for College Students
19	2019-2020	Life skills and communication skills
20	2019-2020	33 Greater Hyderabad Inter School and College Yogasana Competition
21	2019-2020	Yoga Meditation
22	2019-2020	YOGA Intercollegiate Tournament
23	2018-2019	Yoga Meditation
24	2018-2019	International Yoga Day


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

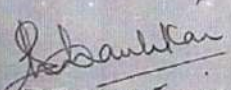
COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY
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International Yoga Day

Dt: 20.06.2023

NOTICE

All The Staff members and Students are requested to attend an "Yoga for Vasudhaiva Kutumbakam" Session On Yoga In Connection With 9th International Yoga Day On 21st June 2023 I.E Wednesday At 10.30 am In College Premises.


PRINCIPAL



Invitation



INTERNATIONAL YOGA DAY
THEME: "YOGA FOR VASUDHAIVA KUTUMBAKAM"
ON 21ST JUNE 2023
Time: 10:30 A.M onwards at
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Nampally, Hyderabad.

Guest of Honor

Sri Brij Bhushan Parohit Garu
President Indian Yoga Federation,

D. Sudha Rani

Physical Directress SNVMV

Dr. D. Shobhana

Principal SNVMV


PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



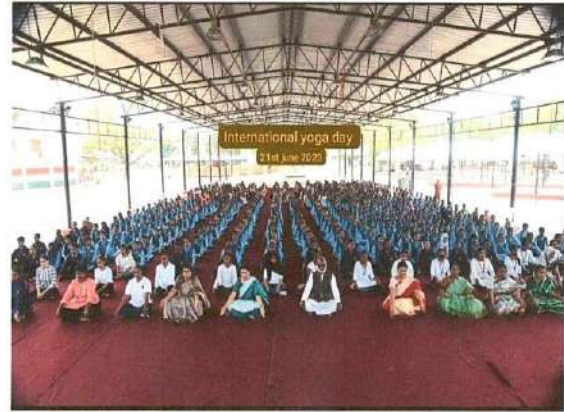
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NMAC Accredited 2nd Grade

Date 21/06/23



Sarojini Naidu Vanita Maha Vidyalaya :Hyderabad

Yoga Report 2023

Held on: 21st June 2023


Venu:SNVMV

On the occasion of Yoga Day Conducted International yoga day on 21st June 2023 for staff and students of Vanita. Sri. Brij Bhushan Purohit, President, Indian federation yoga was the Chief Guest and yoga guru Sri.K Yeshwanth yoga demonstration by Vanita students (no. of students 300)

Dr.Shobhana, Principal addressed the students the years Internationals yoga day was celebrated on the concept of 'yoga for Vasudhaiva Kutumbakam' or 'yoga for the welfare of all as one family' for the participating for 'HAR AAGAN YOG'.

Mrs.D.Sudha rani (physical Directress)

Ms.SP.Swetha Asst (Physical Directress)


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Saravitha
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Osmania University Inter Collegiate Yogasana Tournament for Women

SAROJINI NAIDU VANITA MAHA VIDYALAYA

(Affiliated to Osmania University & Approved by AICTE)

(Sponsored & Managed Jointly by Osmania Graduates' Association and Exhibition Society)

Exhibition Grounds, Nampally, Hyderabad – 500001

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DEPARTMENT OF PHYSICAL EDUCATION

OSMANIA UNIVERSITY INTER COLLEGIATE YOGASANA TOURNAMENT FOR WOMEN

DATE: 24th November 2022 at 11:00am

REPORT

Report for Osmania University Inter College Yogasana Tournament for women on November 24th at 11am, 2022-23

It was a great privilege to organize the Osmania University Inter College Yogasana Tournament which was organized by Hyderabad, Telangana (dst). Yoga association with collaboration of Sarojini naidu vanitha maha vidyalaya.

In this championship overall 78 students participated from 19 different colleges. The officials & volunteers who rendered their service where about twenty. The competition was inaugurated by,

Guests of Honour

Dr.V.Deepika

(Secretary, ITC(Women), OU)

Presided by

Sri.Brij Bushan Purohit Garu

(President Indian Yoga federation.)

Sri.S.Ravi Kumar

(Presiden Telangana Yoga Association)

Dr.D.Shobhana

(Principal SNVMV)

Sri Brij Bushan Purohit Garu President Indian Yoga federation, and other five judges, officials took part and made the event graceful. The volunteers of s.n.Vanitha college did a laudable job for conducting the championship ranging from soaring, totalling, managing the participants, serving the food etc.

The preliminary round conducted successful on 24th November 2022 finals on the same day, 1st place for Sarojini naidu vanitha maha vidyalaya, 2nd place for Koti women's college, 3rd prize for St.Anns, 4th place for AMS college.

We are very thankful to the management of the SNVMV particularly Dr.D.Shobhana and sports department without their support this competition would be a difficult task.

On behalf of our association, we are thankful to SNVMV students and look forward for many more projects ahead.

We are thankful to one and all to make the event successful.


PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

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SAROJINI NAIDU VANITA MAHA VIDYALAYA Osmania University Inter College Yogasana Competition 2022-23 Result Sheet

Date: 24/11/22

S.No	Name	College Name	Result
1	N. Shivani	OUCW	160 1/2
2	Bandi deepa	SNVMV	160
3	Ashwini Gobru	SNVMV	157 1/2
4	Sai Shreyanka	Methodist	157
5	Divya Giree	SNVMV	156
6	G. Poojitha	AMS Giree - Siddipet	155
7	Rishika	SNVMV	155 (103.5)
8	Rajitha	AMS	154
9	Sri Vidya	St. Francis	153 1/2
10	Roshini	Loyala	152 1/2

11. Vaishnavi
12. P. Sai Pruthi

Name of the Judge

13. P. Yashaswini

IIMC

AMS

Signature

A. Sarojini

[Signature]

[Signature]

SAROJINI NAIDU VANITA MAHA VIDYALAYA

Osmania University Inter College Yogasana Competition 2022-23
Result Sheet - Team event

Date: 24-11-22

S.No	Name	College Name	Result
1	SNVMV Bamini deepa	SNVMV	772
2	N. Shivani	OUCW	724
3	Varshini	St. Anns	697 1/2
4	D. Rajitha	AMS	685 1/2
5			
6			
7			
8			
9			
10			

Name of the Judge

Signature

[Signature]

[Signature]

[Signature]

[Signature]

PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
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SAROJINI NAIDU VANITA MAHA VIDYALAYA

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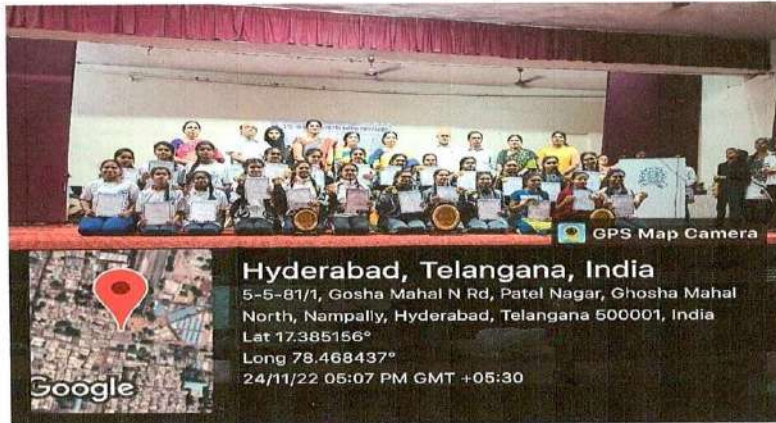
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INTER COLLEGE TOURNAMENT COMMITTEE FOR WOMEN
 Department of Physical Education, Osmania University, HYD-7
 Yoga Tournament 2022-2023
 Date: 24 November 2022
PROBABLE'S LIST

S. no	Student Name	Class / Year	Phone no.
1.	N. shivani	Koti womens	8106035398
2.	Bandi Deepa	SNVMV	8341382971
3.	Ashwini Gobeji	SNVMV	9032024481
4.	Sai shreyanka	Methodist	8047020241
5.	Divya Gini	SNVMV	6303551355
6.	G. rajitha	EDC-siddipet	9963458830
7.	Rishika	SNVMV	6301227782
8.	Rajitha	AMS	8886065069
9.	Sri Vidya	St. Francis	7093772424
10.	Roshini	Loyola	9247280416
11.	Vaishnavi	TJMC	9398999562
12.	P sai Purethi	AMS	8886065069
13.	P. Vanusha	GSHWDC	9000978959
14.	Deepa	St. Ann's	9505650525
15.	B Himaja	OUCW	8074142401
16.			

Date: 24/11/22

2



Date: 24/11/22

Saravankumar
PRINCIPAL
 Sarojini Naidu Vanita Maha Vidyalaya
 Exhibition Grounds, Hyderabad-500 001





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36th Greater Hyderabad Inter School & College Yogasana Competition



Invitation

36th Greater Hyderabad Inter School and College Yogasana Competitions
On 15th October 2022
Time: 10:00 A.M onwards at
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Nampally, Hyderabad.

Guests of Honor
Sri Aditya Margam
Chairman, SNVMV
Sri N Vinay Kumar
Hon. Secretary, SNVMV

Presided by
Sri Brij Bhushan Purohit Garu
President Indian Yoga Federation,

Sri S. Ravi Kamar **Dr. D. Shobhana**
President Telangana Yoga Association Principal SNVMV

Jointly Organized by
Sarojini Naidu Vanita Maha Vidyalaya and
Hyderabad, RangaReddy, Medchal District Yoga Association



HYDERABAD DISTRICT YOGA ASSOCIATION

(Affiliated to : Telangana Yoga Association, District Sports Authority, Hyderabad,
Mailing Address : Flat No. 202, Laxminarayan Apartments, Kutbiguda, Hyderabad - 27.
Mobile : 8886665690, 9440191179.

Ref:

Date :

17/09/2022

To
The Principal
Sarojini Naidu Vanita Maha Vidyalaya,
Exhibition Grounds,
Nampally, Hyderabad.

Respected Madam,

Sub: - 36th Inter school & College Yogasana Championships 2022- at SNVMV-15th Oct2022 - Reg.

This is with reference to our request through Sri K. Yashwanth for 36th Inter School & College Yogasana Championships 2022, to be organized at SNVMV on 15th October 2022.

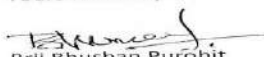
We are Thankful to You and Management of Sarojini Naidu Vanita Maha Vidyalaya, for accepting our Proposal for conducting the above said event in your premises.

The management is always encouraging us for such programs, for which our whole committee is thankful for your kind gesture.


Our committee members along with K.Yashwanth yoga teacher will be coordinating for necessary arrangements.

Please do the needful in this matter.

Thanking you
Yours faithfully


Brij Bhushan Purohit
President


G. Surendernath
Gen. Secretary


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



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HYDERABAD DISTRICT YOGA ASSOCIATION

(Affiliated to : Telangana Yoga Association, District Sports Authority, Hyderabad.

Mailing Address : Flat No. 202, Laxminarayan Apartments, Kutbiguda, Hyderabad - 27.

Mobile : 8886665690, 9440191179.

Ref:

Date :

REQUIREMENTS & ESTIMATION OF EXPENSES FOR INTER SCHOOL & COLLEGE YOGASANA CHAMPIONSHIPS

REQUIREMENTS

Hall / Auditorium for ceremonies, 3/4 stages with non slippery carpets, stage banners, audio /mike system, proper lighting, chairs, and tables for officiating, carpets for practicing, stationary for championship, parking place, Drinking water, Refreshment/food arrangement. Etc.,

ESTIMATION OF EXPENSES

1) Refreshment / Lunch for officials.....	5,000/-
2) Tables, Chairs, Carpets.....	10,000/-
3) Medal/ Prizes.....	8,000/-
4) Mementoes.....	3,000/-
5) Opening/Closing Ceremony.....	4,000/-
6) Banners/Flyer's.....	5,000/-
7) Transportation	1,000/-
8) Light & Sound.....	2,000/-
9) Certificates.....	6,000/-
10) Photo & Video graph.....	10,000/-
11) Stationary	5,000/-
12) Miscellaneous Expenses.....	2,000/-

DEPARTMENT OF PHYSICAL EDUCATION


36TH Greater Hyderabad Inter School And Inter College Yogasana Championship

• Arrangements For Officials

01. Snacks and Tea (40 Members)
(morning/Evening)
02. Lunch (50 Members)
03. Bubble Cans (Water-15)
04. Small Water Bottles (60 Bottles)

• Arrangements for the Stage

1. Big Stage Arrangements/with Mating
2. Small Stage Arrangement -4/with Mating
3. Mic and Sound System
4. Banners-Big Size-1/Small Size-5
(20*12=1)(6*4=5)
5. Chairs-60
6. Buffet Tables with Clothing-10
7. Shawls-5, Tulsi Pots-5


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REPORT

Report for 36th Greater Hyd. Inter School & Competitions On 15th October 2022.

It was a great privilege to organize the 36th greater Hyderabad inter school & college yogasana Competition which was organized by Hyderabad, Ranga Reddy & Medchal district yoga association with collaboration of Sarojini Naidu Vanita Maha Vidyalaya.

In this championship overall 800 students participated from different schools & colleges. The officials & volunteers who rendered their service where about one hundred. The Competition was inaugurated by.

Guests of Honor

Sri Aditya Margam
Chairman, SNVMV

Sri N Vinay Kumar
Hon. Secretar SNVMV

Presided by
Sri Brij Bushan Purohit Garu
President Indian yoga federation

Sri. S.Ravi Kumar
(President Telangana Yoga Association)

Dr.D. Shobhana
(Principal SNVMV)


Sri Brij Bushan Purohit Garu (working President Indian yoga federation, and other fifty judges, officials took part and made the event graceful the volunteers of S.N. Vanita college did a "laudable" job for conducting the championship in assisting all type of activities during the championship ranging from soaring, totalling, managing the participants, serving the food etc.

The preliminary round conducted successful on 15th October 2022 finals on same day.

We are very thankful to the management of the snvmv particularly Dr D. Shobhana and sports department without their support this Competition would be a difficult task.

On behalf of our Association, we are thankful to SNVMV Students and look forward for many more projects ahead.

We are thankful to one & all to make the event Successful.


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Secured by Inter Category

1st place: P.Sneha (Sarojini naidu Vanita Maha vidyalaya)
2nd place: Naga Laxmi (st.marks Jr college)
3rd place: Bhavani (Annamacharya college)

Secured by Degree Category

1st place: Divya Giri (Sarojini Naidu Vanita Maha vidyalaya)
2nd place: Sai Shreyanaka (Soham Accademy)
3rd place: Shivani (Koti women's College)

Department of physical education
D.Sudha rani (physical directress)


**TELANGANA YOGA ASSOCIATION**
Affiliated to: Indian Yoga Federation, Sports Authority, & Olympic Association, Telangana
#3-3-911/9, F.No. 202, Kulbiguda, Kachiguda, Hyderabad, Telangana State - 500027
T: 040-24605847, M: +91 9440191179

RESULT SHEET

DATE: 15/10/22 NAME OF THE CHAMPIONSHIP: _____ CATEGORY: 3 to 5 Girls

S.NO	CNO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	67	THEA 104	THEA	RUPRA YOGA Tasildar	I
2	17	103	T. GEETIKA	ST. MARTIN	II
3	10	101	SAI PRAVALIKA .M	N.S.J.M (SR Nagar)	III
4	06	99.36	SUASTIKA .K ALVAREEYA	CHR. International	IV
5	27	99.37	LASYA PRIYA .K	SRI YOGALAYA	V
6	04	97	SOMYA .A	NELGEN HIGH school	VI
7	16	95 (64)	KAYRA .K	"	VII
8	35	95 (63)	SAXVI REDDY	ACADEMIC HIGH @ SR NAGP	VIII
9	11	95 (59)	SOMAJAKSHI .A	NELGEN HIGH school	IX
10	59	94 (60)	AARADHYA	RISHI PUBLIC school	X
11	18	94 (55)	TANVIKA REDDY M	LITTLE SCHOLARS	XI
8	36	95 (63)	KRITHIKA	Viveka nanda	XIII

CHAIRMAN TC/RB _____ CONVENOR TC/RB _____ GEN. SECRETARY _____


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RESULT SHEET

DATE: _____

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: 3rd to 5th Boys

S.NO	CNO.	MARKS OBTAINED	NAME OF THE COMPETITOR	School DISTRICT	PLACE
1	130	132	Ssi Vanij	NSJM School	I
2	139	127	Raju. k	Lotus Lab Public School	II
3	121	118	Venkat Thanmay Sai	CME International School	III
4	112	118	Harsha Vardhan	" "	IV
5	118	113	K.R. Chinmay	" "	V
6	132	110	Ajay. Y	Lotus Lab Public School	VI
7	117	108	Lokesh. CH	Vivekananda High School	VII
8	127	103	Amit	Sri Vidya Parvati Institute	VIII
9	128	96	Jhansen	GPS	IX
10	115	92	Saketh	Vigneshwara High School	X

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY _____



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RESULT SHEET

DATE: _____

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: 8th To 10th Class

S.NO	CNO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	431		Anil Kumar	LOTUS LAB	I
2	408		T. Venu	ZPHS	II
3	421		Kuldeep	St. Michael's School	III rd
4	446		Abhinav	"	IV th
5	428		B. Sai Dharaman	State. P.e. School	V th
6	418		Ritik	St. Michael's School	VI th
7	419		Sai So Teerth	"	VII th
8	447		Yadood	LOTUS LAB	VIII th
9	404		Ash Ayush Osha	State School	IX th
10	411		B. Sashwanth	Ta Shikha	X th

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY _____

Satish Kumar
PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
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T.: 040-24605847, M.: +91 9140191179

RESULT SHEET

DATE: _____

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: 8th - 10th Girls

S.NO	CNO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	485	138	G. Pranavi	Slate School	I st
2	454	135	Y. Lakshmi Prasanna	Sri Yoga	II nd
3	479	125 (212)	Raya Tr P	Sloka school	III rd
4	475	125 (202)	ASST AKSHARA TAJU	Slate School	IV th
5	1461	124	SamRoh P LatHay	Obel Reddy	V th
6	1461	123	Gehana Jadhav	Rudra Yoga	VI th
7	472	122 (105)	Vrinda	Sloka School	VII th
8	1451	122 (101)	Jahnavi	St. Michael's	VIII th
9	453	121	Naravi	Obel Reddy	IX th
10	460	120	Venkata RUCHIKA	Obel Reddy	X th

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY _____



TELANGANA YOGA ASSOCIATION

Affiliated to: Indian Yoga Federation, Sports Authority, & Olympic Association, Telangana
#3-3-911/9, F.No. 202, Kutbiguda, Kachiguda, Hyderabad, Telangana State - 500027
T.: 040-24605347, M.: +91 9140191179

RESULT SHEET

DATE: 15/08/2022

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: 6th to 7th (Girls)

S.NO	CNO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	237	134	SAR VANI KATIGHAR	NASR	I
2	227	128	DEEPEYA K	-	II
3	281	126 (86)	VRINDA	ST-MICHAEL School	III
4	201	126 (84)	KRITHIKA	-	IV
5	223	125	D. SAI SHRESTA	NASR	V
6	270	124	PANVI AGARWAL	SLATE THE School	VI
7	204	122	G. LASYA	CMR International school	VII
8	236	118 (88)	NIDA SIMRA	NASR	VIII
9	203	118 (83)	SHAILI SOLANKI	SLATE (Himgathar)	IX
10	255	117	B. SRINITYA	"	X

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY _____

P. Subashini
PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001




SAROJINI NAIDU VANITA MAHA VIDYALAYA

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JUNIOR



TELANGANA YOGA ASSOCIATION


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T : 040-24605847, M: +91 9440191179

RESULT SHEET

DATE: _____ NAME OF THE CHAMPIONSHIP: _____ CATEGORY: JUNIOR Boy 6-7 (Boys)

S.NO	C.NO	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	323	155	T. CHANDU	ZPAS	
2	318	145	SHIVA CHARAN	COUS LAPU PUBLIC SCHOOL	
3	310	144	RISHAV PANDEY		
4	324	141	KRIDAY CHITLANGI	SLATE	
5	331	139	TANAV JHAJWAR	SLATE	
6	335	132	DURGA PRASAD	COUS LAPU PUBLIC SCHOOL	
7	336	130	SRANUPRAKASH	"	
8	330	129	K. MANISHWAR REDDY		
9	305	126	S. ABHINAV	SLATE THE SCHOOL	
10	312	125	G. PHANERA DATTA	SLATE	

CHAIRMAN TC/RB _____ CONVENOR TC/RB _____ GEN. SECRETARY _____



TELANGANA YOGA ASSOCIATION

Affiliated to : Indian Yoga Federation, Sports Authority, & Olympic Association, Telangana
#3-3-911/9, F.No. 202, Kutbiguda, Kachiguda, Hyderabad, Telangana State - 500027
T : 040-24605847, M: +91 9440191179

RESULT SHEET

DATE: 15/10/22 NAME OF THE CHAMPIONSHIP: _____ CATEGORY: INTER BOYS

S.NO	C.NO	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1	569	148	K. SARTHVIK	HPS	1
2	560	146	VIVEK	HVS	2
3	563	146	K. VIJAY KUMAR	SIVA SIVANI	JUNIOR COLLEGE 3
4	565	142	ARUN	SRIVEDHAVI	4
5	567	141	B. NITHIN	MARAYANA COLLEGE	5
6	567	135	SRIRANTH	SOHAM ACADEMY	6
7	570	133	SRIVARDHAM	SRIVEDHAVI	7
8	568	128	T. ANSHUL SINGH	HVS.	8

CHAIRMAN TC/RB _____ CONVENOR TC/RB _____ GEN. SECRETARY G. Ananth

G. Ananth
PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

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RESULT SHEET

DATE: _____

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: Inter Girls

S.NO	C.NO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
1.	1504	155	SNEHA	vanitha college	I
2.	513	154	NAGA LAXMI	st marks jr. college	II
3.	502	148	BHAVANI	Annamacharya	III
4.	505	147	PRAPTI	Keshav memorial coll	IV
5.	516	135	NANDINI	vanitha college	V
6.	516	136	AMBICA	"	VI
7.	508	132	BHAVANI	saham Academy	VII
8.	517	131	SRUTHI VARMA	Kastha junior coll	VIII
9.	510	127	VISHNU PRIYA	saham Academy	IX
10.	1505	126	NIROOPAM DAS	sruvidya college	X

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY G. Anusha



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RESULT SHEET

DATE: _____

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: Degree / P.G. Boys

S.NO	C.NO.	MARKS OBTAINED	NAME OF THE COMPETITOR	DISTRICT	PLACE
	624	262	Naresh		I
	625	219	M. Shankar		II
	627	218	P. Saketh Kumar	Anusha college	III

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY P. Anusha

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T: 040-24605847, M: +91 9440191179

RESULT SHEET

DATE: 15/10/2022

NAME OF THE CHAMPIONSHIP: _____

CATEGORY: DEGREE / PG Girls

S.NO	C.NO	MARKS OBTAINED	NAME OF THE COMPETITOR	College DISTRIKT	PLACE
1.	607	155	Divya Gini	Vanita clg	I
2.	604	154	Sai Shreyamka	Soham Academy	II
3.	610	151	Shivani	Koti Women's clg	III
4.	606	146	Sai Praeethi	Soham Academy	IV
5.	609	142 (96)	Rajitha	Soham Academy	V
6.	601	142 (91)	Rishika	Vanita clg.	VI
7.	620	141	Mythri	Saruni clg.	VII
8.	618	136	B. Deepa	Vanita clg.	VIII
9.	608	135	P. Swati	VBIT clg	IX
10.	614	134 (95)	Vaishnavi Patel	TMC	X
11.	605	134 (94)	Azuvi	Vanita clg	XI

CHAIRMAN TC/RB _____

CONVENOR TC/RB _____

GEN. SECRETARY _____

మన తెలంగాణ

తెలంగాణ ప్రజల సేవ

జిల్లా స్థాయి పర్యావరణ రక్షణ

జిల్లా స్థాయి పర్యావరణ రక్షణ కార్యక్రమం జరిగింది. పాల్గొన్నవారు పరిసర ప్రాంతాలను పర్యావరణ రక్షణ కోసం పనిచేసారు. ఈ సందర్భంగా పాల్గొన్నవారు పరిసర ప్రాంతాలను పర్యావరణ రక్షణ కోసం పనిచేసారు.

మా వాటలలో ఇల్లు కడుతంబ దబ్బుల కంసం ఎభస్తున్నాం

మా వాటలలో ఇల్లు కడుతంబ దబ్బుల కంసం ఎభస్తున్నాం. ఈ సందర్భంగా పాల్గొన్నవారు మా వాటలలో ఇల్లు కడుతంబ దబ్బుల కంసం ఎభస్తున్నాం.

జనతా మహావిద్యాలయంలో యోగాసన పోటీలు

జనతా మహావిద్యాలయంలో యోగాసన పోటీలు జరిగాయి. పాల్గొన్నవారు యోగాసన పోటీలు జరిగాయి.

అలరంజన కూనపూడి స్మృతి ప్రదర్శన

అలరంజన కూనపూడి స్మృతి ప్రదర్శన జరిగింది. పాల్గొన్నవారు అలరంజన కూనపూడి స్మృతి ప్రదర్శన జరిగింది.

నటి యువత సొంతంగా ఉపాధి అవకాశం అందుకోవాలి

నటి యువత సొంతంగా ఉపాధి అవకాశం అందుకోవాలి. ఈ సందర్భంగా పాల్గొన్నవారు నటి యువత సొంతంగా ఉపాధి అవకాశం అందుకోవాలి.

డాక్టర్ అబ్దుల్ కలాం 91వ జయంతి వేడుకలు

డాక్టర్ అబ్దుల్ కలాం 91వ జయంతి వేడుకలు జరిగాయి. పాల్గొన్నవారు డాక్టర్ అబ్దుల్ కలాం 91వ జయంతి వేడుకలు జరిగాయి.

జనసల లబ్ధిచేష్టు పెంచకుంట్ ముసుగోడు ఎగ్గుకట్ల బుట్ట చెప్పతాం

జనసల లబ్ధిచేష్టు పెంచకుంట్ ముసుగోడు ఎగ్గుకట్ల బుట్ట చెప్పతాం. ఈ సందర్భంగా పాల్గొన్నవారు జనసల లబ్ధిచేష్టు పెంచకుంట్ ముసుగోడు ఎగ్గుకట్ల బుట్ట చెప్పతాం.

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Date: 15/10/22



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Rubicon's "Connect with Work" life skill training program

Rubicon's "Connect with Work" Program, supported by Barclays aims at improving the employability skills of the youth. This initiative is supported by Barclays. Under this program, students will be trained by Corporate Trainers to enhance their Life skills which would help them significantly to increase their chance of succeeding in a job interview

11/06/2022, 10:11

Connect with Work Program supported by Barclays aims at improving the employability skills of the youth

 Gmail

Vanita Placements <vanita.placements@gmail.com>

Lifeskills- Program, supported by Barclays aims at improving the employability skills of the youth

1 message

Heena Khan <heena@rubiconngo.org> Mon, Apr 4, 2022 at 10:24 PM
To: vanita.placements@gmail.com

Respected Ma'am/Sir,

Greetings from Rubicon!

It is my pleasure to introduce Rubicon. Rubicon was created with a dream of a world where every youth has the power to transform lives for themselves and others around them. We strongly believe that every youth has the potential to make a difference in their personal lives as well as the community around them. We build competencies, which would help youth seek careers and prosper in their career of choice. We bring excitement into learning by developing and harnessing their curiosity and intrinsic motivation for learning.


Rubicon's "Lifeskills" Program, supported by Barclays aims at improving the employability skills of the youth. This initiative is supported by Barclays. Under this program, students will be trained by Corporate Trainers to enhance their Life skills which would help them significantly to increase their chance of succeeding in a job interview. This program is being launched with a limited no of colleges in India.

We are looking forward to partnering with your Institute and plan to run the below initiatives:

1. 34 hrs. classroom training on Interview Skills (Details mentioned below). Due to lockdown this is divided into two parts - 18 hours virtual and 8 hours classroom training. 18 hours of virtual training will be delivered by a Corporate Trainer using Zoom/Teams as a platform - training will be conducted 2 hours per day for 9 days. 8 hours of face-to-face training will be done once the lockdown is lifted and before the campus placement starts.
2. Industry visit of students to various organizations.
3. Post Placement Mentoring and Career Counselling support to placed students for one year.

In Life Skills training, we will be covering the below topics:

<https://mail.google.com/mail/u/0/?ui=2&ik=63d6e9952b9e9c46a39e4414964117291970348117602&aspreopen=117291970348117602>


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COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

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LIST OF STUDENTS

First Name	Last Name	Pursuing Year	Passout Year
Iahari	Uppali	BA	2024
Sehrish	Mehwin	BBA	2024
E	Sreya	Bsc.Microbiology	2023
PANTHULA	SRAVANI	BSC(life science)	2023
Gayathri	Gandla	Bsc	2024
Begari	Priyanka	BSC	2024
Mukkera	Sai manasa	Degree	2023
Aishwarya	Pilli	Bsc. ZMC	2023
Bijja	Pooja	Bsc mpcs	2022
PAKA MADHU	PRATEEKSHA	Bsc ZMC	2023
M	Vaishnavi	BA	2025
Saabreen	Sheheryar	B.com	2024
Gundu.kavya	Goud	Bsc mpcs	2023
Jakkannapeta	Aishwarya	Bsc(mpcs)	2023

Subashini
PRINCIPAL

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BOLLU	Vaishnavi	Bsc	2023
Srija	Nemmani	B.Sc MPCs	2023
Chilakamare	Gayathri	BBA	2024
Husna	Unnisa	Bsc physical science	2023
Nabiha	Begum	B com general	2022
Gajjada	Hema	Bsc. Applied Nutrition	2024
KAVALI	PRIYANKA	BSc	2023
ANNU	ANNU	Bsc	2023
Masroor	Jahan	B.Sc. MECs	2024
Kappera	Pinky	Degree	2023
Alekhya	Rana	Bsc	2024
Chandana	Chutakulla	Bsc.physical science	2024
Anjali	Sharma	B.Com(General)	2024
GADDE	LAVANYA	MPCS	2023
Aka Nimeshika	Mangeswari	BSC Life science	2023
Tikaram	Kamakshi	B. Com	2024
Sripooja	Maringanti	Bsc. Physical sciences	2024
K	Anjali	BSC	2024
D	Reni	Bsc.life science(botany,biochemistry, applied nutrition)	2023
Sunkari	Aakanksha	Bba(2023
AMARA	SEETHA RAVAMMA	BBA	2023
Dharne	pranitha	Bcom computer applications	2023
Rashmi	Devarakonda	BBA	2023
Vadlamani	Prathyusha	B.com computers	2023
GARLAPALLI	PRAVALIKA	B.com computers application	2023
Palimkar	Bhavani Pooja	B.com computers	2023
Nomula	Saiprasanna	BBA	2023
RAMDASSOLA	Neha	Bcom computers applications	2023
BOYAR Achal	BOYAR Achal	BSC applied nutrition and public health	2023
Tanneru	Leela	B.com	2023
Adula	Sai Ishwarya	B.com (computer applications)	2023
Derangula	Varsha	B. Com(computer applications)	2023
Muller	Anila	Degree	2023
Vuppu	Supriya	B.com computers	2023
Madnalwar	Jyothi	Bsc	2022
Tajiya	Khudsi	Applied Nutrition and Public Health (ZCAN)	2023
Revally	Tulasi	Degree	2023


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Certificate



CERTIFICATE

— OF PARTICIPATION —

THE CERTIFICATE IS PRESENTED TO:

Sehrish Mehwin

For successfully participating in Online Training Session from 22nd July 2022 to 01st August 2022
on "Employability Skills" under "LifeSkills" program organized by Rubicon
in collaboration with Sarojini Naidu Vanita Maha Vidyalaya, Hyderabad, Telangana.

Dhanya Narayanan
Chief Operating Officer

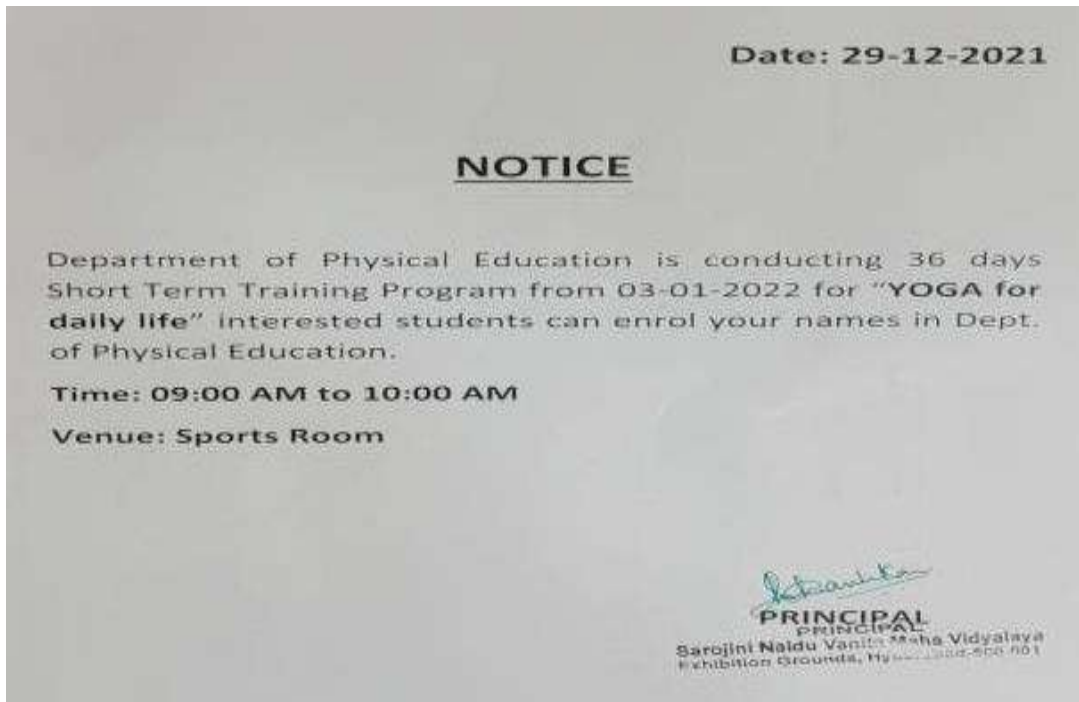
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YOGA FOR DAILY LIFE - Report



Coordinator: Ms. K. Sudha Rani (Ph. No: 9985744130)

Start Date: 03-01-2021

No.of students Participated: 34



Sudha Rani
PRINCIPAL
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102 YOGA JAN - 2022

Sl. No.	NAME	Class	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	31		
1	A. Prathimsha	MPC 2		X	X	X	X	X																												
2	Ashwathi Dubey	B.Com 2		X	X	X	X	X																												
3	P. Isha	B.Com 2		X	X	X	X	X																												
4	V. Roja	MPC 2		X	X	X	X	X																												
5	Prayaga Shree	B.Sc 2		X	X	X	X	X																												
6	Deepa Bandi	B.Sc 2		X	X	X	X	X																												
7	Amrita Chakr	B.A 1		X	X	X	X	X																												
8	Naina Bagum	B.A 1		X	X	X	X	X																												
9	D. Kalika	B.A 1		X	X	X	X	X																												
10	Vidhi Jain	B.Com 2		X	X	X	X	X																												
11	Chanda Lakshmi	B.Com 2		X	X	X	X	X																												
12	P. Kajal	B.Com 2		X	X	X	X	X																												
13	P. Harika	B.Sc 2		X	X	X	X	X																												
14	Ch. Nageshwar	B.Sc 2		X	X	X	X	X																												
15	P. Shrivani	B.Sc 2		X	X	X	X	X																												
16	Geetha	B.Sc 2		X	X	X	X	X																												
17	B. Kunti	B.Com 2		X	X	X	X	X																												
18	A. Saranya	B.Com 2		X	X	X	X	X																												
19	B. Saranya	B.Sc 2		X	X	X	X	X																												
20	Zail. Unnati	B.A 2		X	X	X	X	X																												
21	Hanika Patel	B.A 1		X	X	X	X	X																												
22	P. Veerana Praga	B.Sc 2		X	X	X	X	X																												
23	G. Sumanjali	B.Sc 2		X	X	X	X	X																												
24	B. Anubha	B.Sc 2		X	X	X	X	X																												
25	B. Pragathi	B.Com 2		X	X	X	X	X																												
26	K. Nandini	B.Sc 2		X	X	X	X	X																												
27	P. Kalpani	B.Com 2		X	X	X	X	X																												
28	B. Shwari	B.Sc 2		X	X	X	X	X																												
29	N. Ranga Sai	B.Sc 2		X	X	X	X	X																												
30	Alya Kalyani	B.Com 2		X	X	X	X	X																												
31	Rubina Sultan	B.Com 2		X	X	X	X	X																												
32	T. V. Anitha	B.Com 2		X	X	X	X	X																												
33	A. Anandini	B.Com 2		X	X	X	X	X																												
34	B. Kunti	B.Com 2		X	X	X	X	X																												

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Handwritten notes on page 103: "Bachchanita Pradyumna", "Sun day", "Sun day", "15th January".

Subashini

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FITNESS THROUGH YOGA - Report

Date: 01-11-2021

NOTICE

Department of Physical Education is conducting 36 days Short Term Training Program from 05-11-2021 for "FITNESS THROUGH YOGA" interested students can enrol your names in Dept. of Physical Education.

Time: 09:00 AM to 10:00 AM

Venue: Sports Room



PRINCIPAL
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Exhibition Grounds, Hyderabad-500 001

Coordinator: - Ms.K. Sudha Rani (Ph. No: 9985744130)

Start Date: - 05-11-2021

No.of students Participated: - 22




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YOGA NOV '2021

YEAR: 2021-2022

Sr	NAME	CLASS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
1)	A. Prathyusha	MPC 3 rd Yr							X	X							X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X	
2)	Ashruthi Subudh	Bcom 1 st Yr							X	X												X													
3)	P. Esha	Bcom 1 st Yr																																	
4)	Raja Y	MPC 1 st Yr																																	
5)	Blagya Shree	MPC 1 st Yr							X	X								X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	
6)	Deepa Bandi	MPC 1 st Yr							X	X																									
7)	Ashwini Goble	BBA 1 st Yr							X	X																									
8)	Nazia Beyun	BA 1 st Yr							X	X																									
9)	D. Rishika	BBA 1 st Yr							X	X																									
10)	Vidhi Jain	Bcom 1 st Yr							X	X																									
11)	Chanda Kachawia	Bcom 1 st Yr							X	X																									
12)	P. Kajol	Bcom 1 st Yr							X	X																									
13)	P. Hanka	Bcom 1 st Yr							X	X																									
14)	G. Nageshwar	Bcom 1 st Yr							X	X																									
15)	P. Shivani	Bcom 1 st Yr							X	X																									
16)	Geetha	Bcom 1 st Yr							X	X																									
17)	B. Keerthi	Bcom 1 st Yr							X	X																									
18)	A. Samstya	Bcom 1 st Yr							X	X																									
19)	B. Lavanya	Bcom 1 st Yr							X	X																									
20)	Zaidi Umiel	BA 1 st Yr							X	X																									
21)	Hemisha Patel	BA 1 st Yr							X	X																									
22)	P. Vaishnavi	BA 1 st Yr							X	X																									
22)																																			


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Blogging for beginners - ICT course

Report

Resource Person: Mrs. Prabha Shukla

Student coordinator: Vishwahitha CM, 89195 14161

The 30 hours course on “**BLOGGING FOR BEGINNERS**” started on 03-01-2022, free of cost. The course is conducted only for the students who are having Laptop/desktop to handle the project work smoothly. 15 students registered and attended the course. All the students has submitted their project work and were awarded certificates at the end of the course.

Date: 23-12-2021

NOTICE


IQAC in association with Computer Science Department is organising a Certificate Course on “**Blogging for Beginners**”. All SN Vanita students having Laptop and Internet connection are eligible for the course. Interested students can register at Computer Science Department on or before 04-01-2022.

Resource Person: Prabha Shukla, K. Subba Rao

Note: Course strength is limited.

100% Attendance is Mandatory.


Principal


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Unit I:

Introduction: Internet, Basic Internet Terminology: WWW, Web Page, Web Browser, ISP, Search Engine- Types of search Engine-Efficiency of Search Engines

Cloud Storage: Types of Storage Basics of Cloud computing –Applications of Cloud Computing – Examples of Cloud Storage –Google drive iCloud- Streaming Using Cloud Technology-YouTube OTT. Types of Storage and Storage capacity on Cloud, Backend & Frontend, Client & Server, Programming v/s Drag and drop tools

Unit II:

Blogging & its Core components: Introduction to Blog- Difference between Webpage and Blog. Understanding the core concept of Blog and Blogging, Examples of famous Blogs – Amitabh Bachan-

Introduction to HTML Codes, Useful tags- simple examples and exercises

Working with Pages and Layouts: Creation of Blog- Blog Platforms – Introduction to BlogSpot dot cum. Different layouts. Creating Pages, Editing and Generating links Monitoring the blog- making the blog popular Views Post your Content/Photos/Videos.

Course Outcome:

- Choose and use the right blogging platform
- Post blog entries, complete with photos, videos, and other multimedia
- Maintain and promote their blog(s)
- Create, design, and name a blog
- Reach a desired audience with specific content

Online Attendance sheet

S. No	Timestamp	Name	Group	Roll No.	Phone no.
1	1-3-2022 15:54:21	BOMMAKANTI SRISHA	BSC MPCs	117519468008	7995204485
2	1-3-2022 15:54:23	S.Archana	Bsc MPCs	117519468068	9133608330
3	1-3-2022 15:54:45	G.Nandini	MECS	117519474016	6303816190
4	1-3-2022 16:03:00	Sarsan nandini	MPCs	117519468062	6305949947
5	1-3-2022 16:54:15	Vishwahitha	BSC-MPC	117519441008	8919514161
6	1-3-2022 17:23:57	G. SHUBHADHAYINEE	BBA 2nd Year	019	9390820464
7	1-3-2022 18:13:55	E. Shirisha reddy	Mpcs	117519468017	9391193077
8	1-4-2022 15:42:17	Puppala sadvika	Mpcs	117519468054	8688760328
9	1-4-2022 17:11:53	Mamatha	Bsc(MPC)	117519441001	9346332919
10	1-5-2022 15:48:08	Veena Vani	BSc MPC	117519441017	6303617192
11	1-5-2022 15:48:35	Deepthi	Bsc.MPC	117519441025	9390169813
12	1-5-2022 17:04:33	Gantaji Shruthi	Mpcs	117519468020	9703514739

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13	1-5-2022 19:26:41	Sarsan nandini	Mpcs	117519468062	6305949947
14	1-5-2022 19:32:07	Shubhadhayinee G	BBA 2nd Year	019	9390820464
15	1-5-2022 19:47:39	Puppala sadvika	Mpcs	117519468054	8688760328
16	1-5-2022 19:53:43	Vishwahitha	BSC- MPC	117519441008	8919514161
17	1-5-2022 19:54:22	Mamatha	Bsc(MPC)	117519441001	9346332919
18	1-5-2022 19:54:56	Veena Vani	BSc MPC	117519441017	6303617192
19	1-5-2022 20:05:45	Veena Vani	BSc MPC	117519441017	6303617192
20	1-5-2022 20:06:40	Veena Vani	BSc MPC	117519441017	6303617192
21	1-5-2022 20:07:01	G.Nandini	Mecs	117519474016	6303816190
22	1-5-2022 20:27:45	E. Shirisha reddy	Mpcs	117519468017	9391193077
23	1-5-2022 20:28:49	Bommakanti Srisha	BSC MPCs	117519468008	7995204485
24	1-5-2022 20:29:42	Bommakanti Srisha	BSC MPCs	117519468008	7995204485
25	1-5-2022 20:46:47	S.Archana	Bsc MPCs	117519468068	9133608330
26	1-5-2022 22:14:02	Deekshitha Patthi	BBA	117520684037	+918919154133
27	1-6-2022 18:17:03	Ramya Kurumaju	Bsc(MECs)	117519474025	9951283655
28	1-6-2022 20:37:12	E. Shirisha reddy	Mpcs	117519468017	9391193077
29	1-6-2022 20:46:35	Gajavelli Nandini	MECS	117519474016	6303816190
30	1-6-2022 21:34:22	G. SHUBHADHAYINEE	BBA 2nd Year	019	9390820464
31	1-7-2022 12:42:54	Bommakanti Srisha	BSC MPCs	117519468008	7995204485
32	1-7-2022 16:44:25	Veena Vani	BSc MPC	117519441017	6303617192
33	1-7-2022 17:27:52	G. SHUBHADHAYINEE	BBA 2nd Year	019	9390820464
34	1-7-2022 17:33:02	Gajavelli Nandini	MECS	117519474016	6303816190
35	1-7-2022 17:41:35	kurumaju ramya	Bsc(MECs)	117519474025	9989013232
36	1-7-2022 17:46:08	Verna Vani	BSc MPC	117519441017	6303617192
37	1-7-2022 18:53:23	Vishwahitha	BSC- MPC	117519441008	8919514161
38	1-7-2022 20:06:30	Puppala sadvika	Mpcs	117519468054	8688760328
39	1-7-2022 20:07:15	Puppala sadvika	Mpcs	117519468054	8688760328
40	1-7-2022 20:15:57	Gajavelli Nandini	MECS	117519474016	6303816190
41	1-7-2022 20:17:07	G.Nandini	MECS	117519474016	6303816190
42	1-7-2022 20:18:00	E. Shirisha reddy	Mpcs	117519468017	9391193077
43	1-7-2022 20:50:48	Sarsan nandini	MPCs	117519468062	6305949947
44	1-8-2022 12:27:54	Sarsan nandini	MPCs	117519468062	6305949947
45	1-8-2022 12:28:20	E. Shirisha reddy	Mpcs	117519468017	9391193077
46	1-8-2022 12:28:26	Kurumaju Ramya	Bsc(MECs)	117519474025	9951283655
47	1-8-2022 12:28:36	Veena Vani	BSc MPC	117519441017	6303617192
48	1-8-2022 12:30:04	Vishwahitha	BSC- MPC	117519441008	8919514161
49	1-8-2022 12:45:58	G. SHUBHADHAYINEE	BBA 2nd Year	019	9390820464
50	1-10-2022 19:55:05	vishwahitha	BSC-MPC	117519441008	8919514161
51	1-10-2022 19:56:12	E. Shirisha Reddy	Mpcs	117519468017	9391193077
52	1-10-2022 19:56:57	G. Shubhadhayinee	BBA 2nd Year	019	9390820464
53	1-10-2022 20:31:58	Ramya Kurumaju	Bsc(MECs)	117519474025	9951283655
54	1-10-2022 20:39:03	Puppala sadvika	Mpcs	117519468054	8688760328
55	1-10-2022 20:40:57	Bommakanti Srisha	MPCs	117519468008	7995204485
56	1-10-2022 20:45:55	Nandini G	MECS	117519474016	6303816190

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57	1-10-2022 22:12:29	Nandini.G	MECS	117519474016	6303816190
58	1-10-2022 22:13:59	G.Nandini	MECS	117519474016	6303816190
59	1-11-2022 21:43:24	Ramyia Kurumaju	Bsc(MECs)	117519474025	9951283655
60	1-17-2022 14:43:02	Bommakanti Srisha	MPCs	117519468008	7995204485
61	1-17-2022 14:51:07	G.Nandini	MECS	117519474016	6303816190
62	1-17-2022 14:51:57	G.Nandini	MECS	117519474016	6303816190
63	1-17-2022 14:53:19	G Shubhadhayinee	BBA 2nd year	019	9390820464
64	1-17-2022 15:04:40	Vishwahitha	BSC-MPC	117519441008	8919514161
65	1-17-2022 17:23:50	Veena Vani	BSc MPC	117519441017	6303617192
66	1-19-2022 17:06:39	Veena Vani	BSc MPC	117519441017	6303617192
67	1-19-2022 17:07:18	Veena Vani	BSc MPC	117519441017	6303617292

Submitted assignments:

<https://csevanita.blogspot.com/2022/01/preparation.html>

[SPEAKWITHME: COMMUNICATION SKILLS \(learnscommunication.blogspot.com\)](https://learnscommunication.blogspot.com)

<https://financialedutcatationindia.blogspot.com/2022/01/financial-literacy-among-youth-in-india.html>

<https://seekjobwithme.blogspot.com/2022/01/learn-to-seek-job-with-me.html>

Photos link:

<https://drive.google.com/drive/folders/1gfOKXmDf0soYbl2rh51uECjsTFbzYiCl?usp=sharing>



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Certificate



[Signature]
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International Yoga Day

NOTICE

Dt. 21ST JUNE 2022

All the staff Members and Students are Requested to attend on "yoga for humanity" session on yoga in connection with 8th International yoga day on 21st June 2022 i.e. Tuesday at 10.30 am in college Premises.


Principal


SAROJINI NAIDU VANITA MAHA VIDYALAYA : HYDERABAD **YOGA REPORT**

Held on: 21st Jun 2022

Venue: SAROJINI NAIDU VANITA MAHA VIDYALAYA campus

On the occasion of International yoga day is observed and celebrate on July 21st every year to spread awareness about the benefits of yoga. Sarojini Naidu Vanitha Maha Vidyalaya Department of physical education is associated with South Central zone cultural centre, Nagpur celebrated international yoga day in the college premises on 21-06-2022 at 10:00AM. 300 students participated in yoga demonstration. Yoga protocols were explained. This was followed by cultural programs sponsored by SCZCC, Nagur Sri. Brijbhushan purohit, president, Indian federation yoga was the chief guest, Sri S. Ravi Kumar, President Telangana yoga Association was the guest of honour. Sri Viswakarma DRK member , program committee, SCZCC was a guest Sri. N.Vinay Kumar, Secretary and Dr. D.Shobhana principal addressed the students and Sri.Aditya Margam Chairman, SNVMV presided over the function the best way to celebrate yoga day is by learning a new yoga posture. During the event the college students demonstrated yoga posture followed by cultural programs. This year, the international yoga day celebrated on the concept of yoga for humanity in India as announced by the ministry of Ayush all the participants were asked to make this yoga day a success and further popularise yoga.

Mrs. D.Sudha Rani (Physical Directress)
Department of Physical Education


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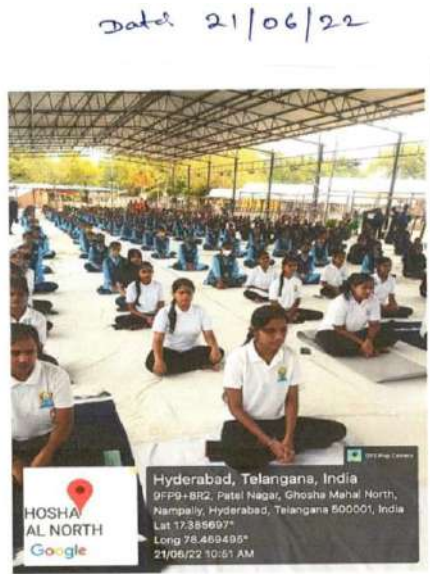
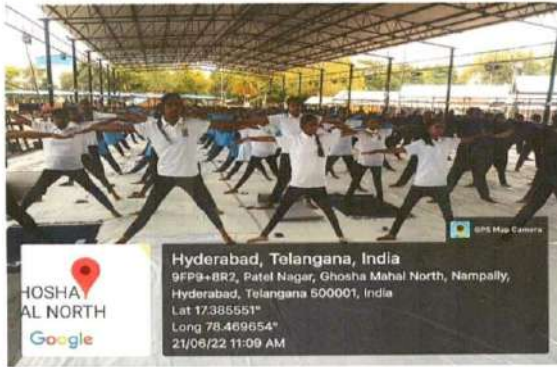


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నమస్తే తెలంగాణ మధనారం 22 జూన్ 2022 గోషామహల్ / నాంపల్లి / కార్వాన్ / ఛా

మానవాళికి..బహుమతి యోగా

మానవాళికి..బహుమతి యోగా

సారోజినీ నాయిడూ వానితా మాహా విద్యాలయం
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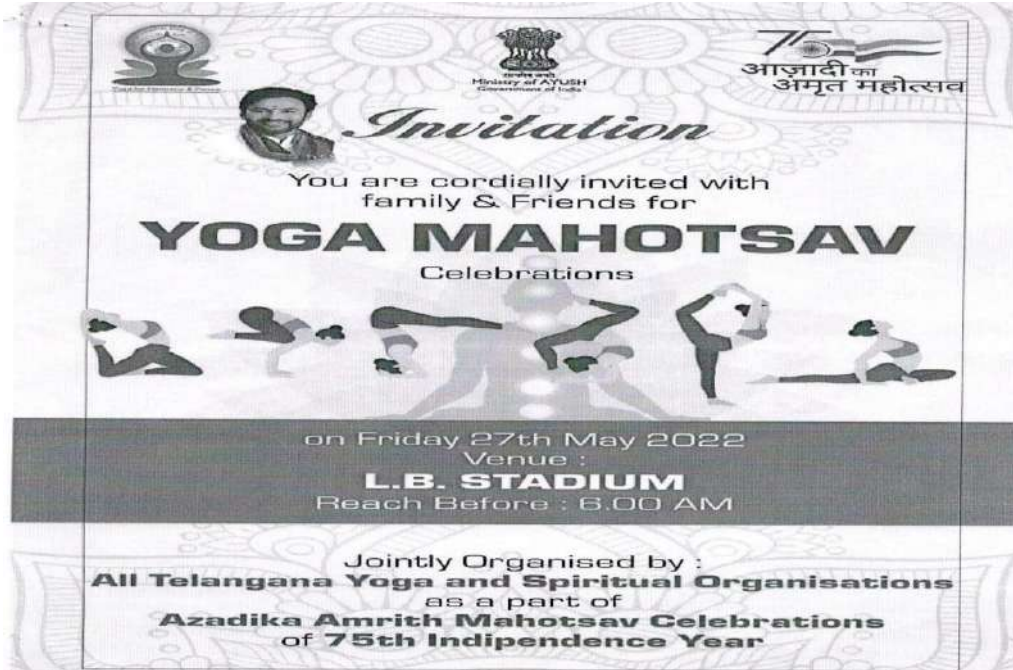
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Yoga Mahotsav



YOGA MAHOTSAV - May-27 / INTERNATIONAL DAY OF YOGA -21-JUNE-2022

Jointly Organised by : Telangana State Yoga and Spiritual Organizations

Opp.: Himalaya Book World, 5th Floor, Vishal Vaibhav Complex, Road No. 12, Banjara Hills, Hyderabad, T.S.

Contact No : 9246227061, 9618501010, email id : yogamahotsavtelangana@gmail.com

Steering Committee:

Under The Supervision of Union Minister
G.Kishan Reddy
 Minister Tourism And Culture
 Development of North Eastern States

Sarvasree P. Ravi Kishore
 (Program Coordinator)

D.Satya Reddy
 (Gen Secretary TYTCC)

G. Sridhar Rao
 (State President Patanjali Yoga)

N.Krupakar
 (State Sr. Vice-President Telangana
 Yogasana Sports Association)

Brij Bhushan Purohit
 (President, Indian Yoga Federation)

S.Ravi Kumar
 (President Telangana Yoga Association)

Ramachandra Mission

Brahma Kumari's

Art of Living

Isha Foundation

Surya Prakash
 (Nirmala Sadana Jyothi Mandir)

Lugendra Pillai
 (Telangana Yoga Masters Federation)

S.N. Reddy
 State Gen. Secretary
 Trama

S. Madhusudan
 State Gen. Secretary
 Trama

Anantha Lakshmi
 (Yoga Therapist)

Nageshwar Rao
 (Love Yoga Foundation)

M. Sai Chakravarthy
 (Kaivalya Yoga)

G. Rajalingam Goud
 State Director Telangana
 NUREL WORLD RECORDS

To,
 Sarojini Naidu Vanita
 Maha Vidyalaya College
 Exhibition Ground
 Nampally
 Hyderabad,
 Telangana
 Respected Sir/Madam

Date: 21/05/2022

This is to inform you that the Ministry of Ayush & Ministry of Tourism and Culture,, Government of India is organizing an event titled as "YOGA MAHOTSAV" as part of AJADI KA AMRITH MAHOTSAV on the occasion of completion of 75 years of independence. To celebrate the forthcoming 8th International Day of Yoga on 21st, June 2022, the Ministry of Ayush and under the guidance of shri G.Kishan Reddy Garu, Hon.ble Minister for Tourism and Culture in collaboration with Telangana Yoga and Spiritual Organizations is organizing "YOGA MAHOTSAV" at Hyderabad which is 25-days countdown event for the International Day of Yoga.

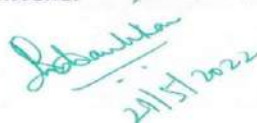
We are pleased to inform you that you/Your organizations/Institutions are cordially invited to participate in the "YOGA MAHOTSAV" in large number which will be held on 27/5/2022 at 6 Am at L.B. Stadium, Hyderabad. Please send the details of all the participants and send it on or before 21/5/2022. In order to place before the organizing committee for proper arrangements.

Thanking You

With Regards

For Steering Committee


 Convener


 24/5/2022


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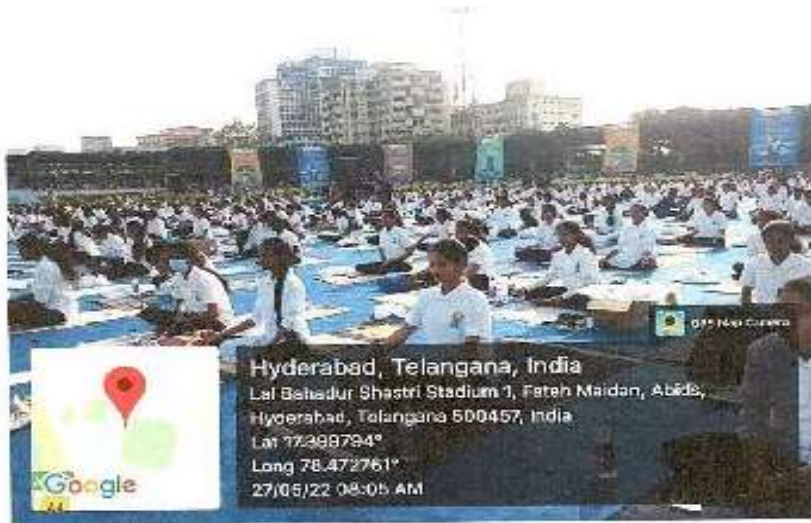


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Date: 27-05-22

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Rubicon's "Connect with Work" life skill training program

Rubicon's "Connect with Work" Program, supported by Barclays aims at improving the employability skills of the youth. This initiative is supported by Barclays. Under this program, students will be trained by Corporate Trainers to enhance their Life skills which would help them significantly to increase their chance of succeeding in a job interview




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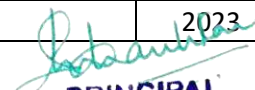
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LIST OF STUDENTS

First Name	Last Name	Pursuing Year	Passout Year
Iahari	Uppali	BA	2024
Sehrish	Mehwin	BBA	2024
E	Sreya	Bsc.Microbiology	2023
PANTHULA	SRAVANI	BSC(life science)	2023
Gayathri	Gandla	Bsc	2024
Begari	Priyanka	BSC	2024
Mukkera	Sai manasa	Degree	2023
Aishwarya	Pilli	Bsc. ZMC	2023
Bijja	Pooja	Bsc mpcs	2022
PAKA MADHU	PRATEEKSHA	Bsc ZMC	2023
M	Vaishnavi	BA	2025
Saabreen	Sheheryar	B.com	2024
Gundu.kavya	Goud	Bsc mpcs	2023
Jakkannapeta	Aishwarya	Bsc(mpcs)	2023


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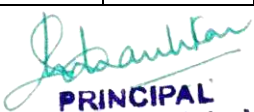
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BOLLU	Vaishnavi	Bsc	2023
Srija	Nemmani	B.Sc MPCs	2023
Chilakamare	Gayathri	BBA	2024
Husna	Unnisa	Bsc physical science	2023
Nabiha	Begum	B com general	2022
Gajjada	Hema	Bsc. Applied Nutrition	2024
KAVALI	PRIYANKA	BSc	2023
ANNU	ANNU	Bsc	2023
Masroor	Jahan	B.Sc. MECs	2024
Kappera	Pinky	Degree	2023
Alekhya	Rana	Bsc	2024
Chandana	Chutakulla	Bsc.physical science	2024
Anjali	Sharma	B.Com(General)	2024
GADDE	LAVANYA	MPCS	2023
Aka Nimeshika	Mangeswari	BSC Life science	2023
Tikaram	Kamakshi	B. Com	2024
Sripooja	Maringanti	Bsc. Physical sciences	2024
K	Anjali	BSC	2024
D	Reni	Bsc.life science(botany,biochemistry, applied nutrition)	2023
Sunkari	Aakanksha	Bba(2023
AMARA	SEETHA RAVAMMA	BBA	2023
Dharne	pranitha	Bcom computer applications	2023
Rashmi	Devarakonda	BBA	2023
Vadlamani	Prathyusha	B.com computers	2023
GARLAPALLI	PRAVALIKA	B.com computers application	2023
Palimkar	Bhavani Pooja	B.com computers	2023
Nomula	Saiprasanna	BBA	2023
RAMDASSOLA	Neha	Bcom computers applications	2023
BOYAR Achal	BOYAR Achal	BSC applied nutrition and public health	2023
Tanneru	Leela	B.com	2023
Adula	Sai Ishwarya	B.com (computer applications)	2023
Derangula	Varsha	B. Com(computer applications)	2023
Muller	Anila	Degree	2023
Vuppu	Supriya	B.com computers	2023
Madnalwar	Jyothi	Bsc	2022
Tajiya	Khudsi	Applied Nutrition and Public Health (ZCAN)	2023
Revally	Tulasi	Degree	2023


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)

NAAC Accredited 3rd Cycle

Certificate



CERTIFICATE

— OF PARTICIPATION —

THE CERTIFICATE IS PRESENTED TO:

Sehrish Mehwin

For successfully participating in Online Training Session from 22nd July 2022 to 01st August 2022
on "Employability Skills" under "LifeSkills" program organized by Rubicon
in collaboration with Sarojini Naidu Vanita Maha Vidyalaya, Hyderabad, Telangana.

Dhanya Narayanan
Chief Operating Officer

PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001

SAROJINI NAIDU VANITA MAHA VIDYALAYA

Capacity building and skills enhancement initiatives

About the College

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Overview of the FDP

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Timings:

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Session II: 01:00 PM to 3:00 PM (Hands on Experience)

Note:

- ☛ Participants must Register here: <https://forms.gle/rsiVNUzJnAnV1wDP8> and get enrolled for this FDP.
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- ☛ All COVID-19 Norms are followed
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SAROJINI NAIDU VANITA MAHA VIDYALAYA
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INTERNAL QUALITY ASSURANCE CELL (IQAC)

Five Day

Faculty Development Program

ON

ART OF TEACHING

(20th – 25th November 2020)

Venue: Golden Jubilee Hall, SNVMV





Exhibition Grounds, Nampally, Hyd.
NAAC Accredited (3rd Cycle)
Ph-040-29555676
www.snvanita.org



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On the occasion of International Yoga Day
Department of Physical Education
Invites you all for Workshop
On

"Yoga at Home and Yoga with Family"
Date : 21st June, 2020, Time:07:00 AM



by

Our Eminent Coach

Shri Brij Bhushan Purohit
General Secretary Telangana Yoga Association



Registration Link:

<https://forms.gle/Lu63eW7PjN4xXaHL8>

Zoom Meeting Link:

Meeting ID: 545 074 5615

Password: 9DmVgy

✚ No Registration Fee

✚ E-Certificates will be issued

✚ Last date to Register is on or before 20th June, 2020, 12:00
Noon.

Dr. D. Shobhana
Principal



SAROJINI NAIDU VANITA

MAHA VIDYALAYA

(Sponsored & Managed jointly by Gomenia Graduates' Association
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Department of Applied Nutrition &
Public Health and IQAC
cordially invites to a

Demonstrative Workshop

on

Nutritious Food

for College Students

On the occasion of

International Women's Day

**6TH MARCH 2021 AT 11:30 AM
AT SHANKARJI AUDITORIUM, SNVMV**

Students are requested to
register in advance

<https://forms.gle/xSiQwve7nyFRYUZA>

Take Aways from Workshop:

1. Importance of Portion Sizes
2. Importance of Vitamins & Minerals in the diet
3. Making healthy food choices/ Healthy Food swap
4. Demonstration of Food Plate
5. Reading a Nutrition Label
6. Healthy Oil combinations
7. Informative Leaflet



Chitkala Rajan
Head, Dept. of Applied
Nutrition

Dr. D. Shobhana
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Invites students to two-day free Workshop
Project Pavitra

Date & Time
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Objective of the Workshop

To learn certain Asanas, Pranayama, Mudras and Meditation, to overcome the problems faced by Women with special focus on Diet and Hygiene during Menstruation while eliminating Social Taboos.

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Ms. Anagha Deshmukh
(Dept. Of Commerce)
Ms. V. Anuradha
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Co-ordinators

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Chitkala Rajan
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Open State Yoga Competition

OPEN STATE YOGA COMPETITION

Held On: 24th February 2021

Venue: Sarojini Naidu Vanita Maha Vidyalaya Campus

Report

On the occasion of 1st STATE YOGA COMPETITION FOR GIRLS organized by Dept. of Physical Education on 24th February 2021.

The competitions were organized into two categories Inter, Degree/P.G. Altogether there were 165 registrations from which 102 participants from various colleges of the State. The competition was conducted by 10 Officials. The winners were awarded 1 Gold, 1 Silver followed by Eight bronze Medals in each category. Yoga demonstrations were done by Vanita students.

Following is the detailed report of the competition held:


The Guest of Honor for the event were:

1. Prof. K. Deepika – Joint Director, Directorate of Academic Audit, OU
2. Prof.B.Sunil Kumar – Secretary IUT, BoC OU, Head Department of Physical Education OU
3. C.Jamman Reddy – President: TYA

Mrs. Shailaga Pawar (Physical Directress)

Mrs. D.Sudha Rani (Physical Directress)

Department of Physical Education_


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



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NAAC Accredited (3rd Cycle)

1st OPEN YOGASANA COMPETITION FOR GIRLS

Organised by
Dept. of Physical Education

DATE: 24.02.2021

TIME: 10:00 AM TO 4:00 PM

VENUE: EXHIBITION GROUNDS,
NAMPALLY, HYD.

ELIGIBILITY: INTER, U.G. AND P.G.
STUDENTS

Please register using the following link
on or before 20.02.2021

<https://forms.gle/STJwv7iSupjuzqyF6>

Free Registration

For further information please contact
Mrs. Shailega Pawar - Ph: 8008002788
Mrs. D. Sudha Rani - Ph: 9985744130









Note: Tournament will be conducted strictly by following COVID Norms laid by Government

- Please wear Mask
- Carry your own sanitizer and water bottle

Mrs. SHAILEGA PAWAR
Physical Directress

Dr. D. SHOBHANA
PRINCIPAL

SYLLABUS

INTERMEDIATE	U. G AND P.G.
Compulsory - Surya Namaskar 12 Steps	
Gomukhasana 	Bhadrasana 
Ustrasana 	Naukasana 
Janushirasana 	Garudasana 
Ardha Matsyendrasana 	Ardha Matsyendrasana 
<ul style="list-style-type: none"> • Optional - 2 Aasanas of Competitors choice • Participants are required to perform according to the syllabus given in respective categories • Note: Dress code is compulsory 	

Shobhana
PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001




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2020 - 2021

Date: 24th-02-2021

ప్రథమ రాష్ట్రస్థాయి ఓపెన్ యోగా పోటీలు ప్రారంభం



... కార్యక్రమంలో ప్రొఫెసర్ రీప్లా, జి.సునీలేశుమార్, జానుక్ రెడ్డి తదితరులు


జయగౌరవ, న్యూస్టుడే: ప్రథమ రాష్ట్ర స్థాయి ఓపెన్ యోగా పోటీలు గురువారం నాంపల్లి ఎగ్జిబిషన్ మైదానంలోని సరోజినీ నాయుడు వనితా మహా విద్యాలయ కళాశాలలో మనంగా ప్రారంభమయ్యాయి. ఉస్మానియా విశ్వవిద్యాలయం అవకాశం కల్పించి జాయింట్ ఔట్రిచ్ ప్రొఫెసర్ జి. రీప్లా, ఓ.యూ. వ్యాయామ విభాగాధిపతి ప్రొఫెసర్ వీ.సునీలేశుమార్లు ముఖ్యఅతిథులుగా పాల్గొని పోటీలను ఆరంభించారు. ప్రొఫెసర్ రీప్లా మాట్లాడుతూ.. ప్రపంచాన్ని పరిశీలించి క్రీడల్లో నియమనిబంధనలు సడలించిన తర్వాత జరుగుతున్న మొట్టమొదటి ఓపెన్ యోగా పోటీలు జనేనని అన్నారు. ప్రొఫెసర్ సునీలేశుమార్ మాట్లాడుతూ.. యోగా విశిష్టతను విద్యార్థులకు దివ్యం చేశారు. తెలంగాణ యోగా అసోసియేషన్ ఆధ్వర్యం ని. జానుక్ రెడ్డి యోగా పోటీలలో ముఖ్యవలస విద్యార్థులకు దివ్యం చేశారు. వనితా మహా విద్యాలయ కళాశాల కార్యదర్శి చినయ్యకమార్, ప్రెసిడెంట్ డాక్టర్ కోటనే, వ్యాయామ అధ్యాపకులు కైలబ, సుధ తదితరులు పాల్గొన్నారు.

Pragathi Maha Vidyalaya,
 Management, Hyderabad,
 S. M. Harshitha,
 Colleen

2nd Category – UG & PG

Name of the Competitor	Cluster	Place obtained
Naina	SNVMV	1 st
P. Nisha	Jagruthi Degree College	2 nd
Shivani Shukra	SBBPU (Maharashtra)	3 rd
A. Madhura	AV College	4 th
Vagh Deepa	SNVMV	5 th
Shubhashini Das	SNVMV	6 th
K. Snehika	KGCW	7 th
M. Meghana	SNVMV	8 th
Shalu Sharma	SNVMV	9 th
K. Gyaneshwari	Pragathi Maha Vidyalaya	10 th

Mrs. Shailega Pawar - Physical Directress
 Mrs. D. Sudha Rani – Asst. Physical Directress
 Dept. of Physical Education


PRINCIPAL
 Sarojini Naidu Vanita Maha Vidyalaya
 Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)

NAAC Accredited 3rd Cycle

SAROJINI NAIDU VANITA MAHA VIDYALAYA

1st Open Yôgasana Competition

Result Sheet


Date: 24/02/2020

Group: Degree

S.No	Chest No	Marks Obtained	Name of Competitor	Cluster	Place Obtained
1.	225	276	Naina ✓	S.N.V.M.V	I
2.	201	258	P. Nisha ✓	Jaganathi Degree clg.	II
3.	213	256	Shivani Shukla ✓	S.B.P.P.U	III
4.	211	234	A. Madhuri ✓	A.V. clg	IV
5.	203	231	Vagh. Deepa ✓	S.N.V.M.V	V
6.	227	230	Shubhashini Das ✓	S.N.V.M.V	VI
7.	216	230	K. Snehalika ✓	KG CW	VII
8.	224	228	M. Meghana ✓	S.N.V.M.V	VIII
9.	231	226	Shalu Sharma ✓	S.N.V.M.V	IX
10.	226	224	K. Gyaneshwari ✓	Boragathi Maha Vidyalaya clg.	X

Chairman/Convenor TC/RB

Hon. Secretary


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SAROJINI NAIDU VANITA MAHA VIDYALAYA

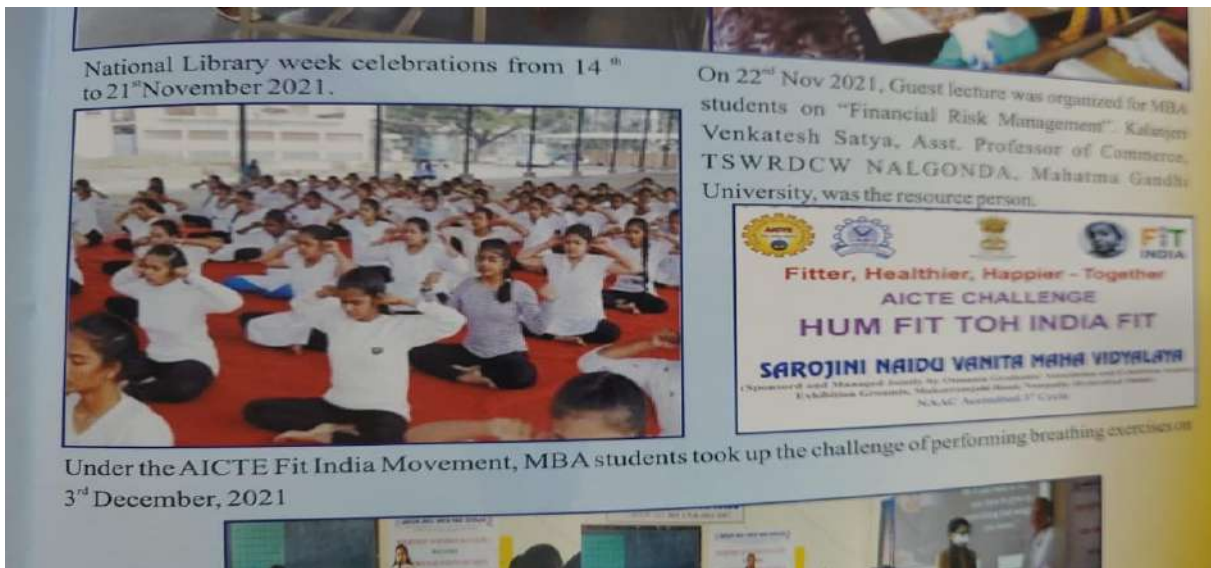
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AICTE FIT INDIA CHALLENGE

Event Name: AICTE FIT INDIA CHALLENGE

Conducted: 03-12-2021

No. of students Participated: 50



Saravanthan
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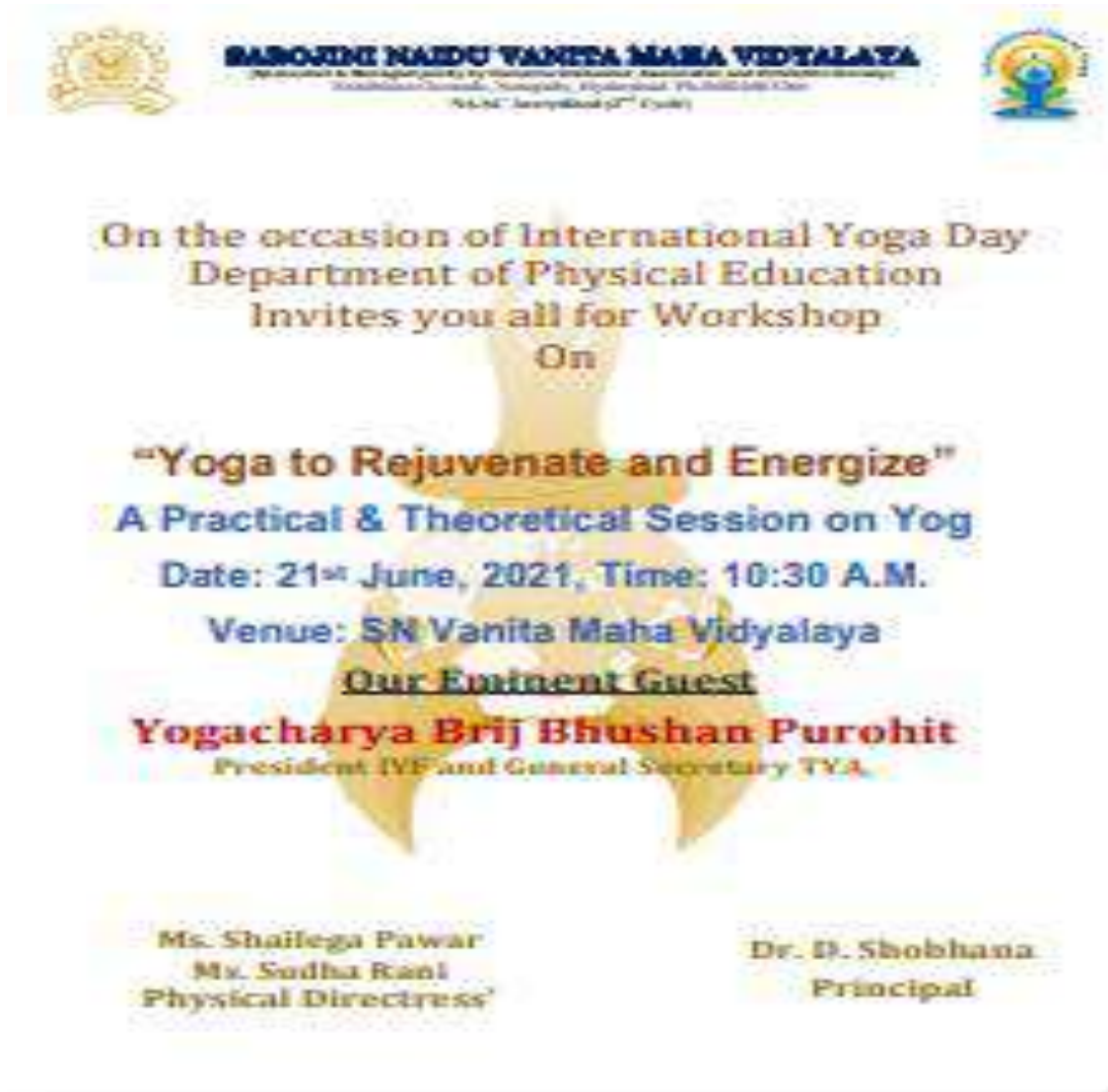

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International Yoga Day



The poster features a central graphic of a person in a yoga pose. The text is arranged around this graphic, providing details about the workshop. At the top, the college's name and affiliation are listed. The main text invites all to a workshop on International Yoga Day, organized by the Department of Physical Education. The workshop is titled "Yoga to Rejuvenate and Energize" and will be a practical and theoretical session. The date is June 21, 2021, at 10:30 A.M., and the venue is SN Vanita Maha Vidyalaya. The guest of honor is Yogacharya Brij Bhushan Purohit, President of IVF and General Secretary of TYA. The Physical Directress and Principal are also mentioned at the bottom.

SAROJINI NAIDU VANITA MAHA VIDYALAYA
Affiliated to Osmania University by Osmania Graduates' Association and Exhibition Society
(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)
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On the occasion of International Yoga Day
Department of Physical Education
Invites you all for Workshop
On

"Yoga to Rejuvenate and Energize"
A Practical & Theoretical Session on Yog
Date: 21st June, 2021, Time: 10:30 A.M.
Venue: SN Vanita Maha Vidyalaya

Our Eminent Guest
Yogacharya Brij Bhushan Purohit
President IVF and General Secretary TYA

Ms. Shailega Pawar
Ms. Sudha Rani
Physical Directress

Dr. D. Shobhana
Principal


PRINCIPAL
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Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

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Project Pavitra - Yoga workshop



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Exhibition Grounds, Nampally, Hyderabad. Ph-04024603266
NAAC Accredited (3rd Cycle)

SNVMV in association with Art of Living
Invites students to two-day free Workshop
Project Pavitra

Date & Time
10th & 11th June, 2020
10:30 AM to 12:00 Noon

Objective of the Workshop
To learn certain Asanas, Pranayama, Mudras and Meditation, to overcome the problems faced by Women with special focus on Diet and Hygiene during Menstruation while eliminating Social Taboos.


Registration link
<https://forms.gle/NFpR37es4heEBwdh8>

*Last date to Register is on or before
9th June, 2020, 12:00 Noon.*

**Zoom link will be shared one hour
before the session**

Ms. Anagha Deshmukh
(Dept. Of Commerce)
Ms. V. Anuradha
(Dept. of Physics & Elec)
Co-ordinators

Dr. D Shobhana
Principal


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 004

SAROJINI NAIDU VANITA MAHA VIDYALAYA

Capacity building and skills enhancement initiatives

About the College

Sarojini Naidu Vanita Maha Vidyalaya, one of the premier educational institutions for women, established in 1962, located in Hyderabad, Telangana State. It is sponsored and managed jointly by the Osmania Graduates' Association and Exhibition Society. The college offers value-based education at Intermediate, Degree, P.G and MBA levels. The college has a highly qualified and dedicated staff. The college is well equipped with digital classrooms, a library with 65000 books, audio-visual aids. The college also has a spacious sports arena, science and computers laboratories, language labs, a well-maintained hostel and an imposing auditorium. The College trains students in different skills through NIPUNI skill development center, music and fine arts through SANGEET VANITA.

Overview of the FDP

Relevance of Effective Pedagogy: The quality of any education system is based on the quality of teachers. Pedagogy is an art of teaching and effective pedagogies involve a wide range of techniques which focus on higher order of thinking and satisfies diverse needs of range of learners. There is no single universal approach suitable for all situations, and effective teachers use various strategies to support intellectual engagement. Effective pedagogy techniques enable teachers to observe and assess students in context of class room situations which increases the prospects of effective learning. Today, many academic scholars advocate and university teaching policies also demand for a pedagogical approach which emphasize the significance of effective learning by the teacher and a deep approach to learning by the students. Currently, there are a wide range of pedagogical options, designed with appropriate techniques for effective learning outcomes. In this context, SN Vanita Maha Vidyalaya proposes to organize a three-day Faculty Development Program on "Art of Effective Teaching"

Course Content:

Date	Topic, Speaker
19-11-2020	Outcome Based Education Prof. Salman Abdul Moiz CSIS, Hyderabad Central University
20-11-2020	Managing the Classroom and Dealing with the Students Dr. D. Shobhana, Principal, SNVMV
21-11-2020	Innovative Teaching Techniques Mr. K. Subba Rao, Head, Dept. of Physics & Electronics, SNVMV
23-11-2020	1. Class Room language for Teachers V.Anuradha Director (PG Courses), SNVMV 2. How to make subject Interesting Dr. Nalini Vice Principal, SNVMV
24-11-2020	Work-Life Balance Prof. T. Krishna Kumar Head, Dept. of Commerce (Retd.) Osmania University

Timings:

Session I : 10:30 AM to 12:30 PM
Session II: 01:00 PM to 3:00 PM (Hands on Experience)

Note:

- Participants must Register here: <https://forms.gle/rsiVNUzJnAnV1wDP8> and get enrolled for this FDP.
- No Registration Fee
- 100% attendance is Mandatory
- All COVID-19 Norms are followed
- E-Certificate will be provided


SAROJINI NAIDU VANITA MAHA VIDYALAYA

(Sponsored & Managed jointly by Osmania Graduates' Association and Exhibition Society)

INTERNAL QUALITY ASSURANCE CELL (IQAC)

Five Day
Faculty Development Program
ON
ART OF TEACHING
(20th – 25th November 2020)
Venue: Golden Jubilee Hall, SNVMV





Exhibition Grounds, Nampally, Hyd.
NAAC Accredited (3rd Cycle)
Ph-040-29555676
www.snvanita.org



SAROJINI NAIDU VANITA MAHA VIDYALAYA
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Exhibition Grounds, Nampally, Hyderabad. Ph-04024603266
NAAC Accredited (3rd Cycle)



On the occasion of International Yoga Day
Department of Physical Education
Invites you all for Workshop
On

"Yoga at Home and Yoga with Family"
Date : 21st June, 2020, Time:07:00 AM



by

Our Eminent Coach

Shri Brij Bhushan Purohit
General Secretary Telangana Yoga Association



Registration Link:

<https://forms.gle/Lu63eW7PjN4xXaHL8>

Zoom Meeting Link:

Meeting ID: 545 074 5615

Password: 9DmVgy

✚ **No Registration Fee**

✚ **E-Certificates will be issued**

✚ **Last date to Register is on or before 20th June, 2020, 12:00 Noon.**

Dr. D. Shobhana
Principal



SAROJINI NAIDU VANITA MAHA VIDYALAYA

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and Exhibition Society/
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NAAC Accredited (3rd Cycle)

Department of Applied Nutrition &
Public Health and IQAC
cordially invites to a

Demonstrative Workshop

on

Nutritious Food

for College Students

On the occasion of

International Women's Day

**6TH MARCH 2021 AT 11:30 AM
AT SHANKARJI AUDITORIUM, SNVMV**

Students are requested to
register in advance

<https://forms.gle/xSiQwve7nyFRYUZZWA>

Take Aways from Workshop:

1. Importance of Portion Sizes
2. Importance of Vitamins & Minerals in the diet
3. Making healthy food choices/ Healthy Food swap
4. Demonstration of Food Plate
5. Reading a Nutrition Label
6. Healthy Oil combinations
7. Informative Leaflet



Chitkala Rajan
Head, Dept. of Applied
Nutrition

Dr. D. Shobhana
Principal



SAROJINI NAIDU VANITA MAHA VIDYALAYA

(Sponsored & Managed jointly by Osmania Graduates' Association and Exhibition Society)
Exhibition Grounds, Nampally, Hyderabad. Ph-04024603266
NAAC Accredited (3rd Cycle)

SNVMV in association with Art of Living
Invites students to two-day free Workshop
Project Pavitra

Date & Time
10th & 11th June, 2020
10:30 AM to 12:00 Noon

Objective of the Workshop

To learn certain Asanas, Pranayama, Mudras and Meditation, to overcome the problems faced by Women with special focus on Diet and Hygiene during Menstruation while eliminating Social Taboos.

Registration link

<https://forms.gle/NFpR37es4heEBwdh8>

*Last date to Register is on or before
9th June, 2020, 12:00 Noon.*

**Zoom link will be shared one hour
before the session**

Ms. Anagha Deshmukh
(Dept. Of Commerce)
Ms. V. Anuradha
(Dept. of Physics & Elec)

Co-ordinators

Dr. D Shobhana
Principal





SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY
(Sponsored and Managed Jointly by Osmania Graduates' Association and Exhibition Society)
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Demonstrative workshop on Nutritious Food for College Students

Demonstrative workshop on “Nutritious Food for Adolescents” was conducted on March 6th 2021 on the occasion of International Women’s Day. This workshop was an outreach program for parents of adolescents. It was an interactive session followed by display of nutritious meal plan for adolescents.



The poster features a purple background with a circular illustration on the right showing a woman in an orange apron rolling out dough on a table, with another person standing nearby. The text is arranged in a structured layout, starting with the college name and logo at the top, followed by the department name and the workshop title. The date and time are highlighted in a dark blue box. A list of takeaways is provided at the bottom right, and the names of the head of the department and the principal are at the bottom.

SAROJINI NAIDU VANITA MAHA VIDYALAYA
(Sponsored & Managed jointly by Osmania Graduates' Association and Exhibition Society)
Exhibition Grounds, Nampally, Hyderabad
NAAC Accredited (3rd Cycle)

Department of Applied Nutrition & Public Health and IQAC cordially invites to a **Demonstrative Workshop** on **Nutritious Food** for College Students On the occasion of **International Women's Day**

6TH MARCH 2021 AT 11:30 AM
AT SHANKARJI AUDITORIUM, SNVMV


Students are requested to register in advance
<https://forms.gle/xSiQwve7nyFRYUZWA>

Take Aways from Workshop:-

1. Importance of Portion Sizes
2. Importance of Vitamins & Minerals in the diet
3. Making healthy food choices/ Healthy Food swap
4. Demonstration of Food Plate
5. Reading a Nutrition Label
6. Healthy Oil combinations
7. Informative Leaflet

Chitkala Rajan
Head, Dept. of Applied Nutrition

Dr. D. Shobhana
Principal


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Interaction with audience



Display of recipes

Saravathi
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Saravathi
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Life skills and communication skills

Report on Certificate Course organised by Training & Placement Cell in association with TASK MAHINDRA PRIDE

Training Dates: 10-02-2020 to 17-02-2020.

Training Duration:

As per the college hours but to cover 6 hours of the productive training session (example: 9:30 am to 4:00 pm)

Trainer: Thomas – 9542943209

No. of students enrolled: 53

SAROJINI NAIDU VANITA MAHA VIDYALAYA

NOTICE

Placement Cell in association with TASK is conducting **Life Skills and Communication Skills Program** from the Mahindra Pride Class program from **10-02-2020 to 17-02-2020**. Interested students should enrol their names at Placement Cell.


PRINCIPAL



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COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

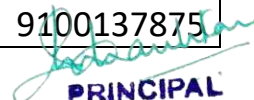
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Life Skills and Communication Skills Program

MPC			
1	P Sravani	1175-17-441-025	7013933479
2	D Ashwitha	1175-17-441-009	6302623407
3	G Shivani	1175-17-441-012	9110751271
MECs			
1	G Sreeja	1175-17-474-016	9573414698
2	P Upadeeksha	1175-17-474-049	9948604213
3	J Ramya Sri	1175-17-474-025	
4	M Madhuri	1175-17-474-039	
5	E Ramasri	1175-17-474-015	
6	P Nikhila	1175-17-474-051	9398257696
7	T Shravya	1175-17-474-063	9553140154
8	M Sandhya Rani	1175-17-402-075	9182167722
9	J Mamatha	1175-17-474-023	8186943033
10	J Subhashini	1175-17-474-024	8008242674
11	E Akhila	1175-17-474-014	9100137875


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12	L Harika	1175-17-474-033	6300448571
13	G Nandini	1175-17-474-018	8463963649
14	M Rupika	1175-17-474-042	9182628380
15	D Mounika	1175-17-474-012	9381871266
16	K Manasa	1175-17-474-032	9948457634
17	N Supraja	1175-17-474-046	9441884744
18	S Tharani	1175-17-474-059	9381914297
19	A Srivenela	1175-17-474-003	9505680915
MPCs			
1	K Uma Rani	1175-17-468-027	8500492647
2	T Lavanya	1175-17-468-060	9705527228
3	T Prashanthi	1175-17-468-061	8184969505
4	N Aparna	1175-17-468-043	7285983551
5	V Usha Sree	1175-17-468-063	9110719794
6	S Ravani	1175-17-468-057	7386001582
7	D Kalyani	1175-17-468-013	9908368309
8	M Vinitha	1175-17-468-038	8328606777
9	B Harika	1175-17-468-010	9704523899
10	S Dhana Lakshmi	1175-17-468-055	9951972585
B.Com			
1	Sandhya Rani	1175-17-401-036	9182886795
2	Vaishnavi	1175-17-401-108	9390425332
3	Jyothi Vaishnavi	1175-17-401-078	7680095367
4	Bhargavi	1175-17-401-103	9441735780
5	Suman Varma	1175-17-401-111	8179862169
6	Kanika	1175-17-402-051	9010727794
7	Shakunthala G	1175-17-402-042	9381619659
8	Ch Bhargavi	1175-15-402-059	7997574885
9	Sana Sulthana	1175-17-402-111	8688462715
10	Sana Durdana	1175-17-402-110	9642486553
11	Ruthika Kale	1175-17-402-105	8074927389
12	K Vindhyasree	1175-17-402-060	9182731149

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B.A.			
1	P Geetha	1175-17-111-013	7729880691
2	M Akhila	1175-17-111-012	7993497068
3	M Charitha	1175-17-111-011	8885842001
BMC			
1	P Mounika	1175-17-458-023	9182667514
2	C Shravya	1175-17-458-008	6301716383
BCAN			
1	Neha Begum	1175-17-472-028	7093306074
BZC			
1	G Manasa	1175-17-445-043	9121631307
ZMC			
1	A Aishwarya	1175-17-457-001	7993278164


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33 Greater Hyderabad Inter School and College Yogasana Competition



Inter School/College Yogasana Championships

Result Sheet

Date: 27/9/19

Group: D (degree) girls.

S No	Chest No	Marks Obtained	Name of competitor	Cluster	Place Obtained
1.	807	189	R. BINDU	PENDAKANTHI	1
2.	801	169	D. Priyanka	Pendekanthi	2
3.	805	168	D. Subhashini	Vanitha	3
4.	803	151	V. Deepa	Vanitha	4
5.	806	150	T. Shrinisha	Vanitha	5
6.	802	146	M. Meghana	Vanitha	6
7.	804	123	M. preethi	Vanitha	7

Chairman/Convenor TC/RB

Hon. Secretary

PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

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REPORT FOR 33rd GREATER HYDERABAD INTER SCHOOL AND COLLEGE YOGASANA COMPETITIONS

It was a Great Privilege to Organize the 33rd Greater Hyderabad Inter School & College Yogasana Competitions which was organized by Hyderabad, Rangareddy and Medchal District Yoga Association with collaboration of Sarojini Naidu Vanita Maha Vidyalaya.

In this Championship Overall 450 {four hundred and fifty} Students participated from different schools and colleges. The officials and volunteers who rendered their service where about one hundred. The Competition was inaugurated by:

SRI BHUPATHI REDDY GARU

(Chairman of Tourist Dept. Of T.S)

DR.D.SHOBHANA GARU

(Principal of S.N.V.M.V)

SRI B.K.HARINATH GARU

(President Carroms Association)

SRI S.RAVI KUMAR GARU

(President TYA)


SRI BRIJ BHUSHAN PUROHIT GARU (Working president Indian yoga foundation, Gen.Sec.TYA) SRI B.RAMACHANDAR GARU(Vice President IYF) and other fifty judges, officials took part and made the event graceful. The volunteers of S.N.Vanita college did a "laudable" job for conducting the championship in assisting all types of activities during the championship Ranging from soring, totaling, managing the Participants, serving the food etc.

The preliminary round conducted successfully on 26th sep'2019 and finals were held on 27th sep' 2019.

We are very thankful to the management of the S.N.V.M.V particularly to the Principal Dr.D.Shobhana & Sports Department without their support this competition would be a difficult task.

On behalf of our Association, We are Thankful to SNVMV Students and look forward for many more projects ahead.

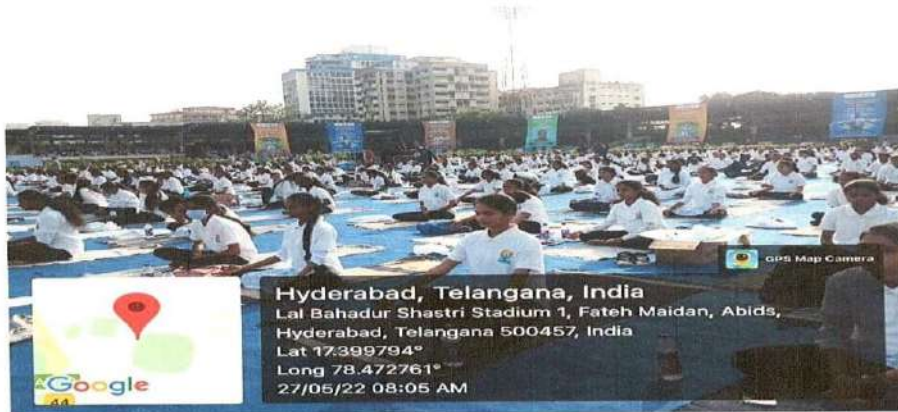
We are thankful to one and all to make the event Successful.


PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
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SAROJINI NAIDU VANITA MAHA VIDYALAYA

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Date: 27-05-22


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International Yoga Day **SPORTS YOGA REPORT 2020-21**

Held On: 21st June 2020

Venue : Online


On the occasion of Yoga day conducted online International Yoda Day on 21st June 2020 for staff and students of Vanita. Sri.Brijbhushan Purohit, President, Indian Federatiion yoga was the chief guest and yoga guru Sri.K.Yeshwanth yoga demonstration were demonstrated by Vanita students (No. of students 60).

Dr.D.Shobhana, Principal addressed the students the years International Yoga Day was celebrated on the concept of "Yoga For Wellness" and for the practicing yoga for physical and mental well-being.

Mrs. Shailaga Pawar (Physical Directress)

Mrs. D.Sudha Rani (Physical Directress)

Department of Physical Education


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Exhibition Grounds, Nampally, Hyderabad. Ph-04024603266
NAAC Accredited (3rd Cycle)



On the occasion of International Yoga Day
Department of Physical Education
Invites you all for Workshop

On

“Yoga at Home and Yoga with Family”

Date : 21st June, 2020, Time:07:00 AM

by

Our Eminent Coach

Shri Brij Bhushan Purohit

General Secretary Telangana Yoga Association



Registration Link:

<https://forms.gle/Lu63eW7PJN4xXaHL8>

Zoom Meeting Link:

Meeting ID: 545 074 5615


Password: 9DmVgy

⬇️ **No Registration Fee**

⬇️ **E-Certificates will be issued**

⬇️ **Last date to Register is on or before 20th June, 2020, 12:00 Noon.**

Dr. D. Shobhana
Principal


PRINCIPAL
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SAROJINI NAIDU VANITA MAHA VIDYALAYA

COLLEGE FOR WOMEN, AFFILIATED TO OSMANIA UNIVERSITY

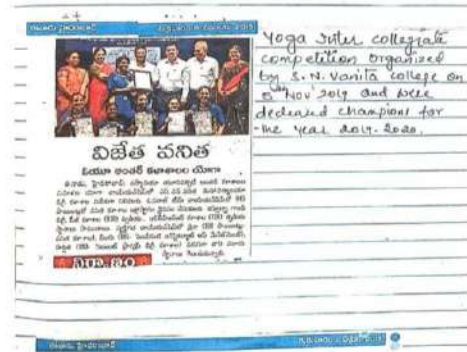
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YOGA Intercollegiate Tournament

Date: 5th Nov 2019

45



Satish Kumar
PRINCIPAL
Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001



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YOGA INTER COLLEGIATE TOURNAMENT
Yoga Report - 2019

Held on: 5th Nov. 2019

Venu: SNVMV

OU TEAM

Women Team:

1. Naina, SN Vanitha Maha Vidyalaya, Nampally, Hyd.
2. R. Bindu Pendekanti Institute of Management, Hyd.
3. M. Harshitha St. Francis Xavies Degree College, Hyd.
4. S. Shivani Kasturba Gandhi Degree College, West Maredpally.
5. A. Swarnalatha SN Vanitha Maha Vidyalaya, Nampally, Hyd.
6. M. Akhila Kasturba Gandhi Degree College, West Maredpally.

Manager: Prof. K. Deepla
Coach for Men: Mr. Dattatraya Rao.
Coach for Women: Smt. K. Srilatha

On the occasion of yoga inter collegiate conducted on 5-11-2019, ICT secretary (U) prof. Sunilkumar chief guest and prof. K. Deepla guest of honour. No of colleges - 8, (No of students 48,)

Dr. Shobhana principal addressed the students the year inter collegiate yoga. we are thankful to you and all to make event successful.

Results

Mrs. D. Sudha Rani (PD)
Mrs. Shikha Rani (PD)

- 1) SNVMV
- 2) Kasturba Gandhi
- 3) RBVRR College

S. Srilatha

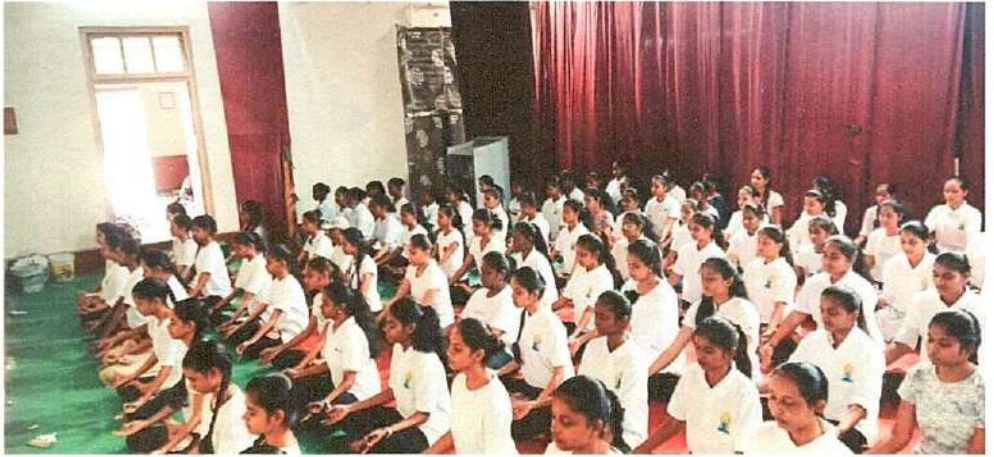
PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001

INTERNATIONAL YOGA DAY

Date: 21-06-2018

(11)



6-29 40%



16

NOTICEInternational Day of Yoga 21st JUN 2018

In connection with 4th IDY on June 21st, 2018 girls interested to take part can give your names in the dept. phy. edu. for selection through school.

— x — x — x — x —
A lecture on importance of yoga is conducted on 4th IDY on June 21st, 2018 at 8.30 pm in the auditorium. All the lecturers are invited.

Carroms Inter class competition

Girls interested to take part in carroms inter class competition on Tuesday 21st July 18 can give come and meet in the Dept. of phy. edu.



SAROJINI NAIDU VANITA MAHA VIDYALAYA

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International Yoga Day

INTERNATIONAL YOGA DAY
Dates 21-06-2018

(1)



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NOTICE

International Day of Yoga

21st JUN 2018

In connection with 4th IDY on June 21st, 2018
girls interested to take part can
give your names in the dept. phy. edu.
for which they will

A lecturer on importance of yoga
is conducted on 4th IDY on June 21st, 2018
at 9.30 pm in the auditorium. All the
lecturers are invited.

Carroms interclass competition.

Girls interested to take part in
Carroms interclass competition on
Tuesday 21st July 18 can give come and
meet in the dept. of phy. edu.

Saravalli
PRINCIPAL

Sarojini Naidu Vanita Maha Vidyalaya
Exhibition Grounds, Hyderabad-500 001